



## **2022 Intensive: Theory and Practice of Psychodrama, Sociometry & Group Psychotherapy** ***“Plan B” Online Workshop***

**Linda Ciotola, M.Ed., TEP, CET III**  
**Catherine D. Nugent, LCPC, TEP**

**If Covid conditions make it unsafe** to meet in person at Blue Mountain, we will offer a condensed, online version, as follows:

- **All sessions will be held online, via Zoom**, as follows:
  - Thursday, March 10, 2:00pm-6:00pm
  - Friday, March 11; Saturday, March 12; Sunday, March 13, 10:00am-6:00pm.
- There will be movement and rest periods each day.
- The same content will be covered in a slightly condensed form.
- We will miss out on the opportunity to live, work and play together in shared space.

**Continuing Education Credits:** 22 Continuing Education Credits (NBCC, Maryland Board of Social Worker Examiners, and ABE.)

**Investment:** \$875

**For further information or to register:** Contact Cathy at 410-746-7251 or [cathynugent@verizon.net](mailto:cathynugent@verizon.net)

### **Meet the Trainers:**



**Linda A. Ciotola, M.Ed., CHES (Ret.), TEP.** A Board-certified Trainer, Educator and Practitioner of Psychodrama, Linda is also a certified TSM Trainer and Souldrama Practitioner. Along with her colleague, Nancy Alexander, Linda created a model for a team approach to working with trauma survivors in private psychodramas. Linda is co-author of "Trauma and Teamwork," *Journal of Psychodrama, Sociometry, and Group Psychotherapy*, 62(1), Spring 2014, and co-author of *Healing Eating Disorders with Psychodrama and Other Action Methods--Beyond the Silence and the Fury*, Jessica

Kingsley, London, 2013. Linda is a Fellow of the American Society of Group Psychotherapy and Psychodrama (ASGPP), the recipient of the 2008 ASGPP Zerka Moreno Award, and with Nancy Alexander, recipient of the 2019 ASGPP *Collaborators Award*. Linda is also a Certified Health Education Specialist and Lifestyle Counselor/Fitness Coach who holds numerous certifications from national fitness, nutrition and related organizations.



**Catherine D. Nugent, M.S., M.S., LCPC, TEP**, has been practicing psychodrama and other forms of group work for 30+ years. Cathy is Executive Director & Principal Trainer with Laurel Psychodrama Training Institute, offering a robust array of training experiences for psychodrama students at all levels. Through her private psychotherapy practice, Cathy offers psychodrama and other experiential approaches, traditional psychodynamic psychotherapy and Imago Relationship Therapy--all through a trauma-informed lens. Cathy was formerly adjunct faculty with Johns Hopkins University Mental Health

Counseling Program (2013-2019), where she taught courses in psychodrama, self-care for counselors, and spirituality as a resource for mental health and wellness. Prior to opening LPTI full-time, Cathy worked for 20 years with the U.S. Substance Abuse and Mental Health Services Administration as a program developer and administrator. Cathy is current President of the American Board of Examiners in Psychodrama, Sociometry & Group Psychotherapy. She is the recipient of the American Society for Group Psychotherapy & Psychodrama's 2019 *J.L. Moreno Award for Lifetime Achievement*.