



TRANSPORTATION OPTIONS

SACRAMENTO REGIONAL TRANSIT • EL DORADO TRANSIT • E-TRAN • FOLSOM STAGE LINE
PLACER COUNTY TRANSIT • ROSEVILLE TRANSIT • SCT LINK • YOLOBUS • YUBA-SUTTER TRANSIT

CONNECT
TRANSIT CARD

ConnectTransitCard.com  

HANDS ON TRAINING



Contact Paratransit Inc.
with questions or to sign-up



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<http://paratransit.org>

This information was prepared by
Paratransit Inc.
To provide assistance to youth and young
adults participating in the Moving Youth to
Jobs Project



MOVING YOUTH TO JOBS TRAVEL TRAINING PROGRAM



MOVING YOUTH TO JOBS **TRAVEL TRAINING**

Paratransit Inc.'s Moving Youth to Jobs Travel Training program is intended as an opportunity for youth and young adults to be able to navigate public transportation bus, light rail, Jump Bike and Smart Ride systems independently. By acquiring specific travel/mobility skills, young adults will be empowered to travel efficiently and arrive to work on time. This program affords youth an opportunity to utilize public transit and other modes of transport to reach destinations of their choice.

MOBILITY TRAINING **DEPARTMENT**

Paratransit Inc. has provided Travel Training since 1982. More than 15,000 people have increased their independence as a direct result of the program.

Many of our travel training services are underwritten by grants and generous contributions of our supporters. This program is funded by Sacramento Transit Authority's voter approved Measure A and provides service to young adults ages 16-24 throughout all of Sacramento County.

TRAVEL TRAINING BENEFITS

You'll Learn How To:

- Trip planning and time management
- Gain an understanding of the Regional transit systems and other transit districts
- Learn how to travel using Jump Bike, Smart Ride and downloadable transit applications
- Effective communication with public transit drivers and customer service
- Community safety awareness
- Prepare for the unexpected
- Reading and using system maps and schedules
- Connect Card registration and utilization

Travel Training Includes:

- A tailored learning experience that's specific to your own personal transportation needs
- Increased confidence and independence
- Increased ability for time management
- Freedom to go where and when you want
- Increased opportunities to visit family and

OUR EXPERT TRAINERS:

- Have in-depth experience with Regional Transit's bus and light rail system
- Have in-depth experience on Jump Bike, Smart Ride, transit applications and transit districts
- Work with your schedule
- Ride along with you on the bus and light rail
- Ensure training is easy and comfortable
- Show you how to plan your bus and light rail trips

**One-on-One or group
training is available**

Services are include:

Sacramento
Elk Grove
Citrus Heights
Folsom

**Public Transit Can Work
For You!**