

(Please silence all cell-phones & digital devices until after the Service! Thank you.)

SUNG LITURGY OF THE DAY

Community Mass by Ronald K. Arnatt (1930-2018)

Christina Taylor, Soprano 1; Patricia Hills, Soprano 2; Bre Philippy, Alto; Dan Galley, Tenor; David Snyder, Bass
Patricia Hills, Conductor
Tim Socha, Guest Organist

Hymns, in numerical order, are in the 1982 Hymnal; service music is listed on the service leaflet and may be found in the front of the 1982 Hymnal, with "S" before the number. "BCP" with a page number, refers to The Book of Common Prayer

PRELUDE – Organ Voluntary

THE ENTRANCE RITE

PROCESSIONAL HYMN – #365 Come, thou almighty King

Moscow

All stand as the procession enters the nave.

THE OPENING ACCLAMATION

S76

The people standing, the Celebrant says

Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and for ever. Amen.**

THE COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

THE GLORIA

Arnatt

Glo - ry to God in the high - est,

and peace to his peo - ple on earth. Lord God, heav - en - ly King,

al - migh - ty God and Fa - ther, we wor - ship you, we give you

thanks, we praise you for your glo - ry.

a little slower

Lord Je - sus Christ, on - ly Son of the Fa - ther, Lord God,

Lamb of God, you take a - way the sin of the world: have

Senza Ped. Ped.

Senza Ped.

mer-cy on us; — you are seat-ed at the right hand of the Fa - ther:

Ped.

re - ceive our prayer. For you a -

Senza Ped. *a tempo* Ped.

lone are the Ho-ly One, you a - lone are the Lord, you a -

lone are the Most High, Je-sus Christ, with the Ho-ly Spir-it,

in the glo - ry of God the Fa - ther. A - men.

Music: Ronald Amatt (b. 1930). Copyright © 1975 GIA Publications, Inc.

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Almighty God, the fountain of all wisdom, you know our necessities before we ask and our ignorance in asking: Have compassion on our weakness, and mercifully give us those things which for our unworthiness we dare not, and for our blindness we cannot ask; through the worthiness of your Son Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

All sit

THE LITURGY OF THE WORD

THE FIRST READING

Isaiah 44:6-8

Reader A reading from the Book of the Prophet Isaiah.

Thus says the Lord, the King of Israel,
and his Redeemer, the Lord of hosts:
I am the first and I am the last;
besides me there is no god.

Who is like me? Let them proclaim it,
let them declare and set it forth before me.

Who has announced from of old the things to come?
Let them tell us what is yet to be.

Do not fear, or be afraid;
have I not told you from of old and declared it?
You are my witnesses!

Is there any god besides me?
There is no other rock; I know not one.

Reader The Word of the Lord.

People **Thanks be to God.**

PSALM 86:11-17

Setting by Alan Stephen Hemmings (1931-2018)

8am Read responsively; 10:15am chanted by the choir

11 Teach me your way, O Lord,
and I will walk in your truth; *
knit my heart to you that I may fear your Name.

12 **I will thank you, O Lord my God, with all my heart, *
and glorify your Name for evermore.**

13 For great is your love toward me; *
you have delivered me from the nethermost Pit.

- 14 **The arrogant rise up against me, O God,
and a band of violent men seeks my life; *
they have not set you before their eyes.**
- 15 But you, O Lord, are gracious and full of compassion, *
slow to anger, and full of kindness and truth.
- 16 **Turn to me and have mercy upon me; *
give your strength to your servant;
and save the child of your handmaid.**
- 17 Show me a sign of your favor,
so that those who hate me may see it and be ashamed; *
because you, O Lord, have helped me and comforted me.

THE EPISTLE

Romans 8:12-25

Reader A reading from the Letter of Paul to the Romans.

Brothers and sisters, we are debtors, not to the flesh, to live according to the flesh-- for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, "Abba! Father!" it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ-- if, in fact, we suffer with him so that we may also be glorified with him.

I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labor pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

Reader The Word of the Lord.
People **Thanks be to God.**

THE SEQUENCE HYMN – #424 The Fruit of all creation

East Aklam

All standing, as able.

All remain standing, as able.

