

youth contact presents

Grupo De Padres*

*Group will be facilitated in Spanish

23
OCT

THE IMPORTANCE OF RESILIENCY FOR MY CHILD

Resilience is the ability to overcome difficulties and stress. The therapist, Priscilla, shares her research on the importance of transmitting resilience in our children

30
OCT

GRIEF

Let's discuss how to talk to our children about loss

6
NOV

ROUTINES AND DATES

Family Therapist, Priscilla Lenorud, presents ideas and strategies to support our family to implement routines and dates

13
NOV

BOUNDARIES & EXPECTATIONS

The therapist, Priscilla, explains the importance of establishing boundaries and communicating expectations

WEDNESDAY
6:30 PM

Facilitator:

PRISCILLA LENORUD, MFT
PEEBALLOS@YOUTHCONTACT.ORG

The meetings would be virtual on the Zoom platform:

Meeting ID: 833 1436 4384
Passcode: grupo

