



MGA TRIPLE CROWN SHOWDOWN **ON YOUR MARKS!**



5K RUN, MILE MOSEY & TOT TROT

TOWN CENTER, LEAWOOD, KS
MAY 15TH, 2022 - 8AM



2022 PARTICIPANT GUIDE

Schedule of Events

Saturday, May 14th

Packet Pickup

10:00 am - 2:00 pm

Town Center Plaza

5025 W 117th Street

Leawood, KS 66211

(North side in the former Justice space – between Bravo & Sushi House)

Sunday, May 15th

Race Day Packet Pickup

6:45 am – 7:45 am

Town Center Plaza – Race Start/Finish Area

5005 W 117th Street

Leawood, KS 66211

(North parking lot in front of Bravo)

8:00 am – 5k Race Start

8:10 am – Mile Mosey Start

9:10 am – Tot Trot Start

Awards will be given out throughout the event starting at 8:45 AM

Results will be posted shortly after the race and can be found on our website at www.mga5k.com.

Race Day Information

Packet Pickup

Saturday packet pickup is strongly encouraged, but if you can't come out on Saturday, please arrive early on Sunday. Packet Pickup on race day morning will run from 6:45-7:45 am. You are welcome to pick up packets for friends and family as well. Just be sure they know you are doing so to avoid confusion.

Raffles & Merchandise



We will have our Roasterie's Cause Strength Blend coffee available for sale at the race. All proceeds benefiting the MGA. There are also over 35 amazing prizes in our raffle contest. Be sure to bring money so you don't miss out!

VIP Check In

Our VIP's are people who are living with myasthenia gravis. Look for our special VIP tent and pick up your hat. Are you a volunteer with myasthenia gravis? Make sure you too stop and pick up your VIP hat!



Before the Race

Please line up according to your pace. We ask that faster runners be in the front with walkers and people with strollers or dogs line up in the back.

Weather

In the event the race is cancelled due to severe weather, there will be no refunds.