The ✠Holy Gospel of our Savior Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus put before the crowd another parable: "The kingdom of heaven may be compared to someone who sowed good seed in his field; but while everybody was asleep, an enemy came and sowed weeds among the wheat, and then went away. So when the plants came up and bore grain, then the weeds appeared as well. And the slaves of the householder came and said to him, 'Master, did you not sow good seed in your field? Where, then, did these weeds come from?' He answered, 'An enemy has done this.' The slaves said to him, 'Then do you want us to go and gather them?' But he replied, 'No; for in gathering the weeds you would uproot the wheat along with them. Let both of them grow together until the harvest; and at harvest time I will tell the reapers, Collect the weeds first and bind them in bundles to be burned, but gather the wheat into my barn.'"

Then he left the crowds and went into the house. And his disciples approached him, saying, "Explain to us the parable of the weeds of the field." He answered, "The one who sows the good seed is the Son of Man; the field is the world, and the good seed are the children of the kingdom; the weeds are the children of the evil one, and the enemy who sowed them is the devil; the harvest is the end of the age, and the reapers are angels. Just as the weeds are collected and burned up with fire, so will it be at the end of the age. The Son of Man will send his angels, and they will collect out of his kingdom all causes of sin and all evildoers, and they will throw them into the furnace of fire, where there will be weeping and gnashing of teeth. Then the righteous will shine like the sun in the kingdom of their Father. Let anyone with ears listen!"

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

THE SERMON

The Rev. Cn. Cathy Dempsey-Sims

THE NICENE CREED *All Stand, as able*

BCP page 358

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,

God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Intercessor As children of God and heirs with Christ, let us offer our prayers in the power of the Spirit, saying: Holy God, *hear our prayer*.

For the Church: especially for Sarah, Archbishop of Canterbury; Sean our Presiding Bishop; Stephen, our Bishop Provisional; and our Diocese as we continue in our renewed Bishop Search process, that like the master of the field, we may defer judgment and wait with patience for the time of God's harvest. Holy God, **hear our prayer**.

For this Cathedral community, that we may be a leaven of compassion and justice in our society so that the weeds of racism and oppression may be rooted out. Holy God, **hear our prayer**.

For all who are bound by hatred, resentment, and revenge, that the seeds of the Evil One not lead to violence and destruction in personal, racial, or international relations. Holy God, **hear our prayer**.

For all who sow and labor to produce food, that they may be helped by favorable weather and heartened by our gratitude and willingness to share. Holy God, **hear our prayer.**

For all who hunger for life, those who are lonely or depressed, those who live in fear, and for those who are ill, remembering especially, Rob, Lynne, Alex, Jim, Mariann, Sean & Kevin, Chuck, Clark, Chris, Joe, Larry, those on the Cathedral Pastoral Care list, and the people of the Democratic Republic of the Congo and those who are living in fear of or suffering from the Ebola outbreak, that God's abundant love will sustain and protect them. Holy God, **hear our prayer.**

For all the departed, remembering especially, Antonio, Thomas, Marilyn, and Priscilla, that having been gathered into the harvest of eternal life, they may shine like the sun in the kingdom of God. Holy God, **hear our prayer.**

Lifting our voices with all creation, with Blessed Mary, the God-bearer, Blessed Paul, Blessed Mary Magdalene, Blessed James the Apostle and all the saints, let us offer ourselves and one another to the living God through Christ. **To you, O Lord our God.**

Celebrant Holy God, with a love both patient and powerful, you sustain the growth of the good seed your Son has planted. Hear our prayers and let your word bear rich fruit in us, that we may love and serve you in each other. This we ask in your most Holy Name. **Amen.**

CONFESSION OF SIN

A Confession of Sin is said here if it has not been said earlier. On occasion, the Confession may be omitted.

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

All stand.

Celebrant The peace of the Lord be always with you.

People **And also with you.**

Then the Ministers and the People may greet one another in the name of the Lord.

THE HOLY COMMUNION

OFFERTORY SENTENCE

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Representatives of the congregation bring the people's offerings of bread and wine, and money or other gifts, to the deacon or celebrant. The people stand while the offerings are presented and placed on the Altar.

OFFERTORY ANTHEM – Teach me thy way, O Lord

John Blow (1649-1748)

Teach me thy way, O Lord
and I will walk in thy truth
O knit my heart unto thee
that I may fear thy name.
I will thank thee, O Lord,
with all my heart
and will praise thy name
forevermore.

