# **ACCESS LEISURE**

Community programs for young adults and adults with intellectual disabilities.



# SEPTEMBER 2018



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Program	Date & Time	Location	Important Program Details
Lunch & Cinema Come and enjoy a day out to the movies and lunch with friends. Several food choices available in the market place venue. Course # 190673	Saturday, September 8 <sup>th</sup> 10:30am – 3:15pm Register by: 9/6	UA Market Palace 1739 Arden Way Sacramento, Ca 95815  Drop off & pick up: Meet at the back of the complex	Registration fee (paid in advance): \$8.00  Additional Cost: • \$6.00 for movie \$10.00 for lunch
Evening Social Come and celebrate the start of the Autumn season while enjoying an evening of food and friends. Course # 190686	Monday, September 17 <sup>th</sup> 6:00pm – 8:30pm Register by: 9/15	Senior Center 915 27 <sup>th</sup> St., Sacramento, Ca 95816	Registration fee (pain in advance): \$8.00
Fall into Autumn Dance Enjoy a BIG welcome to Autumn celebration with friends while dancing to your favorite music hits. Course # 190685	Saturday, September 22 <sup>nd</sup> 6:30pm – 9:00pm Register by: 9/20	Senior Center 915 27 <sup>th</sup> St., Sacramento, Ca 95816	Registration fee (paid in advance): \$10.00
Feather Falls Casino Located in Oroville, approximately 70 miles north of Sacramento. When you get there, you will receive a \$12.00 playback card and a \$3.00 food coupon Course # 190691	Sunday, September 30 <sup>th</sup> 9:00am – 5:30 pm Register by: 9/28	McKinley Park 601 Alhambra Blvd. Sacramento, Ca 95816	Registration fee (pain in advance): \$40.00

# **GET FIT CLUB**

Run To Remember 5K Race

"Never Forget" At the finish of the race, American flags will be handed to runners at the Tribute site located on Capitol Mall between 6th and 7th Street. Each flag will represent an American who lost their life on 9/11/2001.

### Sunday, September 9,

7:30 am Race day registration and packet pick-up open 9:11 am 5K (3.1 miles) Run/Walk begins 9:30am to 1:00pm Tribute

## Start Line:

4th and Capitol **Tribute**:

6th and Capitol

Finish Line:

4th between N and Capitol

To Register:

https://raceroster.c om/events/2018/18 344/run-toremember-5k



To register, please fill out the following form completely and send it in with your payment. \*NOTE: If you need more room to list full names, please attach a separate piece of paper.

Name(s)			Age N	л/F N	umber Attending	
Curr	ent Address					
Care	e Home/Facility (if applicable)		Email			
Curr	ent Phone Numbers:					
Home # Cell #			Emergency #			
Spec	cial Needs (wheelchair, meds, dietary, etc.)					
$\checkmark$	Program and Date	Cost	# of People Attending	Total	Course #	
	Lunch & Cinema (9/8)	\$8.00		= \$	Course # 190673	
Evening Social (9/17)		\$8.00	#	= \$	Course # 190686	
			,,	= \$	Course # 190685	
	Fall into Autumn Dance (9/22)	\$10.00	#	= \$	Course # 170003	
	Fall into Autumn Dance (9/22) Feather Falls Casino	\$10.00 \$40.00		= \$		
If us		\$40.00	#	·	Course # 190691	
	Feather Falls Casino	\$40.00 cate the folio	# owing:	= \$		
	Feather Falls Casino ling a Visa or Mastercard please indi	\$40.00 cate the folio	# owing:	= \$ Exp	Course # 190691	
Visa	Feather Falls Casino  sing a Visa or Mastercard please indit or Master Card #	\$40.00 cate the folio	# owing:	= \$ Exp	Course # 190691	

Registrations and payments (check, money order, & Master Card or Visa) can be sent to: Coloma Community Center 4623 T Street, Suite B, Sacramento, Ca 95819 Attn: Access Leisure

#### Registrations must be received 3 days prior to the event date.

- 1. Be aware that mailing in registrations does *not* guarantee acceptance into the program.
- 2. Individuals whose checks bounce will be responsible for the check amount plus associated bank fees.
- 3. If you are a rider of ParaTransit and you have a pick-up time later than thirty minutes after the scheduled end of the program, we ask you to find an alternative means home.
- 4. We are unable to administer medication during program hours. Participants must be able to take own meds or have an attendant provided to assist them.
- 5. Events costing \$10 or more, personal assistants will need to cover the program fees.
- 6. Refund Policy: Full Refund 72 hours prior to event; 50% within 72 hours; No refunds day of & after event.
- 7. Any checks written less than 30 days in advance of the event, may delay refunds.

If you have questions, contact Jenny Yarrow at 916-808-6017 or <a href="mailto:jyarrow@cityofsacramento.org">jyarrow@cityofsacramento.org</a>

#### If you wish to register in person for our programs, there are 3 locations. Call for hours as they vary.

- Coloma Community Center, 4623 T Street, Sacramento, CA. 95819; 916-808-6060
- Pannell Community Center, 2450 Meadowview Road, Sacramento, CA. 95832; 916-808-6680.
- Natomas Community Center, 2921 Truxel Road, Sacramento, CA. 95833; 916-808-1571

#### **Community Notes**

"Rock N' Bowl" program will be starting September 12<sup>th</sup>. Bowling Tournament League, paid directly to the Bowling Alley. Times vary, located at Country Club Bowling Center, 2600-Watt Avenue, Sacramento, ca If you have any questions or concerns, please contact Country Club Bowling Center Phone: 916-483-5105