



# Home Child Care Network

## Peoria Area

A program of SAL Family and Community Services

September 2020

### Apple Rings

#### Ingredients

- 6 apples washed
- 1/3 of melted white chocolate
- 1/3 of melted milk chocolate
- 1/3 Almond butter or nut free butter
- Toppings: Sprinkles, mini chocolate chip, unsweetened coconut, granola, raisins, ground cinnamon



#### Directions

1. Remove core and slice apples
2. Place apples on a dry surface and drizzle chocolates and sprinkle desired toppings.

### Paper Plate Apples

#### **Materials:**

Paper plates  
Glue  
Construction paper



1. Prepare precut stems and leaves
2. Encourage children to tear their own construction paper
3. Have children glue construction paper on paper plate followed by the stem and leaves to make their own version of an apple.

### Empowering Parents

#### **Our 8 Best Parenting Tips For 2020– Denise Rowden, Parent Coach**

Parenting is one job that never gets a holiday break. As families are celebrating holidays, parents are also coping with sibling bickering, backtalk, temper tantrums, and power struggles.

Click Here To Read More:

<https://www.empoweringparents.com/article/8-best-parenting-tips/>

### Contact Us

3425 N. Dries Lane  
Peoria, IL 61604

Phone: (309) 685-8064

Fax: (309) 764-3744

Email: [mharris@skip-a-long.org](mailto:mharris@skip-a-long.org)

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