THE GREAT THANKSGIVING – Eucharistic Prayer A

BCP page 361

SURSUM CORDA

The people remain standing. The Celebrant, whether bishop or priest, faces them and sings or says

The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

Then, facing the Holy Table, the Celebrant continues:

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS AND BENEDICTUS

Arnatt

The musical score is written for a single voice and piano accompaniment. It is in the key of D major (indicated by two sharps) and 3/8 time. The score is divided into two systems. The first system contains the lyrics "Ho - ly, ho - ly, ho - ly Lord," and the second system contains "God of power and might, hea-ven and earth are full of your glo-ry." The piano accompaniment features a steady eighth-note bass line and chords in the right hand. The vocal line includes triplet markings in the second system.

The people stand or kneel.

The Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

MEMORIAL ACCLAMATION

Christ has died.
Christ is risen.
Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.
AMEN.

And now, as our Savior
Christ has taught us,
we are bold to say,

As our Savior Christ
has taught us,
we now pray,

THE LORD'S PRAYER

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

THE BREAKING OF THE BREAD

The Celebrant breaks the consecrated Bread.

A period of silence is kept.

Then may be sung or said

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

THE FRACTION ANTHEM

Arnatt

Lamb of God, you take a-way the sins of the

world: have mer-cy on us.— Lamb of God, you

take a-way the sins of the world: grant us peace.

Music: Ronald Arnatt (b. 1930). Copyright © Ronald Arnatt.

INVITATION TO COMMUNION

The Celebrant says

The Gifts of God for the People of God.

We welcome all baptized persons, regardless of age or denomination to receive communion at Saint Paul's. Communion will be distributed at the High Altar and at the Crossing. The people will be invited by row to come forward; you may return to your pew by the side aisles. Anyone needing assistance may indicate so to an usher and communion will be brought to you at the end.

The Holy Communion is distributed under the forms of both Bread and Wine. In the interest of public health, the Cathedral does not practice intinction, that is, the dipping of the Bread into the Wine. It is the faith of the Church that Jesus gives himself in the Sacrament whether it is received in only one kind or both. Gluten-free Wafers are available; please make your need known to the minister.

It is our custom to receive the bread in the upturned palms of our hands, and eat it immediately. Those who wish to receive wine should partake by sipping directly from the chalice. Please use your hands, holding the base of the chalice, to gently assist the server in guiding the chalice to your lips.

If you do not wish to receive communion, we invite you to come forward for a blessing. To show that you wish to receive a blessing, instead of the bread/wine, signal your desire by crossing your arms over your chest.

AT THE MINISTRATION OF COMMUNION

Locus iste

Anton Bruckner (1824 - 1896)

Locus iste a Deo factus est,
inaestimabile sacramentum,
irreprehensibilis est.

This place was made by God
an invaluable sacrament;
it is beyond reproach.

THE POST COMMUNION PRAYER

BCP page 365

After Communion, the Celebrant says

Let us pray.

Celebrant and People

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. **Amen.**

GREETINGS AND ANNOUNCEMENTS

THE BLESSING

BCP page 339

THE FINAL HYMN – #344 Lord, dismiss us with thy blessing

Sicilian Mariners

THE DISMISSAL

S174

Celebrant Let us go forth into the world, rejoicing in the power of the Spirit.

People Thanks be to God.

POSTLUDE – Organ Voluntary

CATHEDRAL LIFE | JULY 19
ST. PAUL'S CATHEDRAL – SPCBUFFALO.ORG

TODAY

- Bible Study – 9 a.m. lower level/Walker – coffee and discussion of scripture lessons for the week
- Coffee/Refreshments – after the 10:15 service, lower level/Walker

From the Dean's Desk

Beginning July 19, I will be taking some vacation time. In my absence, the Rev. Cn. Cathy Dempsey-Sims will be covering all Sunday services at St. Paul's. Our Wednesday Healing Masses will be covered by The Rev. Dr. Sarah Rieth and The Rev. Sr. Karen Lawler. The Thursday Cathedral Cares Eucharist which is held outdoors next to "Homeless Jesus" will be presided over by The Rev. Ann Tillman. Mother Tillman will also be available in the event of a pastoral emergency. I know you will warmly welcome these clergy of our Diocese. I will look forward to seeing you in August.

