




# iCan Bike YUBA CITY BIKE CAMP

Helping Individuals with Disabilities Gain Confidence  
through Bike Riding!

Hosted By  **SOUP** 2017  
Making a Difference Together  
for Children with Special Needs

AT RIVER VALLEY HIGH SCHOOL MAIN GYM  
**M-F JUNE 12-16**

**THANK YOU SPONSORS** FOR YOUR CONTRIBUTIONS & CONTINUED SUPPORT



# PARTICIPATE

In One Week Approximately 80% of Participants  
Learn to Ride a Two-Wheel Bicycle

**iCan Bike** helps individuals with disabilities discover how to independently ride a conventional two-wheel bicycle, creating a gateway of opportunity that helps them gain confidence in many other aspects of their lives. Participants attend a 75-minute session each day for 5 days, where they learn to ride while accompanied and encouraged by volunteer spotters.

## Participant must meet all these requirements:

- Minimum of 8 years of age
- With a disability
- Able to walk without assistive device
- Able to sidestep to both sides
- Minimum inseam of 20", max weight 220 lbs.
- Able to wear a properly fitted bike helmet

## \$100 Registration fee includes:

- 5 days of instruction with specialized equipment
- helmet
- t-shirt
- water bottle.

## Registration for Participation is Due by May 12th

Register early. Camp limited to only 40 riders.

# VOLUNTEER

You Can Help Change a Life This Summer

Volunteer Spotters walk/run/jog alongside a rider as they are learning to ride a bike during a 75-minute session (with short breaks) for 5 days Monday through Friday. Spotters provide encouragement and physical support, as needed.

All volunteers receive a custom t-shirt & water bottle!

## Registration to Volunteer is Due by May 26th

Register early for best session choice.

Contributions appreciated, kindly make a donation and/or  
 **TO JOIN US REGISTER NOW AT:**

**FamilySoup.org/iCan**

For more information email the Camp Director, Brian Berg at  
**icanbike@familysoup.org** or call **530.682.0036**