



# NANA NEWS

## OCTOBER 2020

Published by: The North Avondale  
Neighborhood Association  
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Association Cincinnati  
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President: Ethan Perry  
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### PRESIDENT'S MESSAGE



Hi Neighbors,

In an election year where national politics dominate the news cycle, it is easy to overlook things like your local neighborhood council. Voting in national elections is a vital part of our democracy but, if you want to affect change that you can feel on a daily basis, local involvement is the best way to do that!

We have many opportunities for you to get informed and get involved in North Avondale and Cincinnati this month. Our agenda items include:

- Voting on our NSP Fund allocation for 2021 (see pg. 3)
- City Council member and North Avondale resident Jan-Michelle Kearney will speak on the name change proposed for Reading Rd.
- Update on our NBDIP grants for improvement of our Neighborhood Business District.
- Invitation to join 2 new NANA committees; Events and Strategic Development
- Approval of funding for neighborhood Website and Logo updates.
- Neighborhood Beautification updates!!

I hope that you can join in and make your voice heard!

We have updated the Zoom meeting info to make it easier to join and to eliminate the time restrictions from previous meetings. <https://us02web.zoom.us/j/7228542133> Our meeting ID is 722 854 2133.

See you then,

*Ethan Perry*



### Facebook pages in North Avondale:

- North Avondale Neighborhood Association
- North Avondale Parents & Friends
- North Avondale Neighbors
- North Avondale History & Nostalgia - Cincinnati, Ohio
- Paddock Hills/North Avondale - FREE OR TRADE
- 2020-2021 NAM Community
- The New School

### AROUND THE NEIGHBORHOOD

My wife Sarah Kim and I will be joined by some of our dear friends and colleagues from the Cincinnati Symphony this **Saturday October 10 (weather permitting) at 3 pm** in the afternoon for a **CSO in Your Neighborhood concert** in front of our house! Bring a chair, picnic blanket, snacks, drinks etc. for a socially distanced 45 minute performance at 3969 Rose Hill Ave.



*Alan Rafferty (Rose Hill)*

For more information of virtual CSO/POPS concerts:

[https://www.cincinnati-symphony.org/?gclid=Cj0KCQjw8fr7BRDSARIsAK0Qqr5LJL1LT6zqrq1dAQvqFiRHfZLpwvSHBsQnlKON3sh7hIX3MTat8aMaAnMhEALw\\_wcB](https://www.cincinnati-symphony.org/?gclid=Cj0KCQjw8fr7BRDSARIsAK0Qqr5LJL1LT6zqrq1dAQvqFiRHfZLpwvSHBsQnlKON3sh7hIX3MTat8aMaAnMhEALw_wcB)

North Avondale Resident **Eileen Cooper Reed** (Spring House Lane) is one of the facilitators for an upcoming workshop open to the entire city of Cincinnati. Workshop takes place on **Sunday, October 25th**.

**CANDID CONVERSATION FOR RACIAL EQUITY**

**Be The Change**

"Be the change you wish to see in the world"  
Gandhi

new thought  
**unity**  
center

social impact &  
action workshop  
via zoom

**SUNDAY, OCTOBER 25, 2020**

**1 - 3PM**

How are you being a part of change?  
Join us for a candid conversation exploring how to be instruments for change and see each other in new light.

Register: Via New Thought Unity Center Facebook Page  
or email [alice@soulpurpose.net](mailto:alice@soulpurpose.net) for link  
\$20 Love Offering

Facilitated by:

Eileen Cooper Reed

Alice Frazier

Mary Newman and John Kachuba have installed a Little Free Library at **3954 Glencross Avenue**. Come on by; take a book, leave a book!



Cincinnati Magazine article on A **HISTORIC ESTATE IN NORTH AVONDALE**

(Continue on page 3)

## COMMITTEE UPDATES

### BEAUTIFICATION

Hello North Avondale Neighbors!

