

(Please silence all cell-phones & digital devices until after the Service! Thank you.)

SUNG LITURGY OF THE DAY

Missa Brevis by Giovanni Pierluigi da Palestrina (1525 - 1594)

The Choir of St. Paul's Cathedral
Patricia Hills, Conductor
Tim Socha, Guest Organist

Hymns, in numerical order, are in the 1982 Hymnal; service music is listed on the service leaflet and may be found in the front of the 1982 Hymnal, with "S" before the number. "BCP" with a page number, refers to The Book of Common Prayer

PRELUDE – Herr Christ, der einig Gottes Sohn

Dietrich Buxtehude (1637-1707)

THE ENTRANCE RITE

PROCESSIONAL HYMN – #48 O day of radiant gladness

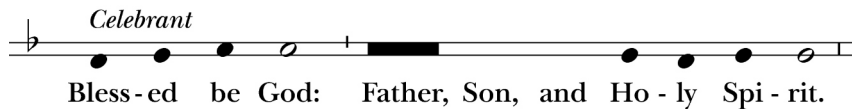
Es flog ein kleins Waldvögelein

All stand as the procession enters the nave.

THE OPENING ACCLAMATION

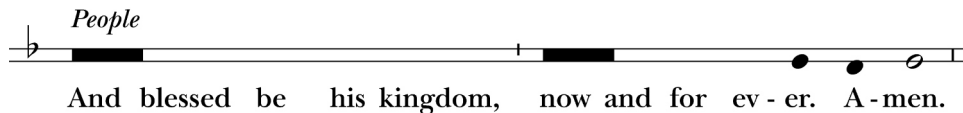
S76

Celebrant



Bless-ed be God: Father, Son, and Ho-ly Spi-rit.

People



And blessed be his kingdom, now and for ev-er. A-men.

Music: Ambrosian chant; adapt. Mason Martens (1933-1991). Copyright © 1971 Mason Martens.

THE COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

THE GLORIA

Palestrina

Glory to God in the highest,
and peace to his people on earth.

Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

All sit

THE LITURGY OF THE WORD

THE FIRST READING

Isaiah 55:1-5

Reader A reading from the Book of the Prophet Isaiah.

Thus says the Lord:

"Ho, everyone who thirsts,
come to the waters;
and you that have no money,
come, buy and eat!
Come, buy wine and milk
without money and without price.
Why do you spend your money for that which is not bread,
and your labor for that which does not satisfy?
Listen carefully to me, and eat what is good,
and delight yourselves in rich food.
Incline your ear, and come to me;
listen, so that you may live.
I will make with you an everlasting covenant,
my steadfast, sure love for David.
See, I made him a witness to the peoples,
a leader and commander for the peoples.
See, you shall call nations that you do not know,
and nations that do not know you shall run to you,
because of the Lord your God, the Holy One of Israel,
for he has glorified you."

Reader The Word of the Lord.

People **Thanks be to God.**

PSALM 145: 8-9, 15-22

Setting by Thomas William Hanforth (1867-1948)

8am Read responsively; 10:15am chanted by the choir

8 The Lord is gracious and full of compassion, *
slow to anger and of great kindness.

9 **The Lord is loving to everyone ***
and his compassion is over all his works.

15 The Lord upholds all those who fall; *
he lifts up those who are bowed down.

- 16 **The eyes of all wait upon you, O Lord, ***
 and you give them their food in due season.
- 17 You open wide your hand *
 and satisfy the needs of every living creature.
- 18 **The Lord is righteous in all his ways ***
 and loving in all his works.
- 19 The Lord is near to those who call upon him, *
 to all who call upon him faithfully.
- 20 **He fulfills the desire of those who fear him; ***
 he hears their cry and helps them.
- 21 The Lord preserves all those who love him, *
 but he destroys all the wicked.
- 22 **My mouth shall speak the praise of the Lord; ***
 let all flesh bless his holy Name for ever and ever.

THE EPISTLE

Romans 9:1-5

Reader A reading from the Letter of Paul to the Romans.

