

# FREE TRAINING OPPORTUNITY

*Presented by Jed Baker, Ph.D.*

*Hosted by Redwood Coast Regional Center's Community Placement Plan*

Ukiah Valley Conference Center, 200 South School Street, Ukiah, CA

Monday, April 24, 2017

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9:00 AM – 3:30 PM

## Managing Frustration and Anxiety and Teaching Social Skills

Individuals with ASD, ADHD, anxiety, mood disorders, and learning challenges often present with difficulty regulating feelings. This workshop describes how to best think about difficult moments in order to achieve better outcomes.

The first half of the presentation describes how to create prevention plans to reduce debilitating anxiety and frustration. The second part of the presentation details strategies to motivate individuals to learn, ways to teach social skills, how to generalize skills into the natural setting and increase acceptance and tolerance from peers.

See reverse side for further information regarding Continuing Education Credit.

**\*\* Lunch will be provided from 12:00 –1:00 at the Conference Center. \*\***

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Registration is required. The registration deadline is Wednesday, April 19, 2016.

To register contact Sierra Braggs (707) 445-0893, Ext. 345 or

[sbraggs@redwoodcoastrc.org](mailto:sbraggs@redwoodcoastrc.org)

Please indicate if you will be receiving Continuing Education Credit.

## *CONTINUING EDUCATION CREDIT*

Redwood Coast Regional Center is an approved provider for the following licensing agencies:

- PSYCHOLOGISTS: RCRC is approved by the California Psychological Association (#RED014) to provide continuing professional education for psychologists. RCRC maintains responsibility for this program and its content. These courses are designed for all licensed and/or certified staff working directly with people with intellectual/developmental disabilities. \$20.00 for full day. 5.5 contact hours.
- BEHAVIOR ANALYST CERTIFICATION BOARD Provider # OP-12-2165 5.5 contact hours.
- REGISTERED NURSES—Credit offered through **College of the Redwoods**, Provider approved by the California BRN #12780 for 5.5 contact hours.
- CCF ADMINISTRATOR: CDSS Administrator recertification: 5 contact hours.  
CCL Continuing Ed Provider Numbers:
  - GROUP HOME: 2000-260-730-2
  - ADULT RESIDENTIAL FACILITY: 2000-260-735-2

## *PAYMENT INFORMATION FOR CONTINUING EDUCATION CREDIT*

- Trainings and associated credit are **FREE** for BCBA's AND CCL ADMINISTRATORS.
- Psychologists pay \$20.00. Payable by check only. *Make checks payable to RCRC during event sign-in only. No cash accepted.*
- Registered Nurses pay \$5.00. Payable by check only. *Make checks payable to College of Redwoods during event sign-in only. No cash accepted.*
- Cancellation/Refunds: Payment is due at sign-in. In the event the attendee must leave prior to completing the entire course, please note that a refund MAY not be granted.