






# ACCESS LEISURE

Community programs for young adults and adults with intellectual disabilities.

## OCTOBER 2018



Program	Date & Time	Location	Important Program Details
<b>Lunch &amp; Cinema</b> Come and enjoy a day out to the movies and lunch with friends. Several food choices available in the market place venue. <b>Course #8297</b>	Saturday, October 6 <sup>th</sup> 10:30am – 3:15pm	UA Market Palace 1739 Arden Way Sacramento, Ca 95815 <u>Drop off &amp; pick up:</u> Meet at the back of the complex	<u>Registration fee (paid in advance): \$8.00</u>  <u>Additional Cost:</u> • \$6.00 for movie \$10.00 for lunch 
<b>Paint &amp; Sip is back!</b> A little paint, non-alcoholic beverage, and a whole lot of fun! Painting with a Twist is the perfect place for a great evening out with friends. <b>Course #8360</b>	Wednesday, October 10 <sup>th</sup> 6:00 8:30pm	Senior Center 915 27 <sup>th</sup> St., Sacramento, Ca 95816 Cypress Room	<u>Registration fee (paid in advance): \$12.00</u>  
<b>Video Pizza</b> Come and See the latest release and enjoy some pizza with friends. <b>Course #8361</b>	Monday, October 15 <sup>th</sup> 6:00pm – 8:30pm	Senior Center 915 27 <sup>th</sup> St., Sacramento, Ca 95816	<u>Registration fee (paid in advance): \$8.00</u>  
<b>Dinner out: The Old Spaghetti Factory</b> <b>Limited to 50 people</b> Come out and enjoy pasta with friends. The dinner selections on following page. <b>See Separate Flier for this event</b>	Thursday, October 25 <sup>th</sup> 6:15 – 8:00pm Seating by 6:30pm	1910 J Street Sacramento, Ca 95811 (next to the Railroad tracks)	<u>Registration fee (paid in advance): \$27.00</u>  
<b>Halloween Spooktacular</b> Enjoying refreshments and music at our annual Halloween bash. Wear your most creative or scary costume for our costume contest. Walk through the haunted area, if you Dare! <b>Course # 8362</b>	Sat., Oct. 27 <sup>th</sup> 6:30pm – 9:00pm	Senior Center 915 27 <sup>th</sup> Street Sacramento, Ca 95816	<u>Registration fee (paid in advance): \$10</u>  

To register, please fill out the following form completely and send it in with your payment.

**\*NOTE: If you need more room to list full names, please attach a separate piece of paper.**

Name(s) _____ Age _____ M/F _____ Number Attending _____
Current Address _____
Care Home/Facility (if applicable) _____ Email _____
<b>Current Phone Numbers:</b>
Home # _____ Cell # _____ Emergency # _____
Special Needs (wheelchair, meds, dietary, etc.) _____

<input checked="" type="checkbox"/>	Program and Date	Cost	# of People Attending	Total	Course #
	Lunch & Cinema (10/6)	\$8.00	#	= \$	Course #
	Paint and Sip (10/10)	\$12.00	#	= \$	Course #
	Video Pizza (10/15)	\$8.00	#	= \$	Course #
	Dance (9/22)	\$10.00	#	= \$	Course #

If using a Visa or Mastercard please indicate the following:

Visa or Master Card # \_\_\_\_\_ Exp. date \_\_\_\_\_

**Total Amount Enclosed (or Charged) = \$ \_\_\_\_\_**

**\*OFFICE USE ONLY:**

Processing Date: \_\_\_\_\_ Payment Form: \_\_\_\_\_ Check/MO# \_\_\_\_\_ Payment Amount: \_\_\_\_\_

**Make checks payable to: City of Sacramento**

**Registrations and payments (check, money order, & Master Card or Visa) can be sent to:** Coloma Community Center  
4623 T Street, Suite B, Sacramento, Ca 95819 Attn: Access Leisure

**Registrations must be received 3 days prior to the event date.**

1. Be aware that mailing in registrations does *not* guarantee acceptance into the program.
2. Individuals whose checks bounce will be responsible for the check amount plus associated bank fees.
3. If you are a rider of ParaTransit and you have a pick-up time later than thirty minutes after the scheduled end of the program, we ask you to find an alternative means home.
4. We are unable to administer medication during program hours. Participants must be able to take own meds or have an attendant provided to assist them.
5. Events costing \$10 or more, personal assistants will need to cover the program fees.
6. Refund Policy: Full Refund 72 hours prior to event; 50% within 72 hours; No refunds day of & after event.
7. Any checks written less than 30 days in advance of the event, may delay refunds.