– Dean Rebecca

Holy Hikes

Holy Hikes of Western New York, a ministry of St. Paul's Cathedral, is pleased to announce its full schedule (<https://tinyurl.com/mwc53bmn>) for the 2026 season. All hikes are held on the second Saturday of the month at 10am, unless otherwise announced. In August, we will hike at Stiglmeier Park in Cheektowaga. We hike rain or shine. All are welcome; carpooling will be available from the Cathedral at 9:30am or you can join us directly at the appointed hike location.



Children's Christian Education: "Godly Play"

St. Paul's offers "Godly Play: is a Montessori-based program on Sundays at 10am in the Bishop Scaife Room on the lower level of the Cathedral. Making meaning through story, wonder, and play, the program nurtures spiritual lives by honoring the centrality, competency, and capacity of children.

Parking at St. Paul's

Street parking is free on Saturdays and Sundays. There are also several nearby parking garages. We recommend:

- **Main Place Mall Parking** (221 Pearl St., Buffalo, NY 14202, <https://www.mainliberty.com/parking>) - This is our preferred garage for those coming to St. Paul's. We suggest that you use the entrance directly across from the Rath County Office Building, 166 Pearl, (you

will notice the skywalk above) which is only a 1/2 block north of the Cathedral. Weekend parking is \$6 all day. Weekday rate: \$5 for 1 hr or less; \$7 for 3hr or less; \$12 full day. Accessibility: ADA-compliant spaces and elevator access available and 24/7 surveillance, well-lit areas, and patrolled security. EV Charging: Electric vehicle charging stations available.

Need help covering parking fees? We've got you covered! Bring your ticket from the Main Place Mall Parking with you. At the end of the service just see an usher for a voucher for your card. (If you can afford to pay, we kindly ask that you please leave this limited fund for those who can't, thank you!)

Additional ramps we suggest are:

- **Adam Ramp** (343 Washington St., Buffalo, NY 14202) - 1 1/2 blocks behind the Cathedral. Weekend parking is \$6 all day. Weekday rate: \$2.50 hr/ \$10 max.
- **93 Pearl Street Garage** (93 Pearl St. Buffalo, NY 14202) - A block south of the Cathedral. Daily Parking (Mon - Fri, 6 am - 6 pm) - \$10 Max

There are also several open/uncovered Premier Parking parking lots near the Cathedral. These require payment at a kiosk; fees are higher. Please note, when there are special events at Sahlen Field and the KeyBank Center, area lots charge Event Rates which are significantly more than daily rates.

SJAT Note Update: Summer Reading and Media List

Submitted by Estelle Siener for the Social Justice Action Team

Welcome to the Summer 2026 edition of our semi-annual book and media list – a list of some of reading and viewing that the members of the Social Justice Team found edifying and inspiring, and are recommending to others. The items are listed with those who recommended them. We'd love to talk with you about them. And we'd love to hear what you have been reading, so we can add them to our list!

(Books without a link are available at the Buffalo and Erie County Library. Items with links are either online or available at bookshop.org.)

FICTION

- **(Bill) Radio Free Vermont: A Fable of Resistance:** A novel by environmental activist Bill McKibben. It's a madcap story of "band of Vermonters who decide their state would be better off as its own republic."
- **(Estelle) The Other Foot by Ray Bradbury:** (Yes, that Ray Bradbury!) A short story about a White man that visits a Black colony on Mars. Freely available online.
- **(Nancy B) Theo of Golden by Allen Levi:** a beautiful story of the power of generosity.

- **(Estelle) Revolutionary Tales, Bill Mullin**
- **(Estelle) Dark Testament and Other Poems:** A book of poetry by Pauli Murray, the first black woman ordained as an Episcopal priest. The title poem of the history of slavery in the United States is brilliant.
- **(Bob) The Ladies' Paradise by Emile Zola.** First published in 1883, it tells the creating of the Department Store in 19th century Paris, and the changes in consumer culture. It's a tale not of the 'profit' on individual sales that matters, but maximizing the turnover in capital. Stay alert. The spirit of capitalism is present in every line. Read and experience.

