

MAR

WEEK 1
SOCIAL
EMOTIONAL

MONDAY 23

"What is Social Emotional Development?"

Tune into our YouTube Channel to find out and what activities you can do at home to support your children!

Parent Tip:

During dinner ask your children what their favorite part of the day was and how it made them feel.

TUESDAY 24

Parent Tip:

Need some time to work?
Let your children watch "Inside Out" and discuss the feelings they heard about during the movie!

WEDNESDAY 25

Virtual Story Time!

Tune into our YouTube channel for Story Time! Our Infant and Toddler Specialist will read a book to children. So, sit back and let your child's imagination soar.

Parent Tip:

Discuss your children's favorite part of the story during your bedtime routine

THURSDAY 26

Parent Tip:

Discuss textures and smells your children experience during the day. If something feels "soft" ask them to expand on what else might feel soft

FRIDAY 27

Let's Get Physical!

Tune into our YouTube Channel for a quick and fun activity to get your children moving!

Parent Tip:

Check in your children by asking them their favorite part of the week. What activity they liked the most and how it made them feel

SATURDAY 28

Rest

SUNDAY 29

Rest

Tag us!

#elcathome

to share how you incorporated our activities at home!

CHECK US OUT ON
SOCIAL MEDIA FOR
UPDATES:

EARLY LEARNING
COALITION OF PBC

