

## **COVID-19 Preparedness Plan for Minnesota Hustle**

Minnesota Hustle is committed to providing a safe and healthy workplace for all our coaches and customers. To ensure we have a safe and healthy workplace, we have developed the following COVID-19 Preparedness Plan in response to the COVID-19 pandemic. Managers and coaches are all responsible for implementing this plan. Our goal is to mitigate the potential for transmission of COVID-19 in our workplaces and communities, and that requires full cooperation among our coaches, management, and customers. Only through this cooperative effort can we establish and maintain the safety and health of our coaches and workplaces.

Management and coaches are responsible for implementing and complying with all aspects of this COVID-19 Preparedness Plan. Minnesota Hustle coaches, managers and supervisors have our full support in enforcing the provisions of this policy.

Our staff are our most important assets. We are serious about safety and health and keeping our staff working at Minnesota Hustle. Worker involvement is essential in developing and implementing a successful COVID-19 Preparedness Plan. We have involved our coaches in this process by communicating and listening to their concerns and suggestions. Our COVID-19 Preparedness Plan follows Centers for Disease Control and Prevention (CDC) and Minnesota Department of Health (MDH) guidelines, federal OSHA standards related to COVID-19 and Executive Order 20-48, and addresses:

- hygiene and respiratory etiquette;
- engineering and administrative controls for social distancing;
- cleaning, disinfecting, decontamination and ventilation;
- prompt identification and isolation of sick persons;
- communications and training that will be provided to managers and coaches; and
- management and supervision necessary to ensure effective implementation of the plan.

### **Screening and policies for employees exhibiting signs and symptoms of COVID-19**

Coaches have been informed of and encouraged to self-monitor for signs and symptoms of COVID-19. The following policies and procedures are being implemented to assess coaches' health status prior to entering the gyms and for coaches to report when they are sick or experiencing symptoms. Coaches will do a self-health check, take temperatures, and report to management with any symptoms by email or phone call. If during practices or games these symptoms occur, coaches will be asked to go home until symptoms resolve.

Minnesota Hustle has implemented leave policies that promote coaches staying at home when they are sick, when household members are sick, or when required by a health care provider to isolate or quarantine themselves or a member of their household.

Minnesota Hustle has also implemented a policy for informing coaches if they have been exposed to a person with COVID-19 at their workplace and requiring them to quarantine for the required amount of time. Coaches are required to report to our management office by email or phone call regarding the necessary quarantine.

In addition, a policy has been implemented to protect the privacy of coaches' health status and health information.

### **Handwashing**

Basic infection prevention measures are being implemented at our workplaces at all times. Coaches are instructed to wash their hands for at least 20 seconds with soap and water frequently throughout the day, but especially at the beginning and end of their shift, prior to any mealtimes and after using the toilet. Hand-sanitizer dispensers (that use sanitizers of greater than 60% alcohol) are at entrances and locations in the workplace so they can be used for hand hygiene in place of soap and water, as long as hands are not visibly soiled. Handwashing and/or sanitizer will be provided at our facilities, supplied and maintained.

### **Respiratory etiquette: Cover your cough or sneeze**

Coaches, customers and players are being instructed to cover their mouth and nose with their sleeve or a tissue when coughing or sneezing and to avoid touching their face, in particular their mouth, nose and eyes, with their hands. They should dispose of tissues in provided trash receptacles and wash or sanitize their hands immediately afterward. Respiratory etiquette will be demonstrated on posters and supported by making tissues and trash receptacles available to all coaches, customers and players. This will be posted/communicated in the gyms.

### **Social distancing**

Social distancing of six feet will be implemented and maintained between coaches, customers, parents, and players in the workplace through the following engineering and administrative controls:

For parents or caregivers that they should not attend practices. If necessary for them to be at practices, ensure that proper social distancing is maintained between parents or caregivers.

We will discourage sharing of equipment as much as possible. If sharing has to occur, consider the equipment and type of use and consider cleaning equipment between each use.

