



Save the Date for the 2022 Psychodrama Intensive at Blue Mountain Retreat Center, Knoxville, Maryland

March 10-14, 2022

Join Trainers, **Linda Ciotola, M.Ed., TEP, CET III & Catherine D. Nugent, LCPC, TEP** at Blue Mountain Retreat Center in the rolling hills of Western Maryland

For 5 days of:
Psychodrama Training
Directing Practice with Coaching
Yoga (*Gentle Qi Gong & Yoga for Every Body* with Cathy and *Intermediate/Advanced Yoga* with Linda)
Yoga Nidra
Dance/Movement
Art

Blue Mountain's Proprietor, Beth Erhardt, CMT, a licensed bodyworker offers therapeutic massage

The food at Blue Mountain is outstanding. Beth prepares delicious, nutritious home-cooked meals, mostly sourced from her own organic garden and other local sources.

Continuing Education Credits: NBCC, Maryland Board of Social Worker Examiners, and ABE.

Contact Cathy at 410-746-7251 or cathynugent@verizon.net