



Summer Solstice Karma Yoga with Pat Pao and Kathy Duke

Celebrate the summer solstice – the longest day of the year! Join us in a virtual celebration of the light within ourselves using traditional and yin yoga sequences. In lieu of a registration fee** for this class, we encourage donations to [Alice's Kids](#), a non-profit organization that provides short-term financial assistance to children with immediate needs. All levels welcome.

Saturday, June 20: 5:00 – 6:00 pm

[Register Here!](#)

**There is no registration fee, but students will need to register to receive the link/password for access to the workshop.



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