NONFICTION

- **(Chris) The Country of the Blind: A Memoir at the End of Sight by Andrew Leland.** In addition to a moving memoir about the progression of retinitis pigmentosa, the author shares his research into assistive tools/technologies (Braille, screen readers, curb cuts) and disability rights activism. Particularly interesting to me was his consideration of whether and/or when he might use tools, technologies, and potential treatments.
- **(Gary J) An Immense World: How Animals Senses Reveal the Hidden Realms Around Us:** Science journalist Ed Yong explores how animals make see the world and prompt us to see with "other's eyes."
- **(Estelle) Borders and Belonging, The Book of Ruth:** a poet and a theologian, discuss in alternating chapters the Old Testament Book of Ruth, with themes of immigration and culture.
- **(Estelle) Barracoon: The Story of the Last "Black Cargo":** Zora Neale Hurston's transcription of interviews of Cudjo Lewis, age eighty-six at the time. Especially compelling as an audiobook.
- **(Estelle) One day Everyone Will Always Have Been Against This** by novelist and journalist Omar El Akkad. The title is a tweet the author wrote three weeks after the bombardment of Gaza. It was viewed over 10 million times!
- **(Bob) Private Power and Democracy's Decline: How to make capitalism support Democracy by Mordecai Kurz,** published this year. Kurz is the rare economist who is not content with a narrow 'economic' view, instead focusing on the human condition, especially, on dignity. Key point, for those harmed by an economic activity "standard economic reasoning cannot justify any particular compensation policy." And the novelty, 'restoring the economic livelihoods of those harmed by public policy is justified by the political benefits, not the economic ones.'

OTHER MEDIA

- **(Chris) Church and State are Being Reunited, Thanks to SCOTUS:** A podcast that discusses the separation of church and state and the goals of Christian Nationalism to break the separation down.
- **(Chris) Two of the Oscar-nominated documentary shorts.**

Children No More: "Were and Are Gone" is about an ongoing protest in Israel documenting children killed in Gaza. I appreciated the risks these activists took in showing up to protest.

All the Empty Rooms (the Oscar winner) is about a journalist documenting the bedrooms of children killed in school shootings. I found the intimacy very moving.

- **(Kim) Leading With Dignity: A Conversation with Donna Hicks** TED Talk (19:40 min) If you missed the Book Club on Zoom this spring with Bishop Lane (or even if you participated) you may want to listen to this inspiring talk by the author of *Dignity*. [https://www.youtube.com › watch?v=y5vnCnB4JcE](https://www.youtube.com/watch?v=y5vnCnB4JcE)
- **(Kim) Exhibition Tour—Raphael: Sublime Poetry:** YouTube video (16:22 min) A tour through the Raphael exhibit at the NYC Metropolitan Museum of Art with art historian Carmen Bambach. The exhibit highlights, in particular, his Madonna and Child paintings. Follow more of the story of the exhibit at How do you transport and hang tapestries that are over 20-feet-long? YouTube video (~1:30 min)

Pastoral Care Ministry at St. Paul's

Recent changes have been made to the intercessions that are offered during the Prayers of the People. Names may be submitted for those who are in acute or critical need. Names will remain on the list for six weeks. Should you wish to have them remain on the list longer, that request may be made to the Dean. We will maintain a separate Pastoral Care prayer list for those who are homebound and in nursing homes, or may request ongoing prayer. This list will remain in the announcements and on the eNews, but individual names will not be included in the intercessions. We do ask that the entire congregation remember these beloved of our community in your prayers and join with us in praying for them. We hope that this will shorten the prayers while holding in our hearts and prayers, all those in need and absent from us.

In a Pastoral Emergency, please contact—The Very Reverend Rebecca A. Barnes, Dean at [646-533-1836](tel:646-533-1836)/e-mail at deanrebecca@spcbuffalo.org; or The Reverend Elizabeth Grohowski, [212-222-8109](tel:212-222-8109). If you, or a family member, are in the hospital, a healthcare facility, or are home bound and would like to have a visit from one of the clergy or a member of our Pastoral Care Committee, please contact the cathedral office at [716-855-0900](tel:716-855-0900) or at office@spcbuffalo.org. Due to the Health Insurance Portability and Accountability Act, commonly known as HIPAA,

hospitals no longer automatically provide churches with names of admitted parishioners. If you or a family member are hospitalized or in a healthcare facility, you or someone acting on your behalf will need to notify the church to assure that proper pastoral care may be offered. St. Paul's complies with all HIPAA requirements and cannot provide personal information for sick or injured members without permission of the member or his or her close family member. Additionally, if you or a loved one are hospitalized or homebound and desire regular Eucharistic visitation, please notify the parish office. Eucharistic Visitations are customarily made once per month; weekly visits may be scheduled upon request.