Fall leaves are coming and the weather is getting cooler! Cincinnati Parks is providing flowers for our neighborhood flower pots and we need your help! We are planning to **plant pansies and cabbage plants** in the flower pots on two days, **Saturday, October 17, and Wednesday, October 21st, 9:00 am – 11:00 am.** The meeting place will be at **Weston Wolf's home at 3895 Reading Rd.** behind the house in the parking area. We need your help to get the pots planted. In addition, we also need North Avondale neighbors to Adopt-A-Pot and ensure they get watered a few times before winter. Paddock Hills has successfully maintained their flower pots all summer and we can too!! Winter will be here soon and we hope to enjoy the flower pots for a few more months and possibly early spring too. Please sign up to care for a pot.

Flower Pot location	# of Pots	Sign up for Adopt-a-pot
Barry Lane & Reading Rd., North	3	
Avondale Ave & Reading Rd., North	3	
Lenox Ln., & Reading Rd., North	1	
3850 Reading Rd., North	1	
3844 Reading Rd., North	1	
Dr. Shaffer's office	4	
Belvedere Reading Rd., South	3	
Season Good North	1	Sarah Koucky
Season Good South	2	Sarah Koucky
Reading North (Rectangles)	3	Clara Harkavy
Reading South (Rectangles)	2	Weston Wolf
Red Bud & Mitchell Towers	2	
	26	

We invite neighbors who like to play in the dirt to come and Adopt-A-Pot to help our neighborhood shine. With your help and dedication, we can continue to improve our beautiful neighborhood.

Please email me at [Kouckys@gmail.com](mailto:Kouckys@gmail.com) if you would like to help plant the flowers pots and/or Adopt-A-Pot.

Thank you Xavier X-Change students for your help with the beautification of our neighborhood. The Xavier students are committed to working with NANA for **nine consecutive Wednesday morning helping in our gardens and picking up trash!** I have included the next few Wednesday locations if you are interested in participating or just stopping by to say thanks!

Wednesday, 10/14/20 Trash Pick up Asmann Ave.

Wednesday, 10/21/20 Planting Flower pots along Reading Rd.

Email me if you are interested in helping out at [kouckys@gmail.com](mailto:kouckys@gmail.com).

- The first morning we planted mum's at Seasongood Square. Swing by and take a look!

- Thank you **Beth Ewing** for working with the Xavier X-Change students this week at the Washington Triangle. Your never ending dedication is truly appreciated!

- This Wednesday, on the 7th, they trimmed back the trees along the **North Avondale sign**,



picked up trash and cleaned up the Marion Triangle garden. The sun was shining and it was a beautiful and productive morning. Thank you **Carolyn Gillman** for working with the

Xavier X-Change students this week.

**Sarah Koucky (Rose Hill Ave.)**

**NANA and Keep Cincinnati Beautiful** supplied everything needed for Saturday's Trash Social on September 26. Thank you, North Avondale residents! Here's a partial pile of what 30+ volunteers picked up on area streets in today's Trash Social. It was amazing to see so many enthusiastic kids rocking litter-pickers!



**Laurie Pike**

**Yard of the month is back!** 3930 Winding Way! Beautiful work at the Beth and Brooks Ewing's home.



**From our garden to yours NANA is donating little butterflies stakes.** If you see them around the neighborhood please feel free to pick one up.



### HEALTH & WELLNESS

COVID-19 technically does not discriminate, but of those who have tested positive, there is a greater percentage of Black people who have to be hospitalized. Blacks make up 13-14 % of the Ohio population, yet 26 % of those testing positive for COVID-19 are Black. Earlier this year, Ohio Governor Mike DeWine formed the Minority Health Strike Force to develop specific recommendations focused on how communities of color are more likely to have underlying health conditions, less access to healthcare, and discrimination when accessing healthcare. These factors make those communities more susceptible to COVID.

*(Continued on page 3)*



(Continued from page 2)

The Cincinnati Health Department has been aggressively working with local Federally Qualified Health Centers (FQHC) and businesses to increase testing throughout the city's underserved populations. The health department has also strongly encouraged that during this critical time, everyone should be doing everything possible to protect themselves and others. You are urged to monitor yourself for symptoms if you are in close contact with someone who has been diagnosed with Covid19. If tested, self-quarantine after being tested until your test results are returned. Avoid traveling to hot spots in other areas of the country. Avoid mass gatherings. Wash your hands often and avoid touching your face.

