

Things you can do this week to live the 8th Principle – as part of our journey towards spiritual wholeness, building a diverse, multicultural, beloved community.



Deepen your understanding of systemic oppression & white privilege

- **Leading Towards Transformation: Undoing White Supremacy** – attend this workshop on Saturday, November 2 from 9:00am-1:00pm at UUCA! As part of the *Faith 360* series, Whitney Parnell will lead this training to help participants unpack white supremacy culture in their own lives and work – and provide tools to unlearn white supremacy moving forward. Register [here](#).
- **Beyond White Fragility**, taught by Chris Crass, will be offered on Saturday, November 9 from 9:00am- 4:00pm at the UU Church of Fairfax. Sign up [here](#), and contact [Pat Findikoglu](#) if you'd like to go with another UUCAer.

Further the anti-racist transformation of Unitarian Universalism & UUA

- **Potluck & conversation!** Join UUCA's General Assembly delegates to view & discuss a sermon by Rev. Marta Valentin, ***This Delicate Turning***, about the experience of Black, Indigenous, and People of Color UUs. Sunday, October 20 from 4:00-6:30pm at UUCA – bring a dish to share.
- **Black Lives of UU online-worship is back!** Join bi-monthly on-line *UU worship for Black people only* on the 1st Thursday of the month at 9:00pm, and on the 3rd Sunday of the month at 4:00pm. Access through BLUU's on-line Facebook group [here](#).
- Are you interested in contributing to Religious Education lessons for our children that build anti-racist values? Contact [Laurel MacLaren](#).

Show up, speak out and challenge oppression and racism in our community

- Concerned about housing affordability and racial discrimination? Join Arlington County's virtual conversation ***Housing & Economics*** on Facebook Live, Monday October 21, 6:30-7:30pm. More information [here](#).
- Concerned about public health and racial discrimination? DC's only public psychiatric hospital, St. Elizabeth's, has been without running water since October 5, leaving 900 patients at risk. Black Lives Matter has forced the DC Council to hold a ***Public Oversight Hearing on the DC Department of Behavioral Health*** on Wednesday October 23, 5:30-8:30pm at 3000 Pennsylvania Ave SE. *Join BLM to pack the hearing!* Details [here](#).
- OAR's *Racial Equity and Inclusion Action Network* hosts community forums on race, centering those impacted by the criminal justice system. Join their forum ***Structural Racism and the Impact*** on Thursday October 24, 7:00-8:00 pm at the Arlington Central Library. Register [here](#).

Stop by our **8th Principle table this Sunday October 20** after church to meet fellow UUCAers working to combat racism in our selves, our faith and our community!