







ACCESS LEISURE

Community programs for teens and adults with intellectual disabilities.



December 2019

City of
SACRAMENTO
Youth, Parks, & Community Enrichment

Program	Date & Time	Location	Program Details
Paint & Sip A little paint, a warm beverage, and a whole lot of fun! This is the perfect place for a great evening out with friends. Course #13232	Wednesday, Dec. 4th 6:00pm - 8:30pm Redwood West Room	Hart Senior Center 915 27 th Street Sacramento, Ca 95816	<u>Registration fee (paid in advance): \$12.00</u> 
Movie Day Join us for a special movie and pizza day. Pizza and popcorn provided. Course #13233	Saturday, Dec. 7th 12:00pm - 4:00pm Redwood West and East	Hart Senior Center 915 27 th Street Sacramento, Ca 95816	<u>Registration fee (paid in advance): \$8.00</u> 
Get Fit Club Join us for a Yoga Experience, and find harmony through the holidays. Limited class size. Namaste Course #13234	Thursday, Dec. 5th 6:30pm - 7:30pm Thursday, Dec. 12 th 6:30pm - 7:30pm Redwood West Room	Hart Senior Center 915 27 th Street Sacramento, Ca 95816 	<u>Registration fee (paid in advance): \$10.00 for both sessions.</u> Yoga mats and instruction provided
Holiday Shopping Get your holiday shopping done while spending time with friends. Course #13235	Monday, Dec. 16 th 6:00 pm - 8:30pm Schedule: 6:00pm: meet at the West end of Sears for drop off 6:15pm: Get a bite to eat 6:45pm: Shopping 8:15pm: Return to the West end of Sears for pick up.	Arden Fair Mall 1689 Arden Way Sacramento, Ca 95815 Meet at the West End of Sears (next to Sears Automotive Center)	<u>Registration fee (paid in advance): \$8.00</u> Additional Cost: • \$10.00 for dinner • Money for shopping Be sure to bring/wear: • A list of gifts you want to buy (include sizes, colors etc. for each item) Wear comfortable shoes
Holiday Concert Come join us and the "K Street Orchestra" Conducted by Krystyna Taylor. Including a group sing-a-long. Course #13236	Wednesday, Dec. 18 th 6:30pm - 8:30pm A light dinner with the concert...And an evening of joy and happiness	Hart Senior Center 915 27 th St., Sacramento, Ca 95816	<u>Registration fee (paid in advance): \$10.00</u> 

To register, please fill out the following form completely and send it in with your payment.

***NOTE: If you need more room to list full names, please attach a separate piece of paper.**

Name(s) _____ Age _____ M/F _____ Number Attending _____

Current Address _____

Care Home/Facility (if applicable) _____ Email _____

Current Phone Numbers:

Home # _____ Cell # _____ Emergency # _____

Special Needs (seizures, meds, dietary, etc.) _____

<input checked="" type="checkbox"/>	Program and Date	Cost	# of People Attending	Total	Course #
	Paint and Sip (12/4)	\$12.00	#	= \$	Course #13232
	Movie Premiere (12/7)	\$8.00	#	= \$	Course #13233
	Get Fit Club -Yoga (12/5) (12/12)	\$10.00	#	= \$	Course #13234
	Holiday Shopping – Mon. (12/16)	\$8.00	#	= \$	Course #13235
	Holiday Concert & Dinner (12/18)	\$10.00	#	= \$	Course #13236

If using a Visa or Mastercard please indicate the following:

Name on Card being used: _____

Visa or Master Card # _____ Exp. date _____

Total Amount Enclosed (or Charged) = \$ _____

***OFFICE USE ONLY:**

Processing Date: _____ Payment Form: _____ Check/MO# _____ Payment Amount: _____

Make checks payable to: City of Sacramento

Registrations and payments (check, money order, & Master Card or Visa) can be sent to: Coloma Community Center
4623 T Street, Suite B, Sacramento, Ca 95819 Attn: Access Leisure

Registrations must be received 3 days prior to the event date.

1. Be aware that mailing in registrations does *not* guarantee acceptance into the program.
2. Individuals whose checks bounce will be responsible for the check amount plus associated bank fees.
3. If you are a rider of ParaTransit and you have a pick-up time later than thirty minutes after the scheduled end of the program, we ask you to find an alternative means home.
4. We are unable to administer medication during program hours. Participants must be able to take own meds or have an attendant provided to assist them.
5. Events costing \$10 or more, personal assistants will need to cover the program fees.
6. Refund Policy: Full Refund 72 hours prior to event; 50% within 72 hours; No refunds day of & after event.
7. Any checks written less than 30 days in advance of the event, may delay refunds.

If you have questions, contact Jenny Yarrow at 916-808-6017 or jyarrow@cityofsacramento.org

If you wish to register in person for our programs, there are 3 locations. Call for hours as they vary.

- Coloma Community Center, 4623 T Street, Sacramento, CA. 95819; 916-808-6060
- Pannell Community Center, 2450 Meadowview Road, Sacramento, CA. 95832; 916-808-6680
- Natomas Community Center, 2921 Truxel Road, Sacramento, CA. 95833; 916-808-1571

On-line Registration: <https://apm.activecommunities.com/cityofsacparksandrec/Home>

Community Notes – Registrations for our Winter Camps are now starting!
S.N.O.W. Camp -January 25-26, 2020 and Camp C.O.O.L. – March 7-8, 2020