While there is no way to ensure zero risk of infection, it is important to understand potential risks and how to adopt different types of prevention measures to protect yourself and to help reduce the spread of COVID-19. As a reminder, if you have COVID-19, have symptoms consistent with COVID-19, or have been in close contact with someone who has COVID-19, it is important to stay home and away from other people. When you can leave home and be around others depends on different factors for different situations. Follow CDC's recommendations for your circumstances.

In general, the more closely you interact with others and the longer that interaction, the higher the risk of COVID-19 spread. Interacting with more people raises your risk. Being in a group with people who are not social distancing or wearing cloth face coverings increases your risk. You have the right to appropriately ask people to put on a mask. Engaging with new people (e.g., those who don't live with you) also raises your risk. Some people have the virus and don't have any symptoms, and it is not yet known the rate with which people without symptoms can transmit the virus to others. How physically close you are to other people who may be infected, the greater your risk of getting sick. Keeping the recommended minimum distance (6ft) from other people is especially important for people who have an increased risk for severe illness. Indoor spaces are more risky than outdoor spaces where it might be harder to keep people apart and where there's less ventilation.

Now that Cincinnati Public Schools is starting a new instructional program in October, it will be more important that we not only follow the guidelines, but that we ensure that our children understand how serious a threat to everyone's health and well being COVID is. Understanding is the landscape for following directions. Our children are our most precious possession. We must make sure that they stay safe and healthy.

*Summarized from Health Matters, August 2020*  
**Kimya Moyo, Health Liaison**

### **NSP GRANT 2020**

NANA receives City money through the Neighborhood Support Program (NSP) for projects and activities that enhance the quality of life in our **neighborhood**. For 2020, **NANA has the potential to receive \$7.987** which we will divide into two categories.

The categories for our projects and activities are: **Membership & Communication** (Database, Email, Connections, Membership Events & Outreach, NANA News,

Website) and we are seeking approval for **\$3,000** for this category and the **Look and Feel** (Block Watch, Clean-up & Beautification, Environmental Affairs, Land Development & Improvement, Law & Safety, Strategic Development, Traffic Studies, Zoning) and we are seeking approval for **\$4,987** for this category. Though we can propose new categories, the majority of projects that are proposed to the Board, fit within these categories.

Please send any ideas or comments to NANA or attend the **Tuesday, October 13 NANA General Meeting** where we will vote on this funding request.

## **RECYCLING**

### **HOUSEHOLD HAZARDOUS WASTE DROP-OFF**

**2020 Household Hazardous Waste (HHW)  
Drop-Off Program**  
**Saturday, October 24 from 9 a.m. to 2 p.m.**  
**Norwood (specific location provided after registration)**

#### **LIMITED TIME SLOTS AVAILABLE**

**Go Here to Register: <http://www.hamiltoncountyclecylces.org/cms/One.aspx?portalId=6463011&pageId=17055844>**

**Hamilton County Residents only! - Businesses, Churches, Non-Profits Prohibited No charge, Rain or Shine**

### **You've Audited Your Waste, Now What? | Earth 911**

**Go to: [https://earth911.com/home/home-waste-audit-changes-part-2/?utm\\_source=newsletter](https://earth911.com/home/home-waste-audit-changes-part-2/?utm_source=newsletter)**  
**Three things to do to help**



- 1. Precycling** If you aren't already precycling, it's a huge missed opportunity. Precycling involves shopping with waste output in mind. When you shop, seek out products that are packaged in material that you can recycle curbside, bring your own shopping bags, and buy in bulk to limit packaging in the first place.
- 2. Composting at home**
- 3. Cut down on Mail**

(Continued from page 1)

by Sarah M. Mullins - August 25, 2020



**4003 Rose Hill Avenue**

<https://www.cincinnati-magazine.com/home-ad-2020/a-historic-estate-in-north-avondale/>