I am speaking the truth in Christ-- I am not lying; my conscience confirms it by the Holy Spirit-- I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed forever. Amen.

Reader The Word of the Lord.
People **Thanks be to God.**

THE SEQUENCE HYMN – #472 Hope of the world

Donne secours

All standing, as able.

All remain standing, as able.

The ✠Holy Gospel of our Savior Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus withdrew in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves." Jesus said to them, "They need not go away; you give them something to eat." They replied, "We have nothing here but five loaves and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

THE SERMON

The Very Rev. Rebecca A. Barnes

THE NICENE CREED *All Stand, as able*

BCP page 358

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit

he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Intercessor Let us offer our prayers in the Name of Jesus who had compassion on the multitude, and whose bounty feeds us all, saying: *Hear us, O Holy One.*

For the Church: especially for Sarah, Archbishop of Canterbury; Sean our Presiding Bishop; Stephen, our Bishop Provisional; and our Diocese as we continue in our renewed Bishop Search process, that we may share the Bread of Life with all who hunger for meaning and purpose in life. **Hear us, O Holy One.**

For this Cathedral community, that we may recognize the generosity of God who abundantly fills all our needs. **Hear us, O Holy One.**

For peace in our cities and communities, so that violence may end, and dialogue expand in areas of conflict. **Hear us, O Holy One.**

For all who work in and support soup kitchens, and other ministries that feed the hungry, that their efforts may show the love and compassion of God to hungry children and families. **Hear us, O Holy One.**

For travelers and those on vacation, for farmers, and those who bring food to our tables, that God will bless, renew, and protect them. **Hear us, O Holy One.**

For the sick, and for all those in need of our prayers especially, Rob, Lynne, Alex, Jim, Mariann, Sean & Kevin, Chuck, Clark, Chris, Joe, Larry, those on the Cathedral Pastoral Care

list, and the people of the Democratic Republic of the Congo and those who are living in fear of or suffering from the Ebola outbreak, that God will relieve their pain, restore them to wholeness, and strengthen all those who are caring for them. **Hear us, O Holy One.**

For all the departed, remembering especially, Antonio, Thomas, Marilyn, and Priscilla, that they may feast with delight at the heavenly banquet table, let us pray to the Lord.
Hear us, O Holy One.

Lifting our voices with all creation, with Blessed Mary, the God-bearer, Blessed Paul, and all the saints, let us offer ourselves and one another to the living God through Christ.
To you, O Lord our God.

Celebrant Loving God you nurture and nourish us, hear our prayers and fill us with the abundance of your grace, that all people may know and feel the goodness of your presence, in the power of the Holy Spirit, through Jesus Christ our Savior. **Amen.**

CONFESSION OF SIN

A Confession of Sin is said here if it has not been said earlier. On occasion, the Confession may be omitted.

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen.

THE PEACE

All stand.

Celebrant The peace of the Lord be always with you.

People **And also with you.**

Then the Ministers and the People may greet one another in the name of the Lord.

THE HOLY COMMUNION

OFFERTORY SENTENCE

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Representatives of the congregation bring the people's offerings of bread and wine, and money or other gifts, to the deacon or celebrant. The people stand while the offerings are presented and placed on the Altar.

OFFERTORY ANTHEM

Jesus Christ the Apple Tree

Somerset folk tune arr. by Alan Bullard (b. 1947)

The tree of life my soul hath seen,
Laden with fruit and always green;
The trees of nature fruitless be,
Compared with Christ the Apple Tree.

His beauty doth all things excel,
By faith I know but ne'er can tell
The glory which I now can see,
In Jesus Christ the Apple Tree.

For happiness I long have sought,
And pleasure dearly I have bought;
I missed of all but now I see
'Tis found in Christ the Apple Tree.

I'm weary with my former toil -
Here I will sit and rest awhile,
Under the shadow I will be,
Of Jesus Christ the Apple Tree.

With great delight I'll make my stay,
 There's none shall fright my soul away;
 Among the sons of men I see
 There's none like Christ the Apple Tree.

