






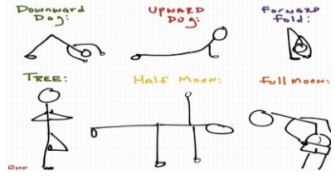

# ACCESS LEISURE

Community programs for young adults and adults with intellectual disabilities.

## January 2019

### Happy New Year!



Program	Date & Time	Location	Important Program Details
<b>Evening Social &amp; Bingo</b> Come celebrate the New Year while enjoying an evening of Bingo with food and friends. <b>Course #9544</b>	Mon, January 7 <sup>th</sup> 6:00pm – 8:30pm Register by: 1/5	Senior Center 915 27 <sup>th</sup> Street Sacramento, Ca 95816	Registration fee (paid in advance): \$8.00 
<b>Lunch &amp; Cinema</b> Come and enjoy a day out to the movies and lunch with friends. Several food choices available in the market place venue. <b>Course #9545</b>	Sat, January 12 <sup>th</sup> 10:30am – 3:15pm Register by: 1/10 	UA Market Palace 1739 Arden Way Sacramento, Ca 95815 Meet at the back of the complex	Registration fee (paid in advance): \$8.00 Additional Cost: • \$6.00 for movie • \$10.00 for lunch Spaces limited
<b>Paint &amp; Sip</b> A little paint, a little non-alcoholic beverage, and a whole lot of fun! Painting with a Twist is the perfect place for a great evening out with friends. <b>Course # 9546</b>	Mon, January 28 <sup>th</sup> 6:00pm - 8:30pm Register by: 1/26 Redwood East Room	Senior Center 915 27 <sup>th</sup> St., Sacramento, Ca 95816 	Registration fee (paid in advance): \$12.00 Space is limited 
<b>Get Fit Club</b> Come join us for a Yoga Experience. For the entire month of January. Every Wednesday, 9 <sup>th</sup> , 16 <sup>th</sup> , 23 <sup>rd</sup> and 30 <sup>th</sup> <b>Course # 9551 for all classes for individual classes #9547 #9548 #9549 #9550</b>	Wednesday Evenings in January 6:30pm – 7:30pm Limited class size 	Senior Center 915 27 <sup>th</sup> St., Sacramento, Ca 95816	Registration fee (paid in advance): \$5.00 Yoga mats and instruction provided 
 <b>Course #9543</b>	Sat, January 26 <sup>th</sup> 12:30pm – 4:30pm Register by: 1/23 HONORING FALLEN OFFICERS & PAYING TRIBUTE TO FIREFIGHTERS	CSU SACRAMENTO HORNET FIELD Meet in front of The WELL	Registration fee (paid in advance): \$10.00 Be sure to bring: Warm jacket Money for food

To register, please fill out the following form completely and send it in with your payment.

**\*NOTE: If you need more room to list full names, please attach a separate piece of paper.**

Name(s) \_\_\_\_\_ Age \_\_\_\_\_ M/F \_\_\_\_\_ Number Attending \_\_\_\_\_

**Current** Address \_\_\_\_\_

Care Home/Facility (if applicable) \_\_\_\_\_ Email \_\_\_\_\_

**Current Phone Numbers:**

Home # \_\_\_\_\_ Cell # \_\_\_\_\_ Emergency # \_\_\_\_\_

Special Needs (wheelchair, meds, dietary, etc.) \_\_\_\_\_

\_\_\_\_\_

<input checked="" type="checkbox"/>	Program and Date	Cost	# of People Attending	Total	Course #
	<b>Evening Social– Monday 1/7</b>	\$8.00x	#	= \$	Course #9544
	<b>Lunch &amp; Cinema – Saturday 1/12</b>	\$8.00x	#	= \$	Course #9545
	<b>Paint &amp; Sip – Saturday 1/28</b>	\$12.00x	#	= \$	Course #9546
	<b>Yoga - Namaste</b> 1/9 #9547 1/16 #9548 1/23 #9549 1/30#9550	\$20.00 \$5.00x	#	= \$	Course #9551
	<b>Guns and Hoses Football game 1/26</b>	\$10.00x	#	= \$	Course #9543

**If using a Visa or Mastercard please indicate the following:**

Name on Card being used: \_\_\_\_\_

Visa or Master Card # \_\_\_\_\_ Exp. date \_\_\_\_\_

**Total Amount Enclosed (or Charged) = \$ \_\_\_\_\_**

**\*OFFICE USE ONLY:**

Processing Date: \_\_\_\_\_ Payment Form: \_\_\_\_\_ Check/MO# \_\_\_\_\_ Payment Amount: \_\_\_\_\_

**Make checks payable to: City of Sacramento**  
**Registrations and payments (check, money order, & Master Card or Visa) can be sent to:** Coloma Community Center  
 4623 T Street, Suite B, Sacramento, Ca 95819 Attn: Access Leisure

**Registrations must be received 3 days prior to the event date.**

1. Be aware that mailing in registrations does *not* guarantee acceptance into the program.
2. Individuals whose checks bounce will be responsible for the check amount plus associated bank fees.
3. If you are a rider of ParaTransit and you have a pick-up time later than thirty minutes after the scheduled end of the program, we ask you to find an alternative means home.
4. We are unable to administer medication during program hours. Participants must be able to take own meds or have an attendant provided to assist them.
5. Events costing \$10 or more, personal assistants will need to cover the program fees.
6. Refund Policy: Full Refund 72 hours prior to event; 50% within 72 hours; No refunds day of & after event.
7. Any checks written less than 30 days in advance of the event, may delay refunds.

**If you have questions, contact Jenny Yarrow at 916-808-6017 or [jyarrow@cityofsacramento.org](mailto:jyarrow@cityofsacramento.org)**

**If you wish to register in person for our programs, there are 3 locations. Call for hours as they vary.**

- Coloma Community Center, 4623 T Street, Sacramento, CA. 95819; 916-808-6060
- Pannell Community Center, 2450 Meadowview Road, Sacramento, CA. 95832; 916-808-6680
- Natomas Community Center, 2921 Truxel Road, Sacramento, CA. 95833; 916-808-1571

**On-line Registration:** <https://apm.activecommunities.com/cityofsacparksandrec/Home>

**Community Notes**

Looking for info on SNOW Camp and Camp COOL 2019 Tentative Dates: [www.accessleisuresac.org](http://www.accessleisuresac.org)