Race Company



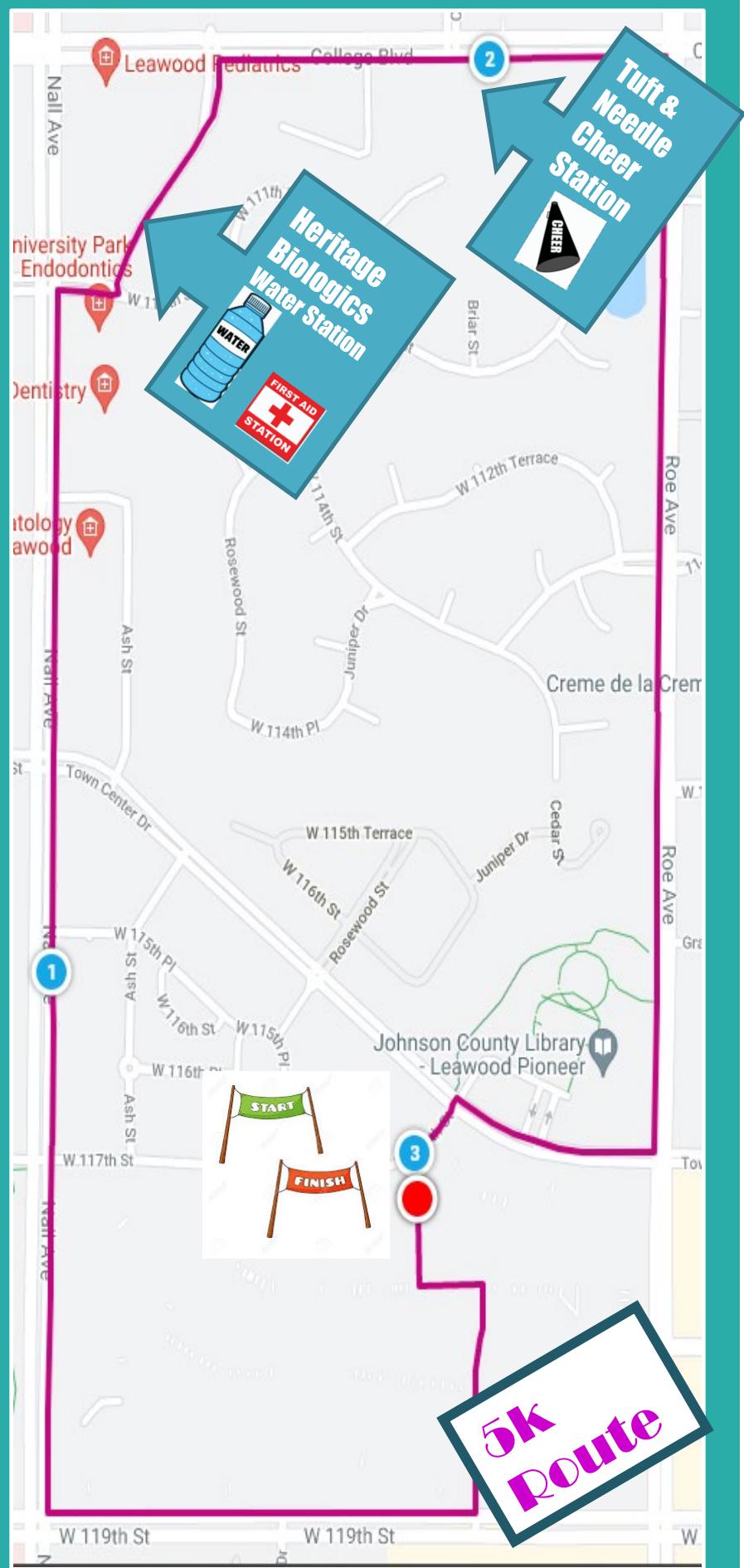
A huge thank you to Bodies Race Company for helping the MGA with our annual Triple Crown Showdown race event!

Course Maps

The MGA 5k and Mile Mosey will start and finish on the North side of Town Center near Bravo & Macy's. The 5k route will take you around Town Center and nearby neighborhood. We will have a water & aid station 1.5 miles in sponsored by Heritage Biologics. Watch for Tuft & Needle cheering you at mile 2! This is a flat & quick course!

The Mile Mosey starts with the 5k route and then breaks off to take a lap around the Town Center stores.

