

**Family Time at the MIND – Yoga & Family Game Night!**

FRIDAY  
**April  
5<sup>th</sup>**

**FREE EVENT**  
**6:00 pm – 7:30 pm**

UC Davis MIND  
Institute Auditorium  
2825 50<sup>th</sup> Street  
Sacramento, CA 95817

**RSVP by April 1<sup>st</sup>**

We have limited  
space, please RSVP  
online:

<http://j.mp/2VoMGqd>

Free street parking is  
available.

Parking permits in the  
UC Davis lots are  
available for \$3  
weekdays after 5pm.

**Yoga Sessions**

Session 1: 6:00 - 6:25 pm  
Session 2: 6:30 – 6:55 pm  
Session 3: 7:00 – 7:25 pm



Our **Yoga & Family Game Night** will include a yoga session, crafts, board games, sensory items and light snacks. Bring your own yoga mat if you have one, we will have extras if not. This event will be sensory friendly and welcoming to all ages!

*This event is made possible thanks to the generosity of donors. Donations to our Child Life fund are welcome. If you have any questions, please contact our Child Life Specialist.*

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