



Smithsonian Institution

LAVASH

An Expression of
Armenian Heritage

Lavash: The bread that launched 1,000 meals, plus salads, stews, and other recipes from Armenia

by Kate Leahy, John Lee, and Ara Zada

This cookbook and travelogue focuses on a simple flatbread, lavash, which has become so important to Armenia that UNESCO recognized it as part of their intangible cultural heritage. The recipes take you through Armenian landscape, local bakeries, and village homes to bring back a celebration of a beautiful and resilient country and its favorite foods.

“Lavash: An Expression of Armenian Heritage” is hosted by the Smithsonian Center for Folklife and Cultural Heritage

Join us for a cooking demonstration to celebrate the recent release of *Lavash*

Friday, November 15, 2019, 1:00 PM

National Museum of American History, Wallace H. Coulter Performance Plaza, 1 West

Watch the authors, “Team Lavash,” as they call themselves, demonstrate how to make the staple bread and share stories from their fieldwork illuminating Armenian culture. The team say they ate their weight in lavash while making this book—all for the sake of research. Book signing and purchase available after the event.