## ABOUT YOUR NEIGHBORS

Vanessa Sorensen (Marion Ave.) is participating in The Think Square 3 art show at the Cincinnati Learning Collaborative in Walnut Hills (2813 Woodburn Ave – 45206) from Oct. 1-31st. All pieces are 5"x 5" framed to 12"x12" and sell for \$100. Artwork can be purchased in-person or online. In-person viewing hours are Tuesdays, Thursdays and Fridays from 9am to 3pm (please wear a mask). If you would like to see the show online visit the Cincinnati Learning Collaborative's at: <https://www.cincilearncollab.org/think-square-3>

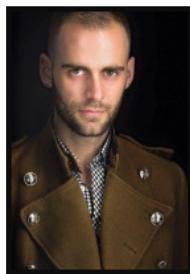
To learn more about Vanessa go to:

**Print Shop:** [www.nessypress.com](http://www.nessypress.com)

**Website:** [www.vanessasorensen.com](http://www.vanessasorensen.com)

**Blog:** Nessy Designs

Cultural Vistas is pleased to announce the 13 emerging leaders of the **37th class of the Robert Bosch Foundation Fellowship Program** one of which is **Colin Brush**, formerly of Lenox Place and currently of Washington, District of Columbia.



**Education:** Master of Music in Opera, University of Maryland; Bachelor of Fine Arts in Vocal Performance, Carnegie Mellon University

**Professional Experience:** Artistic Administrator, Washington National Opera, The John F. Kennedy Center for the Performing Arts; Aptitude Consultant, Johnson O'Connor Research Foundation

**Fellowship Field:** Arts Administration

**Fellowship Focus:** Arts Administration and Social Impact  
The latest cohort of Fellows have backgrounds in the fields of law, government, international security, urban and regional planning, cultural management, and the NGO sector, among others. Upon arriving in Germany, they will join a prestigious group of more than 600 young Americans who have completed the transatlantic journey as Bosch Fellows since the inaugural program in the summer of 1984. This 37th class also marks the final year of the Bosch Foundation Fellowship Program.

The program is fully funded by the Robert Bosch Stiftung, one of the largest foundations in Germany—which is committed to enhancing transatlantic relations in an effort to help create joint solutions to global problems.

Due to the COVID-19 pandemic, the program structure has been altered to a nine-month model, starting on October 1, 2020 and ending on June 30, 2021. After two months of intensive private language tutoring in their hometowns, the Fellows will take group language classes in Berlin in October. The Fellows will then participate in a series of three professional seminars beginning in December and complete one or two high-level practical assignments at leading German institutions starting in January 2021.

Each seminar will last 3 to 5 days and is designed to expose the fellows to an array of German and transatlantic issues, as well as enhance their leadership development. During the

professional assignments, Fellows will work directly in their field of expertise alongside key decision-makers from Germany's public and private sectors

<https://culturalvistas.org/blog/uncategorized/cultural-vistas-announces-the-37th-class-of-robert-bosch-foundation-fellows/?fbclid=IwAR0NfslGeDaW9cV4pLBtK1SzVjCbUVjjoa28Vh9I6jL0tZuoxBUnCBqusTBA>

## IN MEMORIAM

Mr. Peter Stambrook (Avondale Avenue) Professor, Molecular Genetics, Biochemistry and Microbiology at University of Cincinnati died on October 1 at the age of 79. He leaves behind his wife Mary Piper, daughter Elizabeth, son-in-law Andy Moore and granddaughter Piper. Peter was born on July 24, 1941 in London, England. He was Professor at the University of Cincinnati College of Medicine, since 1980, Chairman of the Department of Cancer & Cell Biology, 1996 - 2008 and Drake Medalist.



He has been listed as a noteworthy cell biologist, educator by Marquis Who's Who.