**If you have questions, contact Jenny Yarrow at 916-808-6017 or [jyarrow@cityofsacramento.org](mailto:jyarrow@cityofsacramento.org)**

**If you wish to register in person for our programs, there are 3 locations. Call for hours as they vary.**

- Coloma Community Center, 4623 T Street, Sacramento, CA. 95819; 916-808-6060
- Pannell Community Center, 2450 Meadowview Road, Sacramento, CA. 95832; 916-808-6680
- Natomas Community Center, 2921 Truxel Road, Sacramento, CA. 95833; 916-808-1571

**Community Notes and Resources**

WeEMBRACE Serving families of children/adults who have special needs in Sacramento. Where acceptance emphasizes possibilities!

Website: <https://weembracefamilies.org/> Email : [weembracefamilies@gmail.com](mailto:weembracefamilies@gmail.com) or [info@weembracefamilies.org](mailto:info@weembracefamilies.org)



The Old Spaghetti Factory  
Thursday, October 25<sup>th</sup>, 2018

*1910 J Street, Sacramento, 95811 (next to the Railroad Tracks)*

*6:00 - 8:00pm (we will be seated by 6:15pm)*

*Cost: \$27.00*

*(Fees cover all costs of this program including food, drink, tax and tip.)*

*Make checks payable to City of Sacramento and send to Coloma Community Center,  
4623 T Street Suite B, Sacramento, CA 95819 - Attention: Access Leisure*

*Accepting the first 50 people, first come, first served.*



*Last day to register: Friday, October 19<sup>th</sup>*

**NO ONLINE OR ON SITE REGISTRATIONS ACCEPTED FOR THIS PROGRAM**

*All entrées come with hot fresh baked bread, minestrone soup or a  
crisp green salad with a choice of creamy pesto, balsamic vinaigrette or  
thousand-island dressing, coffee, hot tea, iced tea, soft drink, or milk,  
and vanilla or spumoni ice cream for dessert.*

*IF YOU WANT SPECIALTY DRINK, BRING CASH TO PAY FOR IT.*

*The dinner selections will be: Pot Pourri, Manager's Favorite, Spinach &  
Cheese Ravioli and Baked Lasagna.*

*If you have any questions or concerns, please call 916-808-6017 or email me at*

*[jyarrow@cityofsacramento.org](mailto:jyarrow@cityofsacramento.org).*

*Please use next page to register, print and complete legibly in case we will need to contact you.*

Dinner at Spaghetti Factory, Thursday, October 25, 2018 \$ 27.00

NAME \_\_\_\_\_ M [ ] F [ ] AGE \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE# \_\_\_\_\_ EMERGENCY# \_\_\_\_\_

SPECIAL INFO \_\_\_\_\_

*Liability Release: I agree to hold the City of Sacramento, their directors, employees and committeemen harmless of any nature whatsoever for accident or injury to participants/myself arising out of or in any way connected with participation in this program. I agree to give my consent to any medical treatment deemed necessary by a doctor.*

Office Use Only: 8363

Amt Pd: \$ \_\_\_\_\_ Amt Due: \_\_\_\_\_

Ck or MO # \_\_\_\_\_ Cash ☐ CC ☐

Date: \_\_\_\_\_

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

**PLEASE CHECK THE BOX INDICATING YOUR CHOICE OF DINNER ENTREE**

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☐ **Pot Pourri** This dinner is a sampler of Mizithra Cheese & Browned Butter, Meat, Clam & Marinara Sauces

Salad Dressings (Choose one) ☐ Creamy Pesto ☐ Balsamic Vinaigrette ☐ Thousand Island ☐ No Salad - I want Minestrone Soup

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☐ **Manager's Favorite**

This dinner, choose two of these Sauces to create your favorite combination:

Choose 2 toppings: ☐ Rich Meat Sauce; ☐ Mushroom Sauce;

☐ White Clam Sauce; ☐ Mizithra Cheese & Browned Butter, ☐ Marinara Sauce

Salad Dressings (Choose one) ☐ Creamy Pesto ☐ Balsamic Vinaigrette ☐ Thousand Island ☐ No Salad - I want Minestrone Soup

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☐ **Spinach & Cheese Ravioli**

This dinner has tender pillows of pasta stuffed with spinach and two kinds of cheese, and topped with savory Marinara Sauce.

Salad Dressings (Choose one) ☐ Creamy Pesto ☐ Balsamic Vinaigrette ☐ Thousand Island ☐ No Salad - I want Minestrone Soup

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☐ **Our Famous Baked Lasagna**

This dinner is made from scratch in our own kitchen - layers of noodles, Marinara Sauce, ground beef and pork, and four kinds of cheese.

Salad Dressings (Choose one) ☐ Creamy Pesto ☐ Balsamic Vinaigrette ☐ Thousand Island ☐ No Salad - I want Minestrone Soup