

ACCESS LEISURE

Community programs for young adults and adults with intellectual disabilities.

NOVEMBER 2019



Program	Date & Time	Location	Important Program Details
Lunch & Cinema Come and enjoy a day out to the movies and lunch with friends. Several food choices available in the market place venue. Course #12489	Saturday, November 2 nd 11:00am – 3:30pm Time may change depending on movie times.	UA Market Palace 1739 Arden Way Sacramento, Ca 95815 <u>Drop off & pick up:</u> Meet at the back of the complex	<u>Registration fee (paid in advance):</u> \$8.00 <u>Additional Cost:</u> • \$7.00 for movie \$10.00 for lunch
Evening Social and Scrapbooking Enjoy a light dinner and scrapbooking with friends. Bring pictures! Course #12490	Monday, November 4 th 6:00pm – 8:30pm	Hart Senior Center 915 27 th St., Sacramento, Ca 95816	<u>Registration fee (paid in advance):</u> \$8.00
Get Fit Club Come join us for a Yoga Experience Starting back in November and going through January. Limited class size. Namaste Course #12492	Thursday, November 7 th 6:30pm – 7:30pm Thursday, November 21 st 6:30pm – 7:30pm Redwood Room	Hart Senior Center 915 27 th St., Sacramento, Ca 95816 	<u>Registration fee (paid in advance):</u> \$10.00 Yoga mats and instruction provided
Paint & Sip A little paint, a fun beverage and a whole lot of fun! Painting with a Twist is the perfect place for a great evening out with friends. Course #12494	Wednesday, November 13 th 6:00pm - 8:30pm	Hart Senior Center 915 27 th St., Sacramento, Ca 95816	<u>Registration fee (paid in advance):</u> \$12.00
Thanksgiving Dinner & Dance Thanksgiving Dinner will be catered by Hickory Hank, we will be serving a traditional Thanksgiving dinner and then dancing the evening away. Course #12495	Saturday, November 16 th 6:00pm - 9:00pm Redwood East Room	Hart Senior Center 915 27 th St., Sacramento, Ca 95816	<u>Registration fee (paid in advance):</u> \$10.00

To register, please fill out the following form completely and send it in with your payment.
 *NOTE: If you need more room to list full names, please attach a separate piece of paper.

Name(s) _____ D.O.B./Age _____ M/F _____ Number Attending _____

Current Address _____

Care Home/Facility (if applicable) _____ Email _____

Current Phone Numbers:

Home # _____ Cell # _____ Emergency # _____

Special Needs (wheelchair, seizures, dietary, etc.) _____

<input checked="" type="checkbox"/>	Program and Date	Cost	# of People Attending	Total	Course #
	Lunch & Cinema (11/2)	\$8.00	#	= \$	Course # 12489
	Evening Social and Scrapbooking (11/4)	\$8.00	#	= \$	Course # 12490
	Get Fit Yoga (11/7) & (11/21)	\$10.00	#	= \$	Course # 12492
	Paint and Sip (11/13)	\$12.00	#	= \$	Course # 12494
	Thanksgiving Dinner & Dance (11/16)	\$10.00	#	= \$	Course # 12495
			#	= \$	Course #

If using a Visa or Mastercard please indicate the following:

Name on Card being used: _____

Visa or Master Card # _____ Exp. date _____

Total Amount Enclosed (or Charged) = \$ _____

***OFFICE USE ONLY:**

Processing Date: _____ Payment Form: _____ Check/MO# _____ Payment Amount: _____

Make checks payable to: City of Sacramento

Registrations and payments (check, money order, & Master Card or Visa) can be sent to Coloma Community Center
4623 T Street, Suite B, Sacramento, Ca 95819 Attn: Access Leisure

Registrations must be received 3 days prior to the event date.

1. Be aware that mailing in registrations does not guarantee acceptance into the program.
2. Individuals whose checks bounce will be responsible for the check amount plus associated bank fees.
3. If you are a rider of Paratransit and you have a pick-up time later than thirty minutes after the scheduled end of the program, we ask you to find an alternative means home.
4. We are unable to administer medication during program hours. Participants must be able to take own meds or have an attendant provided to assist them.
5. Events costing \$10 or more, personal assistants will need to cover the program fees.
6. Refund Policy: Full Refund 72 hours prior to event; 50% within 72 hours; No refunds day of & after event.
7. Any checks written less than 30 days in advance of the event, may delay refunds.

If you have questions, contact Jenny Yarrow at 916-808-6017 or jyarrow@cityofsacramento.org

If you wish to register in person for our programs, there are 3 locations. Call for hours as they vary.

- Coloma Community Center, 4623 T Street, Sacramento, CA. 95819; 916-808-6060
- Pannell Community Center, 2450 Meadowview Road, Sacramento, CA. 95832; 916-808-6680
- Natomas Community Center, 2921 Truxel Road, Sacramento, CA. 95833; 916-808-1571

Community Notes

Keep an eye out for Winter Camp Registration! S.N.O.W. Camp and Camp C.O.O.L. coming in 2020

"Rock N' Bowl" program will be starting September 11th. Bowling Tournament League paid directly to the Bowling Alley. Times vary, located at Country Club Bowling Center, 2600-Watt Avenue, Sacramento, ca
If you have any questions or concerns, please contact Country Club Bowling Center Phone: 916-483-5105

"Pin Pals" program starting in September and going through May of 2020, located at Land Park Bowling Center