He retired this June. To read his University of Cincinnati obituary: <https://uc.edu/news/articles/2020/10/dr-peter-stambrook-dies>

## WELCOME NEW NEIGHBORS

- SFR3 LLC at 206 Clinton Springs Ave.
- Brendan Edie at 673 N Fred Shuttlesworth Cr.
- 11B REI LTD at 122 Mary Ln.
- Mari L Tesfaye at 718 E Mitchell Ave.
- Matthew C & Lauren E Amos at 4050 Rose Hill Ave.
- Brittney Cousins at 3911 Vine Vista Pl.
- Larkin Ventures LLC at 3972 Warwick Ave.

## NANA General Meeting

**Tuesday, October 13, 7:00pm**

**VIA ZOOM at <https://us02web.zoom.us/j/7228542133>  
new Meeting ID: 722 854 2133**

- Voting on our NSP Fund allocation for 2021
- City Council member and North Avondale resident Jan-Michelle Kearney will speak on the name change proposed for Reading Rd.
- Update on our NBDIP grants for improvement of our Neighborhood Business District.
- Invitation to join 2 new NANA committees; Events and Strategic Development
- Approval of funding for neighborhood Website and Logo updates.
- Neighborhood Beautification updates!!

**Next NANA Meeting November 10, 7pm**



## NORTH AVONDALE SCHOOLS



NORTH AVONDALE MONTESSORI  
363.3900 • 615 Clinton Springs  
[www.namrockets.org](http://www.namrockets.org)

### NAM Calendar

#### October:

12 Blended learning starts  
16 End of First Quarter  
26 Report Cards Distributed

#### November:

2 Conference Day - No Students  
3 Election Day - No Students

While we remain in the distance learning model, we will also continue to distribute meals on Wednesdays. On October 7th, visit any of our schools between 12-4pm to receive a 5 day meal pack, as well as 4 weekend fuel packs!

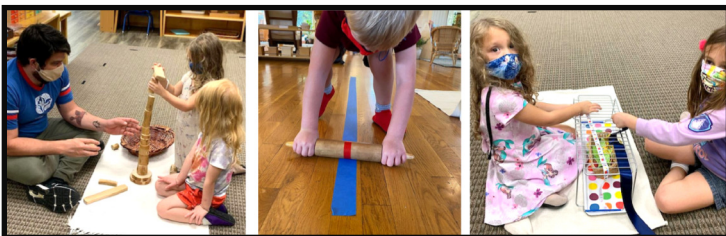


CPS' Girls To Women is celebrating the International Day of Girl with a virtual summit from noon-1:30 p.m. **Monday, October 26.** As part of the event, we want to hear from students, family, staff and the community about the importance of highlighting women's voices. Read more: <https://bit.ly/2SzhPry>



THE NEW SCHOOL MONTESSORI (TNSM)  
281.7999 • 3 Burton Woods Lane  
[www.newschoollmontessori.com](http://www.newschoollmontessori.com)

New School Montessori Preprimary students are building their "core" by improving focus, coordination and muscle strength. We find that children have a remarkable ability to concentrate on their work. In the photos you can observe how they build this focus while also building their muscles and hand-eye coordination through stacking blocks, controlling forward progression during a bear crawl along a taped line, and by weaving ribbons in and out of wire shelving. These and other important lessons ready them for writing and for learning other skills that will serve them throughout their lives - whatever work they choose.



**Virtual Open House on October 11, 2020** - To learn more about it and to sign up: <https://newschoollmontessori.com/admissions/open-house/>

*Ann Baumgardner, Communications Director*

## FROM YOUR NEIGHBORS

### Be a FLU FIGHTER

Getting your flu shot is the best defense against the flu

**Sunday, October 11 | 1 – 4 pm**

**New Prospect Baptist Church**  
1580 Summit Rd, 45237

**Price Hill Recreation Center**  
959 Hawthorne Ave, 45205

**South Avondale Elementary School**  
636 Prospect Pl, 45229

**Winton Hills Academy**  
5300 Winneste Ave, 45232

Visit [cincyfirstladiesforhealth.org](http://cincyfirstladiesforhealth.org) for details.