I'm weary with my former toil,
 Here I will sit and rest a while:
 Under the shadow I will be
 Of Jesus Christ the Apple Tree

This fruit doth make my soul to thrive,
 It keeps my dying faith alive;
 Which makes my soul in haste to be
 With Jesus Christ the Apple Tree.

THE GREAT THANKSGIVING – Eucharistic Prayer A

BCP page 361

SURSUM CORDA

S120

The musical notation is arranged in four staves, each with a key signature of one flat (B-flat) and a common time signature (C). The first staff is for the Celebrant, with the lyrics "The Lord be with you. And al - so with you." The second staff is for the People, with the lyrics "Lift up your hearts. We lift them to the Lord." The third staff is for the Celebrant, with the lyrics "Let us give thanks to the Lord our God." The fourth staff is for the People, with the lyrics "It is right to give him thanks and praise." The melody is simple and melismatic, with long notes and ties.

Celebrant
 The Lord be with you. And al - so with you.

Celebrant
 Lift up your hearts. We lift them to the Lord.

Celebrant
 Let us give thanks to the Lord our God.

People
 It is right to give him thanks and praise.

Then, facing the Holy Table, the Celebrant continues:

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Holy, Holy, Holy Lord, God of power and might,
 heaven and earth are full of your glory.
 Hosanna in the highest.
 Blessed is he who comes in the name of the Lord.
 Hosanna in the highest.

The people stand or kneel.

The Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

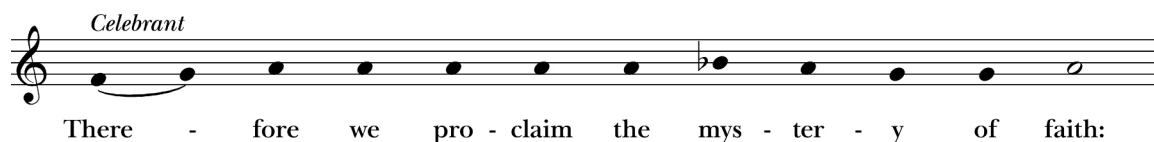
On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

MEMORIAL ACCLAMATION

S133



Music: Ambrosian chant; adapt. Mason Martens (1933-1991). Copyright © 1971 Mason Martens.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through you Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever.

THE GREAT AMEN

S143



The Celebrant then continues

And now, as our Savior Christ has taught us, we are bold to say,

THE LORD'S PRAYER

S119

Eight lines of musical notation in treble clef, key of B-flat major. Each line contains a half note followed by a dotted half note. The lyrics are written below the notes.

Our Fa - ther, who art in hea - ven, hal - low - ed
 be thy Name, thy king - dom come, thy will be done,
 on earth as it is in hea - ven. Give us this day our
 dai - ly bread. And for - give us our tres - pas - ses,
 as we for - give those who tres - pass a - gainst us. And lead
 us not in - to temp - ta - tion, but de - liv - er us
 from e - vil. For thine is the king - dom, and the power,
 and the glo - ry, for ev - er and ev - er. A - men.

THE BREAKING OF THE BREAD

The Celebrant breaks the consecrated Bread.

A period of silence is kept.

Then may be sung or said

Celebrant Alleluia. Christ our Passover is sacrificed for us;
People **Therefore let us keep the feast. Alleluia.**

THE FRACTION ANTHEM

Palestrina

Lamb of God, you take away the sins of the world:
have mercy on us.

Lamb of God, you take away the sins of the world:
have mercy on us.

Lamb of God, you take away the sins of the world:
grant us peace.

INVITATION TO COMMUNION

The Celebrant says

The Gifts of God for the People of God.

We welcome all baptized persons, regardless of age or denomination to receive communion at Saint Paul's. Communion will be distributed at the High Altar and at the Crossing. The people will be invited by row to come forward; you may return to your pew by the side aisles. Anyone needing assistance may indicate so to an usher and communion will be brought to you at the end.

The Holy Communion is distributed under the forms of both Bread and Wine. In the interest of public health, the Cathedral does not practice intinction, that is, the dipping of the Bread into the Wine. It is the faith of the Church that Jesus gives himself in the Sacrament whether it is received in only one kind or both. Gluten-free Wafers are available; please make your need known to the minister.

