S·A·L COMMUNITY SERVICES

Early Head Start
Child Care Partnership

# Newsletter



February 2024 | Early Head Start Child Care Partnership

## Cozy Fun at Home

We all know that winter is a great time to stay home, grab a book and snuggle down. But what activities can you do with your child when it's too cold to go outside?

**Sensory Bins:** Fill a bin with water, sand, toys, cups, stuffed animals, or other items for sensory exploration and play.

**Indoor Snowball Fight:** Crumple up junk mail into "snowballs" and enjoy throwing them together. You can use a trash can or bucket and encourage your child to try and make a "basket". This also helps develop your child's motor skills!

**Cook Together**: Let your child help you cook a meal or snack. Can they dump the ingredients into the bowl or help your stir? Cooking builds relationships and memories together while still getting your errands done! Win-win!

## Policy Council Spotlight

We would like to thank and congratulate Policy Council Vice President and EHS Parent Nicole Carroll for attending the Head Start Conference in New Orleans in December 2023.



She spent the week learning about child development and how we can improve our EHS program.

**Thank you, Nicole!**

## DadVentures Group

Did you know that Early Head Start hosts a father-figure activity group every other month called DadVentures?

All male identifying EHS caregivers are invited to bring their children and attend the group for fun activities, dinner, and getting to know other Dads in the community.

If you're an Early Head Start parent interested in attending DadVentures, talk to your Family Advocate for information.

## Contact Us

**SAL's Early Head Start Child Care Partnership**

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**We are hiring!**

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