– Dean Rebecca

Prayer and Pastoral Care

We lift up the following in prayer especially Rob, Lynne, Alex, Jim, Mariann, Sean & Kevin, Chuck, Clark, Chris, Joe, Larry, Sean and Kevin, Sharon, Elaine, Howard, Lillian, Patty, Renee, Jim, Judy, Ann, Carol, and Shirley, and the people of the Democratic Republic of the Congo and those who are living in fear of or suffering from the Ebola outbreak.

We also remember all those who have died, especially Antonio, Thomas, Marilyn, Priscilla, Neil, and Vicki, and those whose anniversaries of death we mark this week. We pray for them and their loved ones who remember them.

ACROSS THE DIOCESE AND THE CHURCH

From Bishop Stephen Lane

Dear Ones,

I want to begin by thanking all of you for your participation in the listening sessions currently being held by the Search and Nomination Committee. We have nearly 100% participation, and the conversations have been frank and helpful. We are being honest about the situations in our parishes, transparent about our needs and concerns, and clear about what we want going forward. The overall impact is one of encouragement for the Transition Process. So, thank you for leaning in to the listening sessions.

I've been reading and reflecting on the situations of our churches. All of the various denominations in the United States were built on notions of stability and growth. The denominations spread across the landscape, moving west with the population. Large church edifices were built as monuments to the glory of God and were expected to be filled with growing numbers of believers. Especially in the years after World War II, with our rapidly expanding population, those expectations seemed realistic. A large, permanent corps of clergy was deemed necessary, and church leaders established educational requirements for professional clergy. People entered ordained ministry with the expectation of a career path and a pension in retirement. All denominations adopted General Motors' corporate model, with local franchises, regional management structures, and national organizations. We find ourselves now with denominations created by those expectations.

Historians tell us, however, that stability with growth is a rare commodity. The conditions that make it possible appear for a time in various places, but changes in the population or the economy or in relationships with other nations and cultures eventually cause the stability to weaken and force society to adapt. Church observers have been saying for some time now that we are in such times.

The Body of Christ has endured for more than two millennia. I believe with all my heart that the Church will continue to endure and will even flourish in the old ways in some places. But the landscape is changing and that requires of us both faithfulness and flexibility: faithfulness in worship and ministry and flexibility in the ways in which we organize for worship and ministry. Faithfulness and flexibility will be required at every level of our church. The Presiding Bishop has begun streamlining and adapting our churchwide structures, and we will need to do the same where we are.

Thank you for your faithfulness and flexibility. Thank you for helping us all to adapt to the times we're in. Thank you for trusting that following Jesus will help us find new ways to worship and minister. God is faithful, and I believe our faithfulness will bear much fruit.

Much love,
Bishop Steve

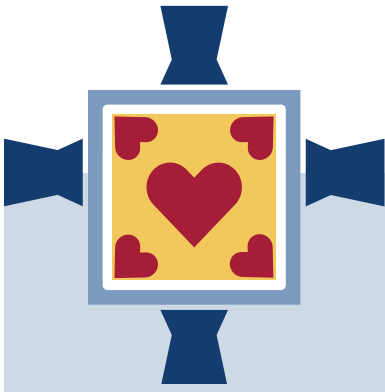
In-Person Safe Church Training

Wendy Schumacher will lead Safe Church training for anyone that needs or prefers in-person training. A valid email is needed for each person due to safe Church registration requirements. Once completed, your training is valid for 3 years.

Two dates are offered for the training at the Diocesan Ministry Center in Tonawanda. Choose either Saturday, July 25th OR Wednesday, July 29th from 10am-3pm. Lunch is included as part of your day.

To Register, visit: <https://tinyurl.com/4rx3dzvr>

Contact Shawn Slother (sslother@episcopalwny.org) for your Safe Church renewal date, if needed.



Plenty Good Room

Reflection for the Season after Pentecost

Questions for Reflection:

Planned Gifts (legacy gifts) are a way of planting seeds that mature over a long time. Have you considered making a gift from your estate to support the mission of your congregation?



J. Davey Gerhard is the Executive Director of TENS and believes in God's all-

inclusive invitation to find Love when we are gathered together. He lives, works, and worships in San Francisco, California.



THE EPISCOPAL
NETWORK FOR
STEWARDSHIP

After the fire of Pentecost, the Church enters its longest season – marked by green, the color of growth. This ordinary time is anything but ordinary: it is the season when discipleship takes root and deepens, when the daily work of following Christ becomes our steady rhythm.

