



square one

MAYO

Mama, Art Your Heart Out

Are you a mama of a child on the autism spectrum and need a break with other like minded mamas?

Join us for conversation & creativity.

No experience necessary.
All supplies are provided.



Studio Time

We will meet once a month to create one large canvas each. Our topic is: autism and we will be working with mixed media. This is a six month project, we will meet once a month. If you did not attend January's meeting, no worries, we still have room for a few more mamas. To register, please email us at the email address below.

EVENT DETAILS

2/23, 5:30-8pm, Carmichael Library

3/9, 2-5pm, North Highlands-Antelope Library

4/13, 5:30-8, Carmichael Library

5/18, 1-4pm, North Highlands-Antelope Library

6/29, 11am-2pm, Carmichael Library

*Large canvases donated by Square 1 ABA services.

For more info, contact Aria @ mamaartyourheartout@gmail.com
or on Facebook: Mama, Art Your Heart Out