



2022 Intensive: Theory and Practice of Psychodrama, Sociometry & Group Psychotherapy *“Plan B” Online Workshop*

**Linda Ciotola, M.Ed., TEP, CET III
Catherine D. Nugent, LCPC, TEP**

If Covid conditions make it unsafe to meet in person at Blue Mountain, we will offer a condensed, online version, as follows:

- **All sessions will be held online, via Zoom**, as follows:
 - Thursday, March 10, 2:00pm-6:00pm
 - Friday, March 11; Saturday, March 12; Sunday, March 13, 10:00am-6:00pm.
- There will be movement and rest periods each day.
- The same content will be covered in a slightly condensed form.
- We will miss out on the opportunity to live, work and play together in shared space.

Continuing Education Credits: 22 Continuing Education Credits (NBCC, Maryland Board of Social Worker Examiners, and ABE.)

Investment: \$875

For further information or to register: Contact Cathy at 410-746-7251 or cathynugent@verizon.net

Meet the Trainers:



Linda A. Ciotola, M.Ed., CHES (Ret.), TEP. A Board-certified Trainer, Educator and Practitioner of Psychodrama, Linda is also a certified TSM Trainer and Souldrama Practitioner. Along with her colleague, Nancy Alexander, Linda created a model for a team approach to working with trauma survivors in private psychodramas. Linda is co-author of "Trauma and Teamwork," *Journal of Psychodrama, Sociometry, and Group Psychotherapy*, 62(1), Spring 2014, and co-author of *Healing Eating Disorders with Psychodrama and Other Action Methods--Beyond the Silence and the Fury*, Jessica

Kingsley, London, 2013. Linda is a Fellow of the American Society of Group Psychotherapy and Psychodrama (ASGPP), the recipient of the 2008 ASGPP Zerk Moreno Award, and with Nancy Alexander, recipient of the 2019 ASGPP *Collaborators Award*. Linda is also a Certified Health Education Specialist and Lifestyle Counselor/Fitness Coach who holds numerous certifications from national fitness, nutrition and related organizations.



Catherine D. Nugent, M.S., M.S., LCPC, TEP, has been practicing psychodrama and other forms of group work for 30+ years. Cathy is Executive Director & Principal Trainer with Laurel Psychodrama Training Institute, offering a robust array of training experiences for psychodrama students at all levels. Through her private psychotherapy practice, Cathy offers psychodrama and other experiential approaches, traditional psychodynamic psychotherapy and Imago Relationship Therapy--all through a trauma-informed lens. Cathy was formerly adjunct faculty with Johns Hopkins University Mental Health

Counseling Program (2013-2019), where she taught courses in psychodrama, self-care for counselors, and spirituality as a resource for mental health and wellness. Prior to opening LPTI full-time, Cathy worked for 20 years with the U.S. Substance Abuse and Mental Health Services Administration as a program developer and administrator. Cathy is current President of the American Board of Examiners in Psychodrama, Sociometry & Group Psychotherapy. She is the recipient of the American Society for Group Psychotherapy & Psychodrama's 2019 *J.L. Moreno Award for Lifetime Achievement*.