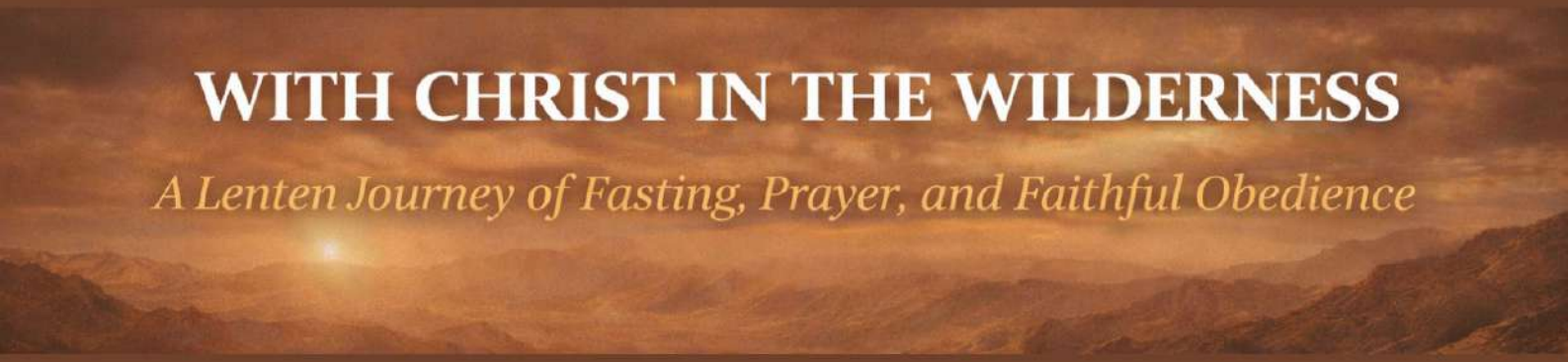
St. Mary Armenian Apostolic Church

Lenten Journey 2026

With Christ in the Wilderness

A Lenten Journey of Fasting, Prayer, and Faithful Obedience

Lenten Wednesdays: February 18 – March 25, 2026
Time: 7:00 PM | **Location:** St. Mary Armenian Church
Lenten Worship Service – Presentation & Discussion
Lenten Dinner Following the Presentation



Join us every Wednesday during Lent for an evening of prayer, reflection, and spiritual discussion as we journey with Christ through the wilderness. Each session will explore a key moment in Christ's Lenten journey, helping us prepare our hearts for Palm Sunday and Holy Week.

Weekly Themes

February 18 – Led by the Spirit into the Wilderness
(Matthew 4:1)
A reflection on Christ's voluntary fasting and the meaning of the wilderness as a place of encounter with God. We explore why Lent begins not with achievement, but with trust and obedience.
Dinner is sponsored by **the Parish Council**

February 25 – Temptation and Obedience
(Matthew 4:3)
A reflection on Christ's temptation and faithful obedience to the Father. We consider our own inner struggles and how faithfulness is formed through spiritual vigilance and trust in God.
Dinner is sponsored by the **Women's Guild**

March 4 – "Man Shall Not Live by Bread Alone"
(Matthew 4:4)
An exploration of hunger, desire, and dependence on God. This session reflects on what truly sustains us and how Lent reorders our hearts toward God alone.
Dinner is sponsored by **ACYOA**

March 11 – Solitude, Silence, and Prayer
(Luke 5:16)
A reflection on Christ's prayerful withdrawal and the place of silence in the spiritual life. We explore how prayer during Lent becomes a space of encounter rather than obligation.
Dinner is sponsored by **St. Mary Choir**

March 18 – Compassion Born of the Wilderness
(Matthew 9:36)
A reflection on how Christ emerges from fasting to heal, teach, and serve. True fasting bears fruit in mercy, compassion, and love for others.
(Dinner is sponsored by **Shnorhali School**

March 25 – Setting His Face Toward Jerusalem
(Luke 9:51)
A reflection on Christ's deliberate journey toward Jerusalem and the Cross. This final session prepares us spiritually to enter Palm Sunday and Holy Week with awareness and commitment.
Dinner is sponsored by **St. Mary Gift Store**

All are welcome to join!
Come with an open heart as we journey together through Lent in prayer, reflection, and fellowship.
For more information, contact St. Mary Armenian Church at 202-363-1923