



**North Avondale Recreation Center
Spring 2020 Program Guide
March 1, 2020 - May 31, 2020**

**Free VITA Tax Service
Saturdays 9 AM—1 PM
Mar. 21st**

Apr. 4th

**Thursday April 13th 10:00-2:00
PM**

**No Appointment Needed*

**Doors open at 8:30 AM*



Hours of Operation:

Monday-Friday : 11:00 AM - 9:00 PM

Saturday 9:00 AM-3:00 PM

Memberships:

Youth (5-17): \$2.00

Young Adult (18-24): \$10.00

Adult (25-49): \$25.00

Senior (50+): \$10.00

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Weight Room:

\$10.00/3 months

\$35.00/year

617 Clinton Springs Ave.

Cincinnati, OH 45229

513.961.1584

www.cincyrec.org

Programs:

After School Day Camp (Ages 5-12): 2:00-6:00 PM \$145/Month

Custodial care that includes organized group activities including Snack, Arts & Crafts, Game Room, Gym & more!

Specialty programs offered to After School Day Camp:

Homework Help, Sports Sampler, Tennis Serve & Learn , Rec Girls Run, & More!

SWISH (Ages 12-17)

CRC is teaming up with Cincinnati police and Fire Departments to present a city-wide basketball league. Deadline to register is February 29, 2020 and the league starts March 6, 2020

Register at: <https://cincyrec.regfox.com/2020-queen-city-swish>

Karate: Tuesdays & Thursdays 6-8:30 PM. Membership required.

Please contact Sensei Terrell Davis or ***7stardragonskarate.com*** for more info.

Knitting: (For adults & 50+) Mondays 12:00 PM-2:00 PM.

Membership required. For adults & 50+.

Teen Open Gym:

Wednesdays 6:00pm—8:45pm (membership required)

North Avondale Neighborhood Association:

Meets the 2nd Tuesday of every month.
7:00-9:00 PM

Fitness:

Monday:

- * Move + Stretch + Balance 10:30-11:15 AM \$2
- * Adult Open Gymn: 11:30am—1:30pm
- * Hip Hop Cardio w/E'Lyse 6:00 - 7:00 PM \$5per class

Wednesday :

- * Move + Stretch + Balance 10:30-11:15 AM \$2
- * Adult Open Gymn: 11:30am—1:30pm
- * Hip Hop Cardio w/ E'Lyse 6:30 - 7:30pm

Saturday:

- * Hip Hop Cardio w/ E'Lyse 9:30 - 10:30am

Sauna: Membership required. Open during regular business hours.

Weight Room: Open during normal hours. Weight room card + membership required.

A CRC Membership Card is required for all fitness programs except: Hip Hop Cardio