

Snack & Lunch Guidelines 2021-2022

- We will eat outdoors unless the temperatures are deemed too frigid by classroom teachers.

If eating indoors--

- Stay 6 feet apart at all times
- Extra spaces available to decrease size of eating cohort
- Windows open
- No talking (play educational video or an online story/book)
- Mask when moving about classroom (going to trash can, etc)
- Students will always have the option to eat outside. Teachers will monitor temperatures.

Winter recess guidelines based on wind chill guidelines by the *Weather Bureau*. These temperatures include wind chill.

Temperature These temperatures include wind chill.	Recess Time
+10°F degrees	Outdoor Recess
-10°F to +10°F degrees	Shortened Recess (10 minutes outside)
-10°F and below	Indoor Recess

When weather and temperatures permit, our students will continue to play outdoors. Please ensure your children come to school dressed properly for the weather conditions: **boots, hat, mittens, sweater or fleece, and winter coat**. Although it may not be wet or snowy, snow pants will help keep them warm during their outdoor time.

Crossroads follows wind chill temperature guidelines set by the Weather Bureau. Our students are required to wear gloves and hats to play outside when it is less than 30°F to prevent frostbite. If students play in the snow, they must have boots and snow pants.

*Recommendations for Snack & Lunch

- We highly recommend families purchase an insulation pad similar to the one linked [HERE](#) for eating outdoors in the winter. These pack up nicely and can be stored more easily in the classroom.
- In addition to heavier gloves/mittens, provide a lighter pair of gloves that allow for finger dexterity while eating, opening wrappers, etc., similar to those found [HERE](#).