It is our custom to receive the bread in the upturned palms of our hands, and eat it immediately. Those who wish to receive wine should partake by sipping directly from the chalice. Please use your hands, holding the base of the chalice, to gently assist the server in guiding the chalice to your lips.

If you do not wish to receive communion, we invite you to come forward for a blessing. To show that you wish to receive a blessing, instead of the bread/wine, signal your desire by crossing your arms over your chest.

AT THE MINISTRATION OF COMMUNION

O Sacrum Convivium

Richard Farrant (c. 1563 –1626)

O sacrum convivium,
in quo Christus sumitur;
Recolitur memoria passionis ejus;
Mens impletur gratia;
Et futurae gloriae nobis pignus datur

O sacred feast,
in which Christ is received:
The memory of his passion is renewed.
The soul is filled with grace
and a pledge of future glory is given to us

THE POST COMMUNION PRAYER

BCP page 365

After Communion, the Celebrant says

Let us pray.

Celebrant and People

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. **Amen.**

GREETINGS AND ANNOUNCEMENTS

THE BLESSING

BCP page 339

THE FINAL HYMN – #690 Guide me, O thou great Jehovah

Cum Rhondda

THE DISMISSAL

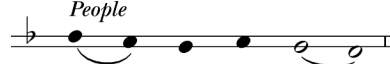
S174

Deacon



Let us go forth into the world, rejoicing in the pow - er of the Spi - rit.

People



Thanks be to God.

POSTLUDE – Toccata in F Major

Dietrich Buxtehude

CATHEDRAL LIFE | AUGUST 2
ST. PAUL'S CATHEDRAL – SPCBUFFALO.ORG

TODAY

- Bible Study – 9 a.m. lower level/Walker – coffee and discussion of scripture lessons for the week
- Coffee/Refreshments – after the 10:15 service, lower level/Walker

First Tuesday - August 4, 7:00 PM

On August 4 we celebrate the First Tuesday of the month. Grab your favorite beverage, and sit back and enjoy some chit chat with old and new friends at the SPC Zoom Coffee Hour.

One never knows what topic will come up. Join in with the Zoom link at the end of this email anytime between 7:00 and 7:45 pm when there is no particular agenda. Compline begins at 7:45 and we adjourn by 8:00.

Holy Hikes

Holy Hikes of Western New York, a ministry of St. Paul's Cathedral, is pleased to announce its full schedule (<https://tinyurl.com/mwc53bmn>) for the 2026 season. All hikes are held on the second Saturday of the month at 10am, unless otherwise announced. In August, we will hike at Stiglmeier Park in Cheektowaga. We hike rain or shine. All are welcome; carpooling will be available from the Cathedral at 9:30am or you can join us directly at the appointed hike location.



Children's Christian Education: "Godly Play"

St. Paul's offers "Godly Play: is a Montessori-based program on Sundays at 10am in the Bishop Scaife Room on the lower level of the Cathedral. Making meaning through story, wonder, and play, the program nurtures spiritual lives by honoring the centrality, competency, and capacity of children.

Parking at St. Paul's

Street parking is free on Saturdays and Sundays. There are also several nearby parking garages. We recommend:

- **Main Place Mall Parking** (221 Pearl St., Buffalo, NY 14202, <https://www.mainliberty.com/parking>) - This is our preferred garage for those coming to St. Paul's. We suggest that you use the entrance directly across from the Rath County Office Building, 166 Pearl, (you will notice the skywalk above) which is only a 1/2 block north of the Cathedral. Weekend parking is \$6 all day. Weekday rate: \$5 for 1 hr or less; \$7 for 3hr or less; \$12 full day. Accessibility: ADA-compliant spaces and elevator access available and 24/7 surveillance, well-lit areas, and patrolled security. EV Charging: Electric vehicle charging stations available.

