



Weight Loss that Works.
Wellness that Works.™



NEW

PersonalPoints™

WW'S MOST PERSONALIZED
PROGRAM EVER—
NO TWO PLANS ARE ALIKE!

WW's new PersonalPoints Program can help you drop the pounds you want while eating what you love and living *your* life fully.

FIND SUCCESS WITH A WEIGHT-LOSS
SOLUTION MADE FOR YOUR LIFE!



A plan that's yours—
and only yours

WW's nutrition experts craft a food plan unique to *you* based on what you like to eat.



Science, simplified

An updated food algorithm looks at calories and complex nutrient data to create one simple number—a food's PersonalPoints value—to make eating healthier easier and fun.



Zero deprivation

No foods are off-limits, and to encourage good-for-you habits, your food Budget actually grows when you eat non-starchy veggies, drink water, and get active.

Discover your
personalized
success plan!

Anyone age 18 and older enrolled in an OEBB medical plan can sign up at NO COST to you.

Visit OEBB.WW.com
to learn more.

