



WarmLine Family Resource Center Events & Trainings

March / April 2017

WarmLine events are funded by the U.S. Department of Special Education, Office of Special Education Programs, First 5 Sacramento, Sacramento County Office of Education Project SOARS and Infant Development Program, and donations.

Unless otherwise noted, activities are also open to siblings and friends of children with special needs. Registration is required for all events and closes three days before the event. Space is limited and events may be cancelled if minimum number of registrants is not reached. If you need assistance registering online, please call the WarmLine office at 916-455-9500.

Who	What	When	Where
0-3 years & not yet walking	Infant Massage ~ Please join us and get hands-on instruction with your baby. We will discuss communication, relaxation and bonding. We will also talk about how Infant Massage can help with constipation and colic. Classes are held over four consecutive Wednesdays. Participants receive a \$5 gas card (one card per session, per family). REGISTER HERE	Wednesdays, thru April 5 10 a.m. to 12 p.m.	Sierra 2 Community Center Curtis Hall 2791 24th Street Sacramento
14-22 years	It's All About Me! Student-Led IEP Meetings ~ Teens of all abilities can participate in their Individual Education Plan (IEP) meetings and can even learn to lead their own meetings! Teens & parents are encouraged to come to this workshop together, or parents can come by themselves. All ages are welcome, but focus of this training will be students 14-22 years old. Light meal provided. Participants receive a \$10 gas card (one per family). REGISTER HERE	Wednesday, March 22 6 p.m. to 8 p.m.	Madelyn Helling Library Community Meeting Room 980 Helling Way Nevada City
Adults	I'm Worried ... Now What? ~ Have you ever worried about a child's development or wondered how to talk to parents about your concerns? Do you have questions about caring for a child with special needs? WarmLine will provide information and strategies to help you find the answers. Light meal provided. Register by calling Child Action Inc. at (916) 369-0191.	Thursday, March 30 6:30 p.m. to 8:30 p.m.	Arden Dimick Library Community Meeting Room 891 Watt Ave. Sacramento
Adults	High School Transition ~ This training is designed for parents of children enrolled in high school or who will be entering high school (between ages 14-21). We can help you prepare for your child's high school Special Education program in a positive, proactive way. Light meal provided. Participants receive \$10 gas card upon completion (one gas card per family). REGISTER HERE	Thursday, April 6 6 p.m. to 8 p.m.	Raley's Community Meeting Room 1915 Douglas Boulevard Roseville
All Ages	WarmLine Easter Egg Hunt ~ Come join WarmLine for a fun family easter egg hunt. We will have face painting, crafts and a photo booth along with a multiple egg hunts for a variety of ages! REGISTER HERE	Saturday, April 8 10:30 a.m. to 1:30 p.m.	Sierra 2 Community Center Curtis Hall & Courtyard 2791 24th Street Sacramento



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Who	What	When	Where
11-13 years	Sibling Workshop ~ A Sibling Workshop is a place and time to play games and mingle with friends who "get it" about the good (and sometimes not-so-good) parts of having a sibling with special needs. Workshops are a place for kids to have fun and are facilitated by adult siblings who also "get it," but who are not therapists. Lunch included. REGISTER HERE	Saturday, April 15 10:30 a.m. to 2:30 p.m.	South Natomas Library Community Meeting Room 2901 Truxel Rd Sacramento
All Ages	Stuffed Animal Clinic ~ How are your stuffed animals feeling? Bring them in for a "check up" and participate in any needed minor "surgery". There will be a limited number of stuffed animals will be available to adopt. REGISTER HERE	Saturday, April 22 11 a.m. to 1 p.m.	California Northstate College of Pharmacy 9700 West Taron Drive Elk Grove
Adults	Understanding Special Education ~ Warmline staff will be there to answer all your questions about the special education process and help you prepare for your child's IEP meeting in a positive, proactive way. Light meal provided. Participants receive \$10 gas card upon completion (one gas card per family). REGISTER HERE	Wednesday, April 26 6 p.m. to 8 p.m.	Raley's Community Meeting Room 3935 Park Drive El Dorado Hills
Adults	Children with Autism and Developmental Delays in Child Care ~ Do you have questions about caring for children with developmental delays? Are you concerned that some of the children in your care may be on the autism spectrum? Join us for an evening of conversation to discuss your concerns and learn new strategies to help you and the children in your care, understand each other. Register by calling Child Action Inc. at (916) 369-0191.	Thursday, April 27 6:30 p.m. to 8:30 p.m.	Fair Oaks Library Community Meeting Room 11601 Fair Oaks Boulevard Fair Oaks
0-3 only	Music to Grow On ~ Come enjoy music therapy with Music to Grow On. Music therapy provides a unique variety of music experiences to effect changes in a child's behavior and facilitate development of his/her communication, social/emotional, sensory-motor, and /or cognitive skills. REGISTER HERE	Saturday, April 29 10 a.m. to 11:30 a.m.	Southgate Library Community Meeting Room 6132 66th Ave Sacramento