The spiritual Plenty Good Room echoes the call of this season. God's kingdom is not only revealed in mountaintop moments or holy days, but in the steady unfolding of daily life – plenty good room for us to grow in love, service, and generosity. Each ordinary day becomes a chance to choose our seat at God's table and to make space for others.

Ordinary Time reminds us that stewardship is not seasonal; it is a way of life. Our choices about how to use our time, our resources, and our energy are all acts of discipleship. We are called to see that God's abundance is present in the regular, even mundane, moments – when we teach a child, share a meal, volunteer in our community, or support the ongoing mission of the church.

Scarcity whispers that the everyday does not matter, that only the grand gestures or the extraordinary count. But God reveals that holiness is woven into the fabric of daily living. The parables of Jesus are full of seeds, bread, lamps, and coins, ordinary things that reveal extraordinary truths. In this long season of green growth, we are invited to trust that our daily generosity – whether in prayer, presence, or financial support – nurtures a flourishing Heavenly Kingdom.

The long green season is where faith matures. Just as plants deepen their roots and stretch toward the sun, so too do we grow when we practice steady generosity, gratitude, and hospitality. By tending the ordinary with extraordinary love, we join the Spirit in making plenty good room for all. This season after Pentecost, let us continue to sow seeds of generosity, trusting that God will bring the growth. There is plenty good room – for steady discipleship, for flourishing communities, for a harvest of grace.

"Let us not grow weary in doing what is right, for we will reap at harvest time, if we do not give up." – Galatians 6:9 [TENS.org](https://tens.org)

The Royall Consort of Buffalo

*David Abbott, Bass Viol | Alexander Hamilton, Recorder & Flute
Roland Hayes, English Theorbo | Peter Horn, Violin
Nancy Nuzzo, Bass Viol*

Music for broken consort in four voices

John Jenkins (1592 – 1678)

Christopher Simpson (1602/1606 – 1669)

Saint Paul's Episcopal Cathedral

139 Pearl St., Buffalo, NY

Sunday, July 19, 2026 | 3:00 p.m.

St. Paul's Sunday Afternoon Recital Series

Free will offering to benefit the St. Paul's pipe organ restoration project



Join us at Saint Paul's Episcopal
Cathedral for:

*A Summertime
Serenade*
Music for Horn and Piano

Works by:

Ravel, Saint-Saëns, Gliere and more!

Featuring local musicians:

Jodie White and Steven McChesney



August 2nd, 2026
139 Pearl St, Buffalo, NY 14202
at 3:00pm

We hope to see you there!

New or visiting today? Everything you need to participate in worship is in this bulletin and the Hymnal in the pew (red or blue). We invite you to join in praying, singing, and responding, as you are comfortable.

Restrooms are located on the lower level. From the elevator, proceed through the double glass doors and look to your right for an accessible restroom. Additional restrooms are on the same level, to the left, near the kitchen.

Children are always welcome in worship and are invited to explore! Greeters can provide activity kits, available in the back of the church. Godly Play is also offered. For details: cathedral@spcbuffalo.org.

MINISTERS OF THE LITURGY

Kathy Reiss, Evelyn Smigelsky, Katherine Woodard; Altar Guild
David Jemmott, John (Jack) Darling, Wendy Darling; Ushers
Kathy Reiss, Kimberly O'Connell; Coffee Hour Hosts
Tracy Thomas; Livestreaming Technician

Kathy Reiss, Judith Elliott, Alan Blackburn; Readers
Kathy Reiss, A. Peter Snodgrass; Intercessors
Charles Casto Jr.; Eucharistic Minister

Christina Taylor, Soprano 1; Patricia Hills, Soprano 2; Bre Philipppy, Alto; Dan Galley, Tenor; David Snyder, Bass
Patricia Hills; Conductor
Tim Socha; Guest Organist

The Rev. Cn. Cathy Dempsey-Sims; Guest Celebrant and Preacher

EPISCOPAL DIOCESE OF WESTERN NEW YORK

The Rt. Rev. Stephen T. Lane, Bishop Provisional
<https://episcopalwny.org/>

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The people of St. Paul's Episcopal Cathedral strive to be a beacon of
God's love in Western New York through transformative worship, inclusive fellowship,
and active service in partnership with the wider community.

ST. PAUL'S EPISCOPAL CATHEDRAL

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