



UNITARIAN UNIVERSALIST CHURCH OF ARLINGTON VIRGINIA

A Place to Connect, Grow and Serve

Coming this fall—Faith 360

Below are some of the new classes and workshops launching this fall in Faith 360—our new Adult Faith Development program. Registration opens in September.

Classes and workshops launching this fall

Spirituality Book Group — come join friends discussing books that will inspire your faith journey.

Neighboring Faiths for Teens and Adults — this UU classic curriculum is now available for teens and adults. Visit local churches and houses of worship.

Music and Mandalas — Join Sophia as she introduces participants to this soulful practice. Opportunity for ongoing group.

Praying in Color — learn a new way to pray. Opportunity for ongoing group.

Parent Support Circle — gather with other parents once a month for fellowship and support.

UU Theology — learn more about Unitarian Universalism's rich theological foundation.

Hidden Wholeness book study — embark on a journey toward an undivided life.

Adult Our Whole Lives — not just for 8th graders!

Adaptive Leadership — develop a new understanding of leadership.

Ongoing Spiritual Practice Groups

Praying in Color

Music and Mandala

Qigong

Friday Morning Devotions