TriCity Family Services and Geneva Coalition for Youth Present:

Compass for Girls



Saturday, February 1, 2020

8:30 a.m. to 3:30 p.m. (Check-In 8:30-9:00)

Rescheduling due to a snow day would be 2/8/20.

Strengthening the Social & Emotional "Compass" of Girls through a Fun Day!

Compass for Girls provides a great way for 4th- and 5th-grade girls to enhance their social and emotional skills, including:

- Self-Awareness
- Managing Challenging Emotions
- Problem-Solving
- Developing Healthy Friendship Skills
- Becoming More Empathic
- Understanding Personal Power

This full-day workshop consists of small group break-out sessions which include mini-lessons, interactive experiences, team building, and active games with the goal to provide girls with the opportunity to learn and share while having fun.

Games, discussions, lunch, a t-shirt, yoga, crafts, and takeaways will all be included in this exciting day!

Compass is open to ALL 4th- and 5th-grade girls from public, private, and homeschools. All parents are invited to a presentation from 9:15-10:45 a.m. Look for the topic announcement in January.





"After attending Compass,

I now feel like I can..."

"...express my feelings and thoughts because I learned how to be confident and strong" - 4th Grader "...solve many friend problems" – 4th Grader "...be calm and stay positive" – 5th Grader "...accomplish my goals" – 5th Grader

Compass for Girls is brought to you by:





Geneva Coalition for Youth

with the support of Geneva CUSD 304.

Questions? compass@tricityfamilyservices.org

*Curriculum by: novigate adolescence

Our programs are inclusive and welcoming to all.

LOCATION: Geneva Middle School South 1415 Viking Drive, Geneva

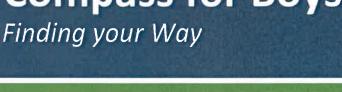
COST: Compass for Girls: \$35*
* Need-based fee reductions are available.

REGISTER by 11:59 p.m. on 1/21/20 or View FAQ:

Click "Compass for Girls" in "Upcoming Events & Programs" at www.tricityfamilyservices.org

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Compass for Boys



Saturday, February 1, 2020 8:30 a.m. to 3:30 p.m. (Check-In 8:30-9:00) Rescheduling due to a snow day would be 2/8/20.

Strengthening the Social & Emotional "Muscles" of Boys through a Fun Day!

Compass for Boys provides a great way for 4th- and 5th-grade boys to enhance their social and emotional skills, including:

- Self-Awareness
- **Managing Challenging Emotions**
- Problem-Solving
- Developing Healthy Friendship Skills
- **Becoming More Empathic**
- **Understanding Personal Power**

This all-male-facilitated, full-day workshop

consists of small group break-out sessions which include mini-lessons, interactive experiences, team building, and active games with the goal to provide boys with the opportunity to grow, learn, and share while having fun. Games, lively discussions, stress-relieving yoga, lunch, a draw-string bag, a t-shirt, and meaningful take-aways will all be included in this exciting day!

Compass is open to ALL 4th- and 5th-grade boys from public, private, and homeschools. All parents are invited to a presentation from 9:15-10:45 a.m. Look for the topic announcement in January.

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"After attending Compass, I now feel like I can..."

"...be respectful" - 4th Grader "...problem solve" – 4th Grader "...understand empathy more" – 5th Grader "...make new friends" – 5th Grader

LOCATION: Geneva Middle School South 1415 Viking Drive, Geneva

> COST: Compass for Boys: \$35* * Need-based fee reductions are available.

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