

TriCity Family Services and Geneva Coalition for Youth Present:

Compass for Girls



Saturday, February 1, 2020

8:30 a.m. to 3:30 p.m. (Check-In 8:30-9:00)

Rescheduling due to a snow day would be 2/8/20.



Strengthening the Social & Emotional “Compass” of Girls through a Fun Day!

Compass for Girls provides a great way for 4th- and 5th-grade girls to enhance their social and emotional skills, including:

- Self-Awareness
- Managing Challenging Emotions
- Problem-Solving
- Developing Healthy Friendship Skills
- Becoming More Empathic
- Understanding Personal Power

This full-day workshop consists of small group break-out sessions which include mini-lessons, interactive experiences, team building, and active games with the goal to provide girls with the opportunity to learn and share while having fun. **Games, discussions, lunch, a t-shirt, yoga, crafts, and take-aways will all be included in this exciting day!**

Compass is open to ALL 4th- and 5th-grade girls from public, private, and homeschools. All parents are invited to a presentation from 9:15-10:45 a.m. Look for the topic announcement in January.



“After attending Compass,
I now feel like I can...”

“...express my feelings and thoughts
because I learned how to be confident
and strong” - 4th Grader

“...solve many friend problems” - 4th Grader

“...be calm and stay positive” - 5th Grader

“...accomplish my goals” - 5th Grader

Compass for Girls is brought to you by:



Geneva
Coalition
for Youth

with the support of Geneva CUSD 304.

Questions? compass@tricityfamilyservices.org

*Curriculum by:  navigate
adolescence
Helping Girls & Parents Thrive

Our programs are inclusive and welcoming to all.

LOCATION: Geneva Middle School South
1415 Viking Drive, Geneva

COST: Compass for Girls: \$35*

* Need-based fee reductions are available.

REGISTER by 11:59 p.m. on 1/21/20 or View FAQ:

Click “Compass for Girls” in “Upcoming Events & Programs” at www.tricityfamilyservices.org

TriCity Family Services and Geneva Coalition for Youth Present:

Compass for Boys

Finding your Way



Saturday, February 1, 2020

8:30 a.m. to 3:30 p.m. (Check-In 8:30-9:00)

Rescheduling due to a snow day would be 2/8/20.



Strengthening the Social & Emotional “Muscles” of Boys through a Fun Day!

Compass for Boys provides a great way for 4th- and 5th-grade boys to enhance their social and emotional skills, including:

- Self-Awareness
- Managing Challenging Emotions
- Problem-Solving
- Developing Healthy Friendship Skills
- Becoming More Empathic
- Understanding Personal Power

This all-male-facilitated, full-day workshop

consists of small group break-out sessions which include mini-lessons, interactive experiences, team building, and active games with the goal to provide boys with the opportunity to grow, learn, and share while having fun.

Games, lively discussions, stress-relieving yoga, lunch, a draw-string bag, a t-shirt, and meaningful take-aways will all be included in this exciting day!

Compass is open to ALL 4th- and 5th-grade boys from public, private, and homeschools. All parents are invited to a presentation from 9:15-10:45 a.m. Look for the topic announcement in January.

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&



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Our programs are inclusive and welcoming to all.



“After attending Compass,
I now feel like I can...”

“...be respectful” - 4th Grader

“...problem solve” - 4th Grader

“...understand empathy more” - 5th Grader

“...make new friends” - 5th Grader

LOCATION: Geneva Middle School South
1415 Viking Drive, Geneva

COST: Compass for Boys: \$35*

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