



Skip-a-Long

CHILD DEVELOPMENT SERVICES

A program of SAL Family and Community Services

Moline Campus News

September 2020

Spotlight on Empathy



Empathy teaches or gives children the ability to understand other people's feelings or emotions as if the child is experiencing them, themselves. It teaches children how to regulate emotions; instead of fighting the moment, we accept it and the action creates a place of empathy. If we don't recognize/or feel our feelings, then we do not allow children to feel theirs. It is impossible to teach children skills we have not utilized for ourselves.

Contact Us

4800 60th Street
Moline, IL 61265

Phone: (309) 764-8110

Fax: (309) 764-8281

Email: mrosagastaldo@skip-a-long.org

[Follow Us on Facebook](#)

Letter from the Director

Dear Families,

September is a month when Fall returns, the temperature outside gets cooler, and we send children off to school. At Moline, that is looking different for our school ages this time around. The combination of blended learning is challenging our staff and our children as well as parents. We are striving to meet the needs of our enrolled children with the remote learning as well as creating a place for them to be while their parents are working. We realize this is new territory for all of us, so please bear with us. This is not typical but we will get through this together. Please know you can reach out to the school age staff, myself, or the family service provider with questions.

- Mary Rosa-Gastaldo

Upcoming Events

September 1– World First Aid Day

September 7-Labor Day—Skip-a-Long CLOSED

September 15-Engineers Day

September 21-International Day of Peace

September 22-National White Chocolate Day

September 29-World Heart Day

September 30-National Love People Day