

ACCESS LEISURE

Community programs for young adults and adults with intellectual disabilities.



January 2020

Happy New Year!



| Program | Date & Time | Location | Important Program Details |
|--|---|--|--|
| Evening Social & Bingo Come celebrate the New Year while enjoying an evening of Bingo with food and friends. Course # 13328 | Mon, January 6 th 6:00pm – 8:30pm Register by: 1/3 | Hart Senior Center 915 27 th Street Sacramento, Ca 95816 | <u>Registration fee (paid in advance): \$10.00</u>  |
| Get Fit Club Continue to join us for a Yoga experience, and find harmony after the holidays. Limited class size. Namaste Course # 13329 | Thursday, Jan 9 th 6:30pm – 7:30pm Thursday, Jan 23 rd 6:30pm – 7:30pm | Hart Senior Center 915 27 th Street Sacramento, Ca 95816 Redwood West Room | <u>Registration fee (paid in advance): \$10.00 for both sessions.</u> Yoga mats and instruction provided  |
| Paint & Sip A little paint, a little non-alcoholic beverage, and a whole lot of fun! Painting with a Twist is the perfect place for a great evening out with friends. Course # 13330 | Mon, January 15 th 6:00pm - 8:30pm Register by: 1/14 | Hart Senior Center 915 27 th St., Sacramento, Ca 95816 Redwood West Room | <u>Registration fee (paid in advance): \$12.00</u> Space is limited   |
|  Course # 13331 | Sat, January 25 th 12:30pm – 4:30pm Register by: 1/23 | CSU SACRAMENTO HORNET FIELD Meet down by The WELL HONORING FALLEN OFFICERS & PAYING TRIBUTE TO FIREFIGHTERS | <u>Registration fee (paid in advance): \$10.00</u> <u>Be sure to bring:</u> Warm jacket Money for food |
| Video Pizza Night Enjoy an evening of pizza and friends and see the latest movie release. Course # 13332 | Mon, January 27 th 6:00pm – 8:30pm Register by: 1/24 | Hart Senior Center 915 27 th Street Sacramento, Ca 95816 | <u>Registration fee (paid in advance): \$8.00</u>  |

To register, please fill out the following form completely and send it in with your payment.

*NOTE: If you need more room to list full names, please attach a separate piece of paper.

Name(s) _____ Age _____ M/F _____ Number Attending _____

Current Address _____

Care Home/Facility (if applicable) _____ Email _____

Current Phone Numbers:

Home # _____ Cell # _____ Emergency # _____

Special Needs (wheelchair, meds, dietary, etc.) _____

| <input checked="" type="checkbox"/> | Program and Date | Cost | # of People Attending | Total | Course # |
|-------------------------------------|--|---------|-----------------------|-------|-----------------------|
| | Evening Social- Monday 1/6 | \$10.00 | # | = \$ | Course # 13328 |
| | Yoga - Namaste 1/9 & 1/23 | \$10.00 | # | = \$ | Course # 13329 |
| | Paint & Sip - Saturday 1/15 | \$12.00 | # | = \$ | Course # 13330 |
| | Guns and Hoses Football game 1/25 | \$10.00 | # | = \$ | Course # 13331 |
| | Video Pizza Night 1/27 | \$8.00 | # | = \$ | Course # 13332 |

If using a Visa or Mastercard please indicate the following:

Name on Card being used: _____

Visa or Master Card # _____ Exp. date _____

Total Amount Enclosed (or Charged) = \$ _____

***OFFICE USE ONLY:**

Processing Date: _____ Payment Form: _____ Check/MO# _____ Payment Amount: _____

Make checks payable to: City of Sacramento

Registrations and payments (check, money order, & Master Card or Visa) can be sent to: Coloma Community Center
4623 T Street, Suite B, Sacramento, Ca 95819 Attn: Access Leisure

Registrations must be received 3 days prior to the event date.

1. Be aware that mailing in registrations does not guarantee acceptance into the program.
2. Individuals whose checks bounce will be responsible for the check amount plus associated bank fees.
3. If you are a rider of ParaTransit and you have a pick-up time later than thirty minutes after the scheduled end of the program, we ask you to find an alternative means home.
4. We are unable to administer medication during program hours. Participants must be able to take own meds or have an attendant provided to assist them.
5. Events costing \$10 or more, personal assistants will need to cover the program fees.
6. Refund Policy: Full Refund 72 hours prior to event; 50% within 72 hours; No refunds day of & after event.
7. Any checks written less than 30 days in advance of the event, may delay refunds.

If you have questions, contact Jenny Yarrow at 916-808-6017 or jyarrow@cityofsacramento.org

If you wish to register in person for our programs, there are 3 locations. Call for hours as they vary.

- Coloma Community Center, 4623 T Street, Sacramento, CA. 95819; 916-808-6060
- Pannell Community Center, 2450 Meadowview Road, Sacramento, CA. 95832; 916-808-6680
- Natomas Community Center, 2921 Truxel Road, Sacramento, CA. 95833; 916-808-1571

On-line Registration: <https://apm.activecommunities.com/cityofsacparksandrec/Home>

Community Notes

SNOW Camp; January 25th & 26th 2020: www.accessleisuresac.org