## GET THE FACTS. BE PREPARED.



### Prepare for an unpredictable flu season

It's hard to predict what a given flu season is going to be like, which is even more reason to get the flu shot. Remember, just because you've never had the flu doesn't mean you won't get it. Getting a flu vaccine this fall will be more important than ever, not only to reduce your risk from flu but also to help conserve potentially scarce health care resources due to COVID-19.



### Stay healthy — and help others do the same

The flu shot doesn't just help prevent influenza. It also keeps the flu from spreading. You can do this by making sure everyone in your "family circle" gets a flu shot each year.



### Everyone young & old needs to get the shot

The Centers for Disease Control and Prevention recommends a flu shot for everyone 6 months and older. You should be vaccinated if you are a child or have children, if you're elderly, or if you have underlying health issues. But it's truly recommended that everyone gets vaccinated.



### The vaccine won't give you the flu

One of the biggest reasons why some people won't get the flu shot is that they think the vaccine will give them the flu. Not so. The shot enables your body to develop special proteins that help you fight the flu. The shot is your best defense.



For more information on the flu go to [www.cdc.gov/flu](http://www.cdc.gov/flu)



## RECREATION

North Avondale Recreation Center • 617 Clinton Springs Ave. • 961.1584



- North Avondale Recreation Center is open Monday thru Friday 9 am to 9 pm
- **Weight Room** is by **reservations** only
- **Open Gym** from 9:00 am to 1:00 pm and after 6:00 pm - call for reservations
- Masks must be worn and your temperature must be taken upon arrival
- Many recreation centers are offering full daycare or afternoon/afterschool care. Check out [cincyrec.org](http://cincyrec.org) for your childcare needs.
- If you had an active membership on or after March 13<sup>th</sup>, there was an automatic extension put on your card. Check with the center for details.

## YOU ARE INVITED TO..... Treats From The North

**When: Thursday, October 29th, 2020**

**Where: North Avondale Recreation Center  
Parking Lot**

**Time: 7pm- 8pm**

**Bring your coolest costumes and your  
candy buckets!**



*Matthew Brown, Community Center Director*

## FROM THE GOVERNMENT

Census response period is **EXTENDED** to October 31.

Fill out the Census online at: <https://my2020census.gov/> or by phone (1.844.330.2020).  
Mail-in questionnaires can also be requested.



## Cincinnati Recreation Commission

**11th Annual Skills and Drills Co-ed Basketball Clinic**  
North Avondale Recreation Center  
(617 Clinton Springs Ave. 45229)

**\$35.00 per session** (Sibling Discount 2 Kids \$60)

Session II: October 12<sup>th</sup> -November 6<sup>th</sup>, 2020

### Mondays:

K-1st Grade: 5:00-6:00 PM  
2nd-3rd Grade: 5:00-6:00 PM

### Tuesdays:

4th-6th Grade 5:00-6:00 PM

### Thursdays:

K-1st Grade 5:00-6:00 PM  
2nd-3rd Grade 5:00-6:00 PM

### Fridays:

4th-6th Grade 5:00-6:00 PM

Please register at

<https://web1.vermontsystems.com/wbwscohcincinnati.wsc/splash.html>

For questions, please call  
Coach Tim 513-961-1584.

\*\*\* (Parents/Participants) Keep in mind that Skills and Drills Clinic is designed for kids to learn the fundamentals of basketball and/or tune up their fundamentals of basketball. \*\*\*

**Hirsch Recreation Center • 3620 Reading Road •  
751.3393**

- Many recreation centers are offering full daycare or afternoon/afterschool care. Check out [cincyrec.org](http://cincyrec.org) for your childcare needs.
- Our weight room has reopened by reservation only. There are seven one hour time blocks within the day that customers can call to reserve.
- If you had an active membership on or after March 13<sup>th</sup>, there was an automatic extension put on your card. Check with the center for details.
- Spinning classes have resumed M/W 6:15 – 7:00 pm.
- Teen and youth open gym is open for reservations. Call for availability.

*Blake Williams, Service Area Coordinator*

