

ACCESS LEISURE

Community programs for young adults and adults with intellectual disabilities.



MARCH 2020



City of
SACRAMENTO
Youth, Parks, & Community Enrichment

Program	Date & Time	Location	Important Program Details
Get Fit Club Continue to join us for a Yoga experience, and find harmony and relaxation, through gentle stretching. Limited class size. Namaste Course # 13565	Thurs. March 5 th 6:30pm – 7:30pm Thurs. March 19 th 6:30pm – 7:30pm	Hart Senior Center 915 27 th Street Sacramento, Ca 95816 Redwood West Room	<u>Registration fee (paid in advance):</u> \$10.00 for both sessions. Yoga mats and instruction provided 
Evening Social and Crafts Enjoy an evening of food, seasonal crafts and friends. Course # 13566	Monday, March 9 th 6:00pm – 8:30pm Register by: 3/7	Senior Center 915 27 th St., Sacramento, Ca 95816	<u>Registration fee (paid in advance):</u> \$12.00 
Paint & Sip A little paint, non-alcoholic beverage, and a whole lot of fun! Bring a picture of your favorite pet, we are going to paint our fury friends! Course # 13567	Wednesday March 11 th 6:00 - 8:30pm Register by: 3/9	Senior Center 915 27 th St., Sacramento, Ca 95816	<u>Registration fee (paid in advance):</u> \$12.00  
Corned Beef & Cabbage Dinner & Dance Celebrate the luck of the Irish while enjoying a traditional Irish dinner catered By Hickory Hank. Dancing with good friends to your favorite music hits. Course # 13569	Saturday, March 21 st 6:00pm – 9:00pm Register by: 3/19	Senior Center 915 27 th St., Sacramento, Ca 95816	<u>Registration fee (paid in advance):</u> \$16.00 
St. Patrick's Casino Night Bring your game face, roll the dice because tonight might be your lucky night. Come join the fun at the St. Patty's Casino Night. Light snack provided. Course # 13568	Monday March 23 rd 6:00 - 8:30pm	Senior Center 915 27 th St., Sacramento, Ca 95816	<u>Registration fee (paid in advance):</u> \$10.00  
Participation in the 2020 census by people with disabilities and older adults will help make sure that our communities receive their rightful share of federal resources and that we are fairly represented in Congress.	Here is a link that you can visit to get more info. https://disabilitycounts2020.org/		 Be Counted!

Name(s) _____ Age _____ M/F _____ Number Attending _____

Current Address _____

Care Home/Facility (if applicable) _____ Email _____

Current Phone Numbers:

Home # _____ Cell # _____ Emergency # _____

Special Needs (wheelchair, meds, dietary, seizures, etc.) _____

<input checked="" type="checkbox"/>	Program and Date	Cost	# of People Attending	Total	Course #
	Get Fit Club – Yoga Pass	\$10.00	#	= \$	Course # 13565
	Evening Social and Crafts	\$12.00	#	= \$	Course # 13566
	Paint & Sip	\$12.00	#	= \$	Course # 13567
	Corned Beef & Cabbage Dinner & Dance	\$16.00	#	= \$	Course # 13569
	St. Patrick's Casino Night	\$10.00	#	= \$	Course # 13568
			#	= \$	Course #

If using a Visa or Mastercard please indicate the following:

Name on Card being used: _____

Visa or Master Card # _____ Exp. date _____

Total Amount Enclosed (or Charged) = \$ _____

***OFFICE USE ONLY:**

Processing Date: _____ Payment Form: _____ Check/MO# _____ Payment Amount: _____

Make checks payable to: City of Sacramento

Registrations and payments (check, money order, & Master Card or Visa) can be sent to: Coloma Community Center
4623 T Street, Suite B, Sacramento, Ca 95819 Attn: Access Leisure

Registrations must be received 5 days prior to the event date.

1. Be aware that mailing in registrations does not guarantee acceptance into the program.
2. Individuals whose checks bounce will be responsible for the check amount plus associated bank fees.
3. If you are a rider of ParaTransit and you have a pick-up time later than thirty minutes after the scheduled end of the program, we ask you to find an alternative means home.
4. We are unable to administer medication during program hours. Participants must be able to take own meds or have an attendant provided to assist them.
5. Events costing \$10 or more, personal assistants will need to cover the program fees.
6. Refund Policy: Full Refund 72 hours prior to event; 50% within 72 hours; No refunds day of & after event.
7. Any checks written less than 30 days in advance of the event, may delay refunds.

If you have questions contact Jenny Yarrow at 916-808-6017 or jyarrow@cityofsacramento.org

If you wish to register in person for our programs, there are 5 locations. Call for hours as they vary.

- Coloma Community Center, 4623 T Street, Sacramento, CA. 95819; 916-808-6060
- Pannell Community Center, 2450 Meadowview Road, Sacramento, CA. 95832; 916-808-6680
- Natomas Community Center, 2921 Truxel Road, Sacramento, CA. 95833; 916-808-1571

You may also register for free online: <https://apm.activecommunities.com/cityofsacparksandrec/Home>

Community Notes

2020 Census will ask questions about a person's difficulty with specific daily tasks to create statistics about disability. Local, state, tribal, and federal agencies use disability data to plan and fund programs for people with disabilities. Disability data are also used to evaluate other government programs and policies to ensure that they fairly and equitably serve the needs of all groups, as well as enforce laws, regulations, and policies against discrimination.