



# WarmLine Family Resource Center Events & Trainings

## December 2016 / January 2017

WarmLine events are funded by the U.S. Department of Special Education, Office of Special Education Programs, First 5 Sacramento, Sacramento County Office of Education Project SOARS and Infant Development Program, and donations.

Unless otherwise noted, activities are also open to siblings and friends of children with special needs. Registration is required for all events and closes three days before the event. Space is limited and events may be cancelled if minimum number of registrants is not reached. If you need assistance registering online, please call the WarmLine office at 916-455-9500.

Who	What	When	Where
All Ages	<b>HO! HO! HO! Holiday Party with Santa Claus</b> ~ Take a photo while your youngster whispers in Santa's ear what you'd like to find under the tree Christmas morning. Decorate — and eat! — holiday cookies and participate in handcrafts, too! Free gift from Santa. Limit 2 adults & 4 children per family. <b>EVENT FULL - REGISTRATION CLOSED</b>	Saturday, Dec. 17 10:30 a.m. to 1:30 p.m.	Sierra 2 Center Curtis Hall 2791 24th Street Sacramento
Adults	<b>Transition to High School</b> ~ Designed for parents of children enrolled in high school or who will be entering high school (between the ages of 14-21). We can help you prepare for your child's high school Special Education program in a positive, proactive way. Light meal and water provided. Participants receive a \$10 gas card upon completion (one gas card per family). <a href="#">REGISTER HERE</a>	Thursday, Jan. 5 6 p.m. to 8 p.m.	Mary Stephens Library Community Meeting Room 315 E 14th Street Davis
Adults	<b>I'm Worried ... Now What?</b> ~ Have you ever worried about a child's development or how to talk about your concerns? Do you have questions about caring for a child with special needs? WarmLine Family Resource Center will help you find the answers. Ideal for early childhood education professionals. Light meal provided. <b>REGISTER BY CALLING CHILD ACTION AT 916-369-0191</b> ( <i>Spanish presentation</i> )	Thursday, Jan. 12 6 p.m. to 8 p.m.	North Natomas Library Community Meeting Room 4660 Via Ingoglia Sacramento
0-3 years	<b>Baby Signs™</b> ~ Learn some basic signs to use with your little one in a casual, playgroup setting which features parachute play, music, developmental games, and stories. Best suited for little ones with limited words or who are not yet verbal. Space limited to 10 families per session. <a href="#">REGISTER HERE</a>	Saturday, Jan. 14 10:30 a.m. to 11:15 a.m. OR 11:45 a.m. to 12:30 p.m.	Sierra 2 Community Center Room 12 2791 24th Street Sacramento



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Who	What	When	Where
0-3 years	<b>Music Play</b> ~ Staff from Music to Grow on will lead children in this music play event. Research has shown that music benefits children's physical and language development. This activity is a perfect opportunity for children and adults to meet new and connect with old friends! Social hour follows music playtime. Light snack provided. <a href="#">REGISTER HERE</a>	Saturday, Jan. 21 10:30 a.m. to 12:30 p.m.	Rocklin Library Community Meeting Room 4890 Granite Drive Rocklin
14+ years	<b>Lead Your Meeting — Self-Advocacy in Action</b> ~ Students of all ages and all abilities can participate in their Individual Education Plan (IEP) meetings and other planning meetings. Students can even learn to lead their own meetings! The focus of this training will be students 14-22 years old. Come see how students have participated in their meetings, and see examples of planning meetings that have been led by students. Students & parents are encouraged to come to this workshop together, or parents can come by themselves. Light meal and water provided. Participants receive a \$10 gas card upon completion (one gas card per family). <a href="#">REGISTER HERE</a>	Thursday, Jan. 26 6 p.m. to 8 p.m.	Raley's Community Meeting Room 1915 Douglas Blvd. Roseville
Adults	<b>Promoting Social-Emotional Development by Enhancing the Parent-Child Relationship</b> ~ Children learn through relationships. Parents will learn how to make parenting more enjoyable and reduce challenging behaviors by supporting their child in identifying, expressing and managing emotions. Childcare is provided, but is limited. Gas cards provided (one \$5 gas card per family). Enjoy a light lunch and meet other parents. This is a series, each session builds on the previous one, attendance at all sessions is encouraged. <a href="#">REGISTER HERE</a>	Six week series Fridays, Jan. 27- March 3 9:30 a.m. to 12 p.m.	Sierra 2 Community Center Curtis Hall & Courtyard 2791 24th Street Sacramento
14-18 years	<b>Sibling Workshop</b> ~ Siblings hang out, have fun and mingle with others who "get it" about having a sibling with special needs. All groups are facilitated by trained adult siblings. Snacks are provided. RSVP is required. <a href="#">REGISTER HERE</a>	Saturday, Jan. 28 10:30 a.m. to 2:30 p.m.	Fair Oaks Library 11601 Fair Oaks Boulevard Fair Oaks