



SEPTEMBER 2022

Faith Lutheran School K-5

This facility is an Equal Opportunity Employer

Monday

Tuesday

Wednesday

Thursday

Friday

No school

Beef sticks
Cous cous
Broccoli
Diced peaches

Hamburger on a bun
Baby carrots
Mandarin oranges

Chicken Quesadilla
Black beans
tomatoes
clementine

BBQ meatballs
Mashed potatoes
Dinner roll
Pineapple tidbits

Sweet & sour
Chicken
Fresh broccoli & tomatoes
Pineapple chunks

Hot dog on a bun
Baked beans
watermelon

Salisbury steak
With gravy
Ranch mashed potatoes
Apple crisp
Dinner roll

Grilled chicken
Patty
Sliced cucumbers
Diced peaches
Blueberry muffin

Calzone
(Pepperoni/sausage
Pizza pocket)
Tossed green salad
Fruit cocktail

BBQ pork ribbette
Corn on the cob
Diced pears
Butterscotch brownie

Chicken alfredo
Tomatoes & broccoli
pineapple

Pizza
Green beans
banana

Sloppy joes on a bun
Sliced cucumbers
grapes

Plum
Creek

Touching hearts only

Cheeseburger
On a bun
Celery sticks
watermelon

Turkey & gravy
Over mashed potatoes
Apple crisp
Dinner roll

Egg patty
Carrots
Cereal & milk
Clementine

Beef & cheese nachos
Refried beans
banana

Chicken nuggets
Broccoli & Tomatoes
Diced peaches

World Milk Day

Alternate entrees available daily to grades 1-5; a. PBJ sandwich and Yogurt or b. Cheese sticks and crackers

~~all meals served with milk and water~~K-5 meals include fresh veggie and fruit bar~~

~Menus are subject to change without notice~