

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	
9:00-9:30				Spin 7:30 am - 8:15		9:00-9:30	
9:30-10:00						9:30-10:00	
10:00-10:30		Adult Open Gym 10:00-12:00 (Ages 18+)				Adult Open Gym 10:00-12:00 (Ages 18+)	10:00-10:30
10:30-11:00							10:30-11:00
11:00-11:30							11:00-11:30
11:30-12:00							11:30-12:00
12:00-12:30	Cleaning: 12-12:30	Cleaning: 12-12:30	Cleaning: 12-12:30	Cleaning: 12-12:30	Cleaning: 12-12:30	12:00-12:30	
12:30-1:00	School Day Enrichment Gym Time 12:30-4:30	School Day Enrichment Gym Time 12:30-3:15	School Day Enrichment Gym Time 12:30-2:45 Cleaning 3:15-3:30	School Day Enrichment Gym Time 12:30-3:00	School Day Enrichment Gym Time 12:30-3:15	12:30-1:00	
1:00-1:30						1:00-1:30	
1:30-2:00						1:30-2:00	
2:00-2:30						2:00-2:30	
2:30-3:00						2:30-3:00	
3:00-3:30		Cleaning 3:15-3:30	Teen Open Gym (Ages 14-18) 3:00-5:00	Cleaning 3:00-3:30	Cleaning 3:00-3:30	3:00-3:30	
3:30-4:00		Youth Open Gym (Ages 8-13) 3:30-5:15		Youth Open Gym (Ages 8-13) 3:30-4:45 Cleaning 4:45-5:00	Youth Basketball Practice 4:00-5:00	3:30-4:00	
4:00-4:30						4:00-4:30	
4:30-5:00						4:30-5:00	
5:00-5:30		Cleaning & Spin Setup 4:45-5:15	Teem Open Gym (Ages 14-18) 5:30-7:00	Cleaning 5:00-5:15	Teen Open Gym (Ages 14-18) 5:0-7:00	High Steppers Drill Team	5:00-5:30
5:30-6:00	Spin 5:15-6:00			5:30-6:00			
6:00-6:30	Cleaning 6:00-6:15	Spin Setup 4:45-5:15		6:00-6:30			
6:30-7:00	Spin 6:15-7:00	Spin 6:15-7:00		6:30-7:00			

