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# LAUREL PSYCHODRAMA TRAINING INSTITUTE

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**HOLISTIC • INTEGRATIVE • EXPERIENTIAL**

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***A SOCIOMETRY DEEP-DIVE: BEYOND SPECTROGRAMS,  
LOCOGRAMS AND STEP-IN SOCIOMETRY***

**Catherine D. Nugent, LCPC, TEP**

*with Special Guest Co-Leader,*

**Barbara Guest Hargin, BEd, MSW, TEP**

**June 23, 24, 25, & 26** (Thursday through Sunday):

Thursday, June 23—2:00-6:00 pm

Friday, June 24—9:45 a.m.-6:00 p.m.

Saturday, June 25—9:45 a.m.-6:00 p.m.

Sunday, June 26—9:00 a.m.-12:30 p.m.

***There is a sort of primordial nature, which is immortal, and returns afresh with every generation, a first universe which contains all beings, and in which all events are sacred.***

- J.L. Moreno, creator of psychodrama, sociometry and group psychotherapy

***Psychodrama without sociometry is blind; sociometry without psychodrama is sterile.***

- J.L. Moreno's son, Jonathan D. Moreno

***People have a hunger to know what is vaguely sensed but not made explicit.***

- Robert Siroka, first generation psychodrama trainer, student of J.L. Moreno

***High functioning groups give close attention to the needs of members for role access and role relief.***

- Ann E. Hale, sociometrist, student of J.L. and Zerka T. Moreno.
- *Do any of these statements intrigue you?*
- *Do they spark your interest in the philosophy and theory underlying sociometry?*
- *As you reflect on these statements, are you curious about your sociometric position in a group?*

- *Are you excited by the prospect of learning some new interventions to apply in groups, especially stuck groups?*

***Discover answers to your questions by being a part of this small weekend sociometry workshop.***

***This is a rare opportunity to work with Barbara Guest Hargin, a Wise Elder in the psychodrama community, from Ontario, Canada. Barbara is part of the lineage of Ann E. Hale, having studied with Ann and with Donna Little at the Toronto Center.***

**The workshop is limited to no more than 12 participants.**

**TRAINING OBJECTIVES:** Discover how skillful application of **sociometry** can promote the psychological and interpersonal container for connecting authentically in a relationship or group.

*After completing this workshop, participants should be able to:*

- Describe at least one sociometric tool for assessing group members' perceptions of inclusion in a group.
- Identify at least 3 sociometric configurations in groups and their significance.
- Explain the sociodynamic effect and its impact on small group functioning, as well as in larger social systems.
- Describe how to use at least one of the following for mapping individual or group concerns: *The Sociometric Cycle* (Hale); *The Healing Cycle* (Mosher) and/or *The Harmonic Cycle* (Hale) for mapping individual or group concerns.
- Identify the steps in the *Classical Psychodramatic Encounter* and differentiate them from those in the *Psychodramatic Intentional Dialogue*.

Although **sociometric theory** receives careful attention, the workshop is highly **interactive** and **experiential**. We invite intentional choice-making with clarity, authenticity and humaneness in the context of a weekend learning community.

Two highly skilled and experienced psychodrama trainers support the co-creation of a learning environment that promotes robust personal and professional growth and development.

**Continuing Education Information\*\*-- 21 hours/training credits:** NBCC/National Board for Certified Counselors; Maryland Board of Social Work Examiners; American Board of Examiners in Psychodrama, Sociometry & Group Psychotherapy.

**Investment: \$650\***  
**To register, contact Cathy at [cathynugent@verizon.net](mailto:cathynugent@verizon.net).**  
**Register early to hold your space.**



**Barbara Guest Hargin, BEd., MSW, TEP**, is a trainer with The Centre for Psychodrama and Sociometry of Ontario, formerly The Toronto Centre for Psychodrama and Sociometry. Barbara has been a psychodrama trainer for over 22 years. She maintains a private practice in Stratford, Ontario, and travels to work with several First Nations communities throughout Southern Ontario.

Barbara has training in a variety of modalities, including Psychodramatic Bodywork, Reiki and Shiatsu, which she integrates into her clinical work and training. Barbara began her career in secondary school education where she worked with diverse cultural groups using both sociometry and psychodrama to create a cohesive class structure. Barbara has over 50 years' experience as an educator.

After a brief hiatus, Barbara is returning to the American Board of Examiners in Psychodrama, Sociometry & Group Psychotherapy, where she has previously served as Vice-President and Chair of Admissions. She is the recipient of the 2019 ASGPP *Neil Passariello Award* for exemplary work in service of the communities affected by HIV/AIDS.

**CATHERINE D. NUGENT, LCPC, TEP**, is Executive Director & Principal Trainer with Laurel Psychodrama Training Institute. Cathy has over 40 years' training and experience in psychodrama, sociometry and group psychotherapy. She is a Board-certified psychodrama trainer; a Fellow of the American Society of Group Psychotherapy and Psychodrama (ASGPP); President of the American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy, and humble recipient of the 2019 ASGPP *J.L. Moreno for Lifetime Achievement*.



From 2013-2019, Cathy was adjunct faculty with The Johns Hopkins University graduate mental health counseling program, where she taught courses in psychodrama, self-care & wellness for counselors, and spirituality in counseling and psychotherapy. As a clinician, Cathy draws on her background in psychodrama, sociometry and group psychotherapy, along with sensorimotor psychotherapy, Imago Relationship Therapy and the ancient wisdom traditions of mindfulness and yoga and diverse spiritual/philosophical systems.

Cathy is delighted to be working with such a skilled psychodramatist and sociometrist as Barbara Guest Hargin for this workshop.

**Notes:**

\*A limited number of partial scholarships are available. Please inquire.

**\*\*Continuing Education Information:**

**Dramatic Transformations/Laurel Psychodrama Training Institute** has been approved by NBCC as an Approved Continuing Education Provider with the **National Board for Certified Counselors** (AEP # 6788) and certifies that this program meets the criteria for up to **21.0 hours** of continuing education for counselors. Programs that do not qualify are clearly identified. Dramatic Transformations/Laurel Psychodrama Training Institute is solely responsible for all aspects of the programs.

**Catherine D. Nugent/Dramatic Transformations** is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education learning activities and maintains full responsibility for this program. This training qualifies for **21.0** Category I continuing education units.

**Catherine D. Nugent, LCPC, TEP**, is a Board-certified psychodramatist and psychodrama trainer. Up to **21.0 hours** may be credited toward the Certified Practitioner in Psychodrama, Sociometry and Group Psychotherapy certification, C.P. credential, as approved by the American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy.