





ACCESS LEISURE

Community programs for young adults and adults with intellectual disabilities.



City of
SACRAMENTO
Youth, Parks, & Community Enrichment

2020

Program	Date & Time	Location	Important Program Details
Railroad Museum Trip And Lunch Tour through the museum learning about the history, stories and contributions of people working on the Transcontinental Railroad. Lunch afterwards Course # 13475	Saturday, February 8 th 10:30-2:30pm Meet out front of Railroad Museum	125 I Street Sacramento, Ca 95814 	<u>Registration fee (paid in advance):</u> \$8.00 for staffing. \$6.00 admission into the museum Suggested amount of money for lunch \$10.00 Bring a jacket and comfortable walking shoes, just in case of weather and walking
Evening Social and crafts It's Chinese New Year, so come out and enjoy some Chinese food and crafts. Course # 13476	Monday February 10 th 6:00pm – 8:30pm	Senior Center 915 27 th St., Sacramento, Ca 95816	<u>Registration fee (paid in advance):</u> \$10.00
Paint & Sip A little paint, a little non-alcoholic beverage, and a whole lot of fun! Painting with a Twist is the perfect place for a great evening out with friends. Course # 13477	Wednesday February 12 th 6:00 - 8:30pm	Senior Center 915 27 th Street Sacramento, Ca 95816	<u>Registration fee (paid in advance):</u> \$12.00 
Get Fit Club Continue to join us for a Yoga experience, and find harmony after the holidays. Limited class size. Namaste Course # 13478	Thursday, Feb. 6 th 6:30pm – 7:30pm Thursday, Feb. 20 th 6:30pm – 7:30pm Redwood West Room	Hart Senior Center 915 27 th Street Sacramento, Ca 95816	<u>Registration fee (paid in advance):</u> \$10.00 for both sessions. Yoga mats and instruction provided 
Sweetheart's Dance Enjoy a Valentine's celebration with friends while taking pictures in the theme decorated photo booth and dancing to your favorite music hits. Course # 13479	Saturday, February 22 nd 6:30pm – 9:00pm	Senior Center 915 27 th St., Sacramento, Ca 95816	<u>Registration fee (paid in advance):</u> \$10.00 

To register, please fill out the following form completely and send it in with your payment.

***NOTE: If you need more room to list full names, please attach a separate piece of paper.**

Name(s) _____ Age _____ M/F _____ Number Attending _____

Current Address _____

Care Home/Facility (if applicable) _____ Email _____

Current Phone Numbers:

Home # _____ Cell # _____ Emergency # _____

Special Needs (wheelchair, meds, dietary, etc.) _____

<input checked="" type="checkbox"/>	Program and Date	Cost	# of People Attending	Total	Course #
	Railroad Museum Trip and Lunch	\$8.00	#	= \$	13475
	Evening Social and Crafts	\$10.00	#	= \$	13476
	Paint & Sip	\$12.00	#	= \$	13477
	Yoga 2/6 - 2/20	\$10.00	#	= \$	13478
	Sweetheart's Dance	\$10.00	#	= \$	13479

If using a Visa or Mastercard please indicate the following:

Name on Card being used: _____

Visa or Master Card # _____ Exp. date _____

Total Amount Enclosed (or Charged) = \$ _____

***OFFICE USE ONLY:**

Processing Date: _____ Payment Form: _____ Check/MO# _____ Payment Amount: _____

Make checks payable to: City of Sacramento
Registrations and payments (check, money order, & Master Card or Visa) can be sent to: Coloma Community Center
 4623 T Street, Suite B, Sacramento, Ca 95819 Attn: Access Leisure

Registrations must be received 5 days prior to the event date.

1. Be aware that mailing in registrations does *not* guarantee acceptance into the program.
2. Individuals whose checks bounce will be responsible for the check amount plus associated bank fees.
3. If you are a rider of ParaTransit and you have a pick-up time later than thirty minutes after the scheduled end of the program, we ask you to find an alternative means home.
4. We are unable to administer medication during program hours. Participants must be able to take own meds or have an attendant provided to assist them.
5. Events costing \$10 or more, personal assistants will need to cover the program fees.
6. Refund Policy: Full Refund 72 hours prior to event; 50% within 72 hours; No refunds day of & after event.
7. Any checks written less than 30 days in advance of the event, may delay refunds.

If you have questions contact Jenny Yarrow at 916-808-6017 or jyarrow@cityofsacramento.org

If you wish to register in person for our programs, there are 5 locations. Call for hours as they vary.

- Coloma Community Center, 4623 T Street, Sacramento, CA. 95819; 916-808-6060
- Pannell Community Center, 2450 Meadowview Road, Sacramento, CA. 95832; 916-808-6680
- Natomas Community Center, 2921 Truxel Road, Sacramento, CA. 95833; 916-808-1571

You may also register for free online: <http://www.cityofsacramento.org/parksandrecreation/>

Community Notes

Bowling League, paid directly to Bowling Alley. Times vary. Location: Country Club Bowling Center, 2600-Watt Avenue, Sacramento, Ca. Questions/concerns, contact Country Club Bowling Center 916-483-5105.