### **For our practice facility:**

### **Guidance for Social Distancing and Use of the Maple Grove Community Gymnasium**

#### **Summer 2020**

#### **Effective June 24, 2020**

**In accordance with the Minnesota Department of Health/Education (MDH)/(MDE) guidelines for social distancing in youth sports as well as the Governor's Executive Orders, we have devised a plan to offer programming in the Maple Grove Community Gymnasiums (MGCG). This plan will provide opportunities for youth to develop or maintain fitness, enhance skills, mental well-being, and social and emotional health in a safe and controlled environment. Safety is our primary concern and all**

**items listed below must be agreed upon and followed by all parties to use the MGCG facility. Any violation will result in not only the request to exit the building but will also eliminate any future opportunities to use the facility. Parameters for MGCG Use:**

**The MGCG facility contains 6 courts when divided by curtains. There is also a commons area that will be divided into 6 sections with tables that will coordinate with each court. Please see diagram above. Restrooms will be available, but social distancing and handwashing is mandatory. Social Distancing with-in pods requires a 3-foot radius around each participant, resulting in a 6-foot total distance between any two people.**

- Each of the 6 practice courts will be considered a pod. All pods must contain no more than 25 people including coaches & players.
- There will be no congregating in the commons area. This space will only be used for participants before and after their event. Teams will enter and exit the facility together while maintaining proper social distancing.
- There will be no parents or spectators allowed in the commons area. If it is necessary for them to attend, they must maintain proper social distancing.
- To avoid intermixing between pods, assigned spaces within the commons area will be utilized. There will also be separate doors to enter (main entrance) and exit (door near concession stand) the facility. Participants should be dropped off and picked up outside. Teams should congregate outside, while adhering to social distancing guidelines, and (1) enter the facility at their practices scheduled start time, (2) go directly to the commons area chairs assigned to their practice court, (3) leave their bags and other personal belongings, and (4) then go to their practice court.
- While participants are on the courts, contact and scrimmaging is allowed.
- Have all participants bring their own labeled ball. If sharing of equipment must occur, consider cleaning it between each use.
- Water fountains can be used for filling water bottles only.
- Snacks can be brought in by participants but cannot be shared or sold in the facility.
- Records must be kept by facility users with the date and time of all participants & coaches using each court in the facility and submitted to Jim Davison.
- Staff members and coaches are encouraged to wear cloth face coverings.
- Any participant or coach that feels ill should stay home.
- If a participant or coach starts feeling ill or displaying symptoms, they will be removed from the group and sensitively isolated until they are able to be picked up.
- Minnesota Hustle will provide hand sanitizer for use by their participants during their scheduled time on the court.

While we will do everything we can to provide participants with a healthy and safe environment, it is ultimately up to parents and caregivers to monitor their children for symptoms and keep them home if

they are ill. Routine temperature checks are advised. The MGCG Management and District 279 are not responsible for any participant coming down with an illness. Please participate in programs in the facility at your own risk.

### **Cleaning, disinfection, and ventilation**

Regular housekeeping practices are being implemented, including routine cleaning and disinfecting of work surfaces, equipment, tools and machinery, delivery vehicles and areas in the work environment, including restrooms, break rooms, lunch rooms, meeting rooms, checkout stations, fitting rooms, and drop-off and pick-up locations. Frequent cleaning and disinfecting will be conducted in high-touch areas, such as phones, keyboards, touch screens, controls, door handles, elevator panels, railings, copy machines, credit card readers, delivery equipment, etc.

Appropriate and effective cleaning and disinfectant supplies have been purchased and are available for use in accordance with product labels, safety data sheets and manufacturer specifications and are being used with required personal protective equipment for the product. The maximum amount of fresh air is being brought into the workplace, air recirculation is being limited and ventilation systems are being properly used and maintained. Steps are also being taken to minimize air flow blowing across people.

### **Communications and training**

This COVID-19 Preparedness Plan was communicated via email and in person to all coaches on 6/22/20 and necessary training was provided. Additional communication and training will be ongoing through email updates and provided to all coaches who did not receive the initial training. Instructions will be communicated to customers and players about: how drop-off, pick-up, required hygiene practices; and recommendations that customers and players use face masks when dropping off, picking up. Customers and visitors will also be advised not to enter the facilities if they are experiencing symptoms or have contracted COVID-19. Managers and supervisors are to monitor how effective the program has been implemented by providing feedback to Minnesota Hustle. Management and coaches are to work through this new program together and update the training as necessary. This COVID-19 Preparedness Plan has been certified by Minnesota Hustle management and was posted on our website and in our practice facility. It will be updated as necessary.

### **Certified by:**

Todd Trembl

President

Minnesota Hustle LLC