Need help covering parking fees? We've got you covered! Bring your ticket from the Main Place Mall Parking with you. At the end of the service just see an usher for a voucher for your card. (If you can afford to pay, we kindly ask that you please leave this limited fund for those who can't, thank you!)

Additional ramps we suggest are:

- **Adam Ramp** (343 Washington St., Buffalo, NY 14202) - 1 1/2 blocks behind the Cathedral. Weekend parking is \$6 all day. Weekday rate: \$2.50 hr/ \$10 max.
- **93 Pearl Street Garage** (93 Pearl St. Buffalo, NY 14202) - A block south of the Cathedral. Daily Parking (Mon - Fri, 6 am - 6 pm) - \$10 Max

There are also several open/uncovered Premier Parking parking lots near the Cathedral. These require payment at a kiosk; fees are higher. Please note, when there are special events at Sahlen Field and the KeyBank Center, area lots charge Event Rates which are significantly more than daily rates.

SJAT Note Update: Summer Reading and Media List

Submitted by Estelle Siener for the Social Justice Action Team

Welcome to the Summer 2026 edition of our semi-annual book and media list – a list of some of reading and viewing that the members of the Social Justice Team found edifying and inspiring, and are recommending to others. The items are listed with those who recommended them. We'd love to talk with you about them. And we'd love to hear what you have been reading, so we can add them to our list!

(Books without a link are available at the Buffalo and Erie County Library. Items with links are either online or available at bookshop.org.)

FICTION

- **(Bill) Radio Free Vermont: A Fable of Resistance:** A novel by environmental activist Bill McKibben. It's a madcap story of "band of Vermonters who decide their state would be better off as its own republic."
- **(Estelle) The Other Foot by Ray Bradbury:** (Yes, that Ray Bradbury!) A short story about a White man that visits a Black colony on Mars. Freely available online.
- **(Nancy B) Theo of Golden by Allen Levi:** a beautiful story of the power of generosity.
- **(Estelle) Revolutionary Tales, Bill Mullin**
- **(Estelle) Dark Testament and Other Poems:** A book of poetry by Pauli Murray, the first black woman ordained as an Episcopal priest. The title poem of the history of slavery in the United States is brilliant.

- **(Bob) The Ladies' Paradise by Emile Zola.** First published in 1883, it tells the creating of the Department Store in 19th century Paris, and the changes in consumer culture. It's a tale not of the 'profit' on individual sales that matters, but maximizing the turnover in capital. Stay alert. The spirit of capitalism is present in every line. Read and experience.

NONFICTION

- **(Chris) The Country of the Blind: A Memoir at the End of Sight by Andrew Leland.** In addition to a moving memoir about the progression of retinitis pigmentosa, the author shares his research into assistive tools/technologies (Braille, screen readers, curb cuts) and disability rights activism. Particularly interesting to me was his consideration of whether and/or when he might use tools, technologies, and potential treatments.
- **(Gary J) An Immense World: How Animals Senses Reveal the Hidden Realms Around Us:** Science journalist Ed Yong explores how animals make see the world and prompt us to see with "other's eyes."
- **(Estelle) Borders and Belonging, The Book of Ruth:** a poet and a theologian, discuss in alternating chapters the Old Testament Book of Ruth, with themes of immigration and culture.
- **(Estelle) Barracoon: The Story of the Last "Black Cargo":** Zora Neale Hurston's transcription of interviews of Cudjo Lewis, age eighty-six at the time. Especially compelling as an audiobook.
- **(Estelle) One day Everyone Will Always Have Been Against This** by novelist and journalist Omar El Akkad. The title is a tweet the author wrote three weeks after the bombardment of Gaza. It was viewed over 10 million times!
- **(Bob) Private Power and Democracy's Decline: How to make capitalism support Democracy by Mordecai Kurz,** published this year. Kurz is the rare economist who is not content with a narrow 'economic' view, instead focusing on the human condition, especially, on dignity. Key point, for those harmed by an economic activity "standard economic reasoning cannot justify any particular compensation policy." And the novelty, 'restoring the economic livelihoods of those harmed by public policy is justified by the political benefits, not the economic ones.'

