

In-Person Class Policies

1. Since class sizes are limited, advanced registration for all in-person classes is required. Drop-ins are not allowed.
2. Although we are eager to see you, please do not come to class if you experience any of these symptoms within the 48 hours prior to the class:
 - chills or fever (100.4° Fahrenheit or higher)
 - cough
 - shortness of breath or difficulty breathing
 - fatigue
 - muscle or body aches
 - headache
 - new loss of taste or smell
 - sore throat
 - congestion or runny nose
 - nausea, vomiting, or diarrhea

Also please stay home if you are isolating or quarantining because you tested positive for COVID-19 or are concerned that you may be sick with COVID-19.

3. Before class begins, you will need to answer a few wellness questions about your current health.
4. Masks are no longer required. However, everyone attending a class who chooses not to wear a mask must have been fully vaccinated at least two weeks beforehand and will need to show a picture of their vaccination card to the instructor. Anyone who is more comfortable wearing a mask is welcome to continue to do so.
5. Vaccines. All of our instructors are fully vaccinated. Though we do not require those attending classes to be fully vaccinated, we strongly encourage everyone to wait until two weeks have passed since their final shot to come to class.

Cancellations

If you cancel 24 hours or more before class time, your account will be credited for the class. If you cancel less than 24 hours before the class, you will only receive a credit if your space can be filled from the waiting list. If your spot cannot be filled, you will receive a video of the class.

Waitlists

If a class is full, you will have the option to join the waitlist. If a space becomes available, the first person on the waiting list will receive an email and will be automatically be placed in the class. Until 24 hours before class time, you may email us at haycvideos@gmail to cancel without penalty. If the class begins in less than 24 hours, you will have two hours to email us to cancel, otherwise you will not be credited for the class unless someone can be added from the waiting list.

Videos

Each live class, in-person and livestream, is recorded, and everyone registered for the class will receive a link to the video within 48 hours. There are no restrictions on how often or how long the videos can be streamed.