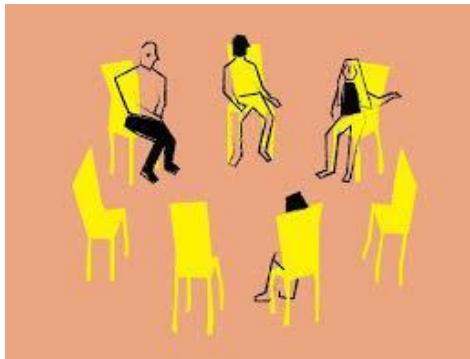


**2022 ACTION METHODS SUPERVISION/CONSULTATION GROUP  
FOR MENTAL HEALTH PROFESSIONALS & STUDENTS**

*Explore clinical issues using psychodramatic action methods*

**Sunday, October 2nd and Saturday November 5th  
1:00 – 4:15 p.m.**

**LOCATION:** Laurel Psychodrama Training Institute, Laurel, Maryland  
**LED BY:** Catherine D. Nugent, LCPC, TEP



**OVERVIEW:** If you are looking for support, guidance and consultation in your clinical practice, consider joining this **action methods** supervision and consultation group.

Whatever your stage of professional development, you will benefit from examining complex clinical and/or ethical issues.

We will explore common concerns, such as crises of confidence, unfamiliarity with specific problems and populations, countertransference reactions, challenging clients, difficult moments in groups, and others. A distinguishing feature of this supervision/consultation group is the incorporation of psychodramatic action methods to explore individual and group issues.

**INVESTMENT:** \$85 per 3.0-hour session  
(minimum 6, maximum 12 members).

- Some partial scholarships are available. Please inquire





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## LAUREL PSYCHODRAMA TRAINING INSTITUTE

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**HOLISTIC • INTEGRATIVE • EXPERIENTIAL**



**LEADER/SUPERVISOR/CONSULTANT:** Catherine D. Nugent is a licensed clinical professional counselor and a Board-certified psychodramatist and psychodrama trainer with over 40 years' experience. Cathy has a private psychotherapy practice in Laurel, Maryland, where she brings her expertise with experiential approaches to her work with individuals, couples and groups. As Executive Director & Principal Trainer with Laurel Psychodrama Training Institute, Cathy trains mental health professionals and students in psychodrama, sociometry and group psychotherapy. In addition to her psychodrama training and certification, Cathy is certified in sensorimotor psychotherapy (Level I), and is fully certified in Imago Relationship Therapy. Cathy is a Fellow of the American Society of Group Psychotherapy and Psychodrama (ASGPP), a Past President of the Mid-Atlantic Chapter ASGPP, the Immediate Past President of the American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy, and the Recipient of the ASGPP's *2019 J.L. Moreno Award for Lifetime Achievement in Psychodrama, Sociometry and Group Psychotherapy*.

***SUPERVISION INFORMATION:***

**LGPCs:** Hours acquired in this group can be counted toward the required 100 hours of clinical supervision required for Maryland LCPC licensure. (Note: 50 of the required 100 hours can be group supervision.)

***Psychodrama Certification Candidates:*** These group supervision hours can be applied toward the practicum supervision requirement for psychodrama certification through the American Board of Examiners in Psychodrama, Sociometry & Group Psychotherapy. (40 hours of supervision are required for certification.)

**Covid Note:** LPTI holds the health and safety of participants and our community as a singular priority. We hope to offer these supervision sessions live and in-person. However, should conditions make it unsafe to meet in person, we will change to a Zoom format. Participants will be notified approximately a week in advance.

**2022-2023 Covid Policy:** Participants at all LPTI live events must take a Covid test within 24 hours of arriving for any event. Should you test positive or be experiencing Covid symptoms, please stay home and rest. You will not be charged for absence due to Covid or Covid-like symptoms.

**For further information and/or to register, please email Cathy at [cathynugent@verizon.net](mailto:cathynugent@verizon.net).**