

Transform a
life, and your
own



Temple Israel/ St Elizabeth's Episcopal Interfaith Blood Drive

SUNDAY, APRIL 28, 2019
8:45 AM - 2:00 PM
TEMPLE ISRAEL
475 GROVE ST
RIDGEWOOD, NJ 07450

WALK-INS WELCOME!!!
OPEN TO THE PUBLIC!!!

[https://donor.cbsblood.org/donor/schedules/drive_
schedule/48793](https://donor.cbsblood.org/donor/schedules/drive_schedule/48793)

For more information or to schedule a donation,
call **201.251.3703** or visit us at **vitalant.org**
Find us @vitalant:   

**All Donors will receive
the following free
health screenings:
Cholesterol, Blood
Pressure, Temp, Iron, Pulse
& Blood Type**

Donor Guidelines:

- * Weigh at least 110 lb
- * Eat a meal before donation
- * Bring ID
- * Drink plenty of water before
and after donation

Ann

BLOOD RECIPIENT:

"I wish I could tell my donor how
grateful I am for your selfless act.
You may have wondered what
became of your donation. Well,
it saved my life."

vitalant  SM