

June 2024 | Home Child Care Network

Warmer Weather

Being active and playing outside are an important part of childhood. Being outside is great for learning and development but it also comes with risks associated to heat, water, and sun exposure.

According to the CDC, with parent permission to use SPF of 15 or higher on children 6 months or older, apply sunscreen 30 minutes prior to going outside and reapply every 2 hours.

If possible, use wide brimmed hats, sunglasses, or clothes that cover their arms and legs.

Remember, even on a cloudy day you can get sunburnt. Make sure children are hydrated and avoid really cold drinks.

On the really hot days, it is recommended to avoid having outdoor activities from late morning to midafternoon because that is when the sun is the strongest.

Please be aware of the warning signs of heat related illnesses.

Ice Blocks

Ice blocks are a fun outdoor activity that can keep you cool at the same time! Fill plastic container up with water and place some toys in the water. Put them in the freezer overnight to ensure it is frozen. Dump the block out in the yard and allow the children to use tools to try and free the toys. Ideas of toys to include dinosaurs, cars, animals, or any hard solid object.



Family Events

Did you know that SAL Community Services' Home Child Care Network now has family events?

In May, we hosted a Touch-a-Truck event in Moline and a Barnyard Discoveries event in Peoria.

Family event dates in June:
Please RSVP to your provider.

- June 6th- Peoria 5-7 PM
  Lower Bradley Park
- June 13th- Galesburg 5-7PM
  Lake Story Park
- June 20th- Silvis 5-7 PM
  Schadt Park

FOOD WILL BE PROVIDED

We are now accepting new providers!!

We are currently accepting new providers into the Home Child Care Network for the following counties: Rock Island, Knox, Henry, Bureau, Peoria, Tazewell, Stark, Woodford, Fulton, Putnam, and Marshall. For current providers, if you make a referral and they are signed into the network you will receive a $200 bonus!

SAL Community Services Home Child Care Network
3800 Avenue of the Cities, Suite #108 | Moline, IL 61265
(309) 764-8192 | www.salcommunityservices.org