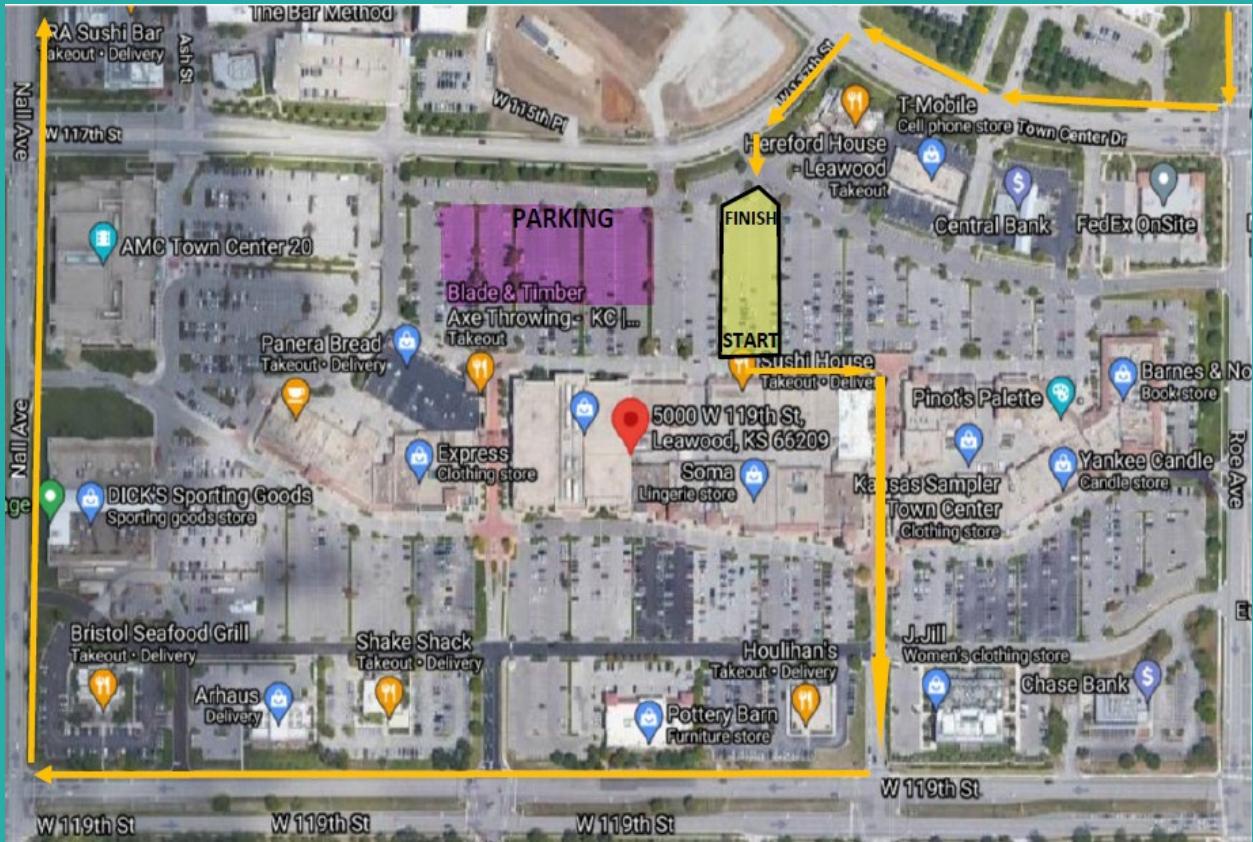
The course will be marked with cones and traffic will be controlled by the Leawood Police Dept and our hardworking volunteers. Please stay on the designated course and be cautious of the traffic around you.





Race Day Parking

We ask on race day that you please try and park on the North side of Town Center and to the West of the Start/Finish area.



**We are so grateful for our 2022 MGA
Race Ambassadors and their help
spreading the word
about the run!**

2022 MGA Triple Crown Race Ambassadors
www.mga5k.com



Thank you to our 2022 Race Sponsors!

The Myasthenia Gravis Association would like to thank the following sponsors for their support of this event. Through your generous donations, we are able to continue our efforts in improving the quality of life for those affected by this autoimmune, neuromuscular disease through awareness, education and member services.

★ Thank You to Our Amazing Sponsors! ★



Inspired by patients.
Driven by science.



Tim & Lori Patterson
Clint Foss & Grace Lim
Michael & Dorothy Eagan
The Holt Family
The Gardner Family

Julie Foss
Jeff & Pat
Paradocs
Carol Parkin

Tom & Clarisa McMahon
Julie & Greg Hanshaw
Tom & Melinda Cook
Doug Barker
John & Rhonda Hammes

The Matt Family - Sarah & Kyle Morrissey - Chad Harris
Zachary Naasz - The Walker Family - Sally & Steve Johnston
Dr. Richard & Rhonda Barohn - Marsh & McLennan - Allison Foss
Brad & Gloria Gasper Jeri & Tom Kunkle - Kelly & Matt Giltner

Susan Bauer Creative / Focused Story Films / InstaFun KC / F.I.T Muscle & Joint Clinic / Amazing Lash Bash / Powerlife Yoga
CycleBar / Athleta / Fabletics / Supplement Superstore / Melissa's Second Chances / Wal-Mart- Gladstone / XGolf / Body20