

CHILD AND YOUTH MENTAL HEALTH: Building Solutions for New Mexico



High Needs

- NM is 47th in the nation for youth mental health and substance use
- 1 in 4 NM children have a mental or behavioral health problem
- Suicide is a leading cause of death in NM for ages 10-24

Limited Resources

- 97% of NM counties have a mental health care professional shortage
- 75% of NM counties have no child and adolescent psychiatry services
- Youth in crisis often face long wait times to access services

NM-ABC supports the professionals who support children and youth in our communities



Consults:

Specialists available to answer questions and provide recommendations

Training:

Free trainings available (with CME/CEUs) on a variety of youth mental health topics

Resources:

Assistance identifying resources for children and youth

**Connecting providers,
building capacity**



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