OTHER MEDIA

- **(Chris) Church and State are Being Reunited, Thanks to SCOTUS:** A podcast that discusses the separation of church and state and the goals of Christian Nationalism to break the separation down.
- **(Chris) Two of the Oscar-nominated documentary shorts.**

Children No More: "Were and Are Gone" is about an ongoing protest in Israel documenting children killed in Gaza. I appreciated the risks these activists took in showing up to protest.

All the Empty Rooms (the Oscar winner) is about a journalist documenting the bedrooms of children killed in school shootings. I found the intimacy very moving.

- **(Kim) Leading With Dignity: A Conversation with Donna Hicks** TED Talk (19:40 min) If you missed the Book Club on Zoom this spring with Bishop Lane (or even if you participated) you may want to listen to this inspiring talk by the author of Dignity.[https://www.youtube.com › watch?v=y5vnCnB4JcE](https://www.youtube.com/watch?v=y5vnCnB4JcE)
- **(Kim) Exhibition Tour—Raphael: Sublime Poetry:** YouTube video (16:22 min) A tour through the Raphael exhibit at the NYC Metropolitan Museum of Art with art historian Carmen Bambach. The exhibit highlights, in particular, his Madonna and Child paintings. Follow more of the story of the exhibit at How do you transport and hang tapestries that are over 20-feet-long? YouTube video (~1:30 min)

Pastoral Care Ministry at St. Paul's

Recent changes have been made to the intercessions that are offered during the Prayers of the People. Names may be submitted for those who are in acute or critical need. Names will remain on the list for six weeks. Should you wish to have them remain on the list longer, that request may be made to the Dean. We will maintain a separate Pastoral Care prayer list for those who are homebound and in nursing homes, or may request ongoing prayer. This list will remain in the announcements and on the eNews, but individual names will not be included in the intercessions. We do ask that the entire congregation remember these beloved of our community in your prayers and join with us in praying for them. We hope that this will shorten the prayers while holding in our hearts and prayers, all those in need and absent from us.

In a Pastoral Emergency, please contact—The Very Reverend Rebecca A. Barnes, Dean at [646-533-1836](tel:646-533-1836)/e-mail at deanrebecca@spcbuffalo.org; or The Reverend Elizabeth Grohowski, [212-222-8109](tel:212-222-8109). If you, or a family member, are in the hospital, a healthcare facility, or are home bound and would like to have a visit from one of the clergy or a member of our Pastoral Care Committee, please contact the cathedral office at [716-855-0900](tel:716-855-0900) or at office@spcbuffalo.org. Due to the Health Insurance Portability and Accountability Act, commonly known as HIPAA, hospitals no longer automatically provide churches with names of admitted parishioners. If you or a family member are hospitalized or in a healthcare facility, you or someone acting on your behalf will need to notify the church to assure that proper pastoral care may be offered. St. Paul's complies with all HIPAA requirements and cannot provide personal information for sick or injured members without permission of the member or his or her close family member. Additionally, if you or a loved one are hospitalized or homebound and desire regular Eucharistic visitation, please notify the parish office. Eucharistic Visitations are customarily made once per month; weekly visits may be scheduled upon request.

– Dean Rebecca

Prayer and Pastoral Care

We lift up the following in prayer especially Rob, Lynne, Alex, Jim, Mariann, Sean & Kevin, Chuck, Clark, Chris, Joe, Larry, Sean and Kevin, Sharon, Elaine, Howard, Lillian, Patty, Renee, Jim, Judy, Ann, Carol, and Shirley, and the people of the Democratic Republic of the Congo and those who are living in fear of or suffering from the Ebola outbreak.

We also remember all those who have died, especially Antonio, Thomas, Marilyn, Priscilla, Neil, and Vicki, and those whose anniversaries of death we mark this week. We pray for them and their loved ones who remember them.

ACROSS THE DIOCESE AND THE CHURCH

From Bishop Stephen Lane

Dear Friends in Christ,

If you were to ask a random bunch of Episcopalians about their favorite church services or worship memories, you would more than likely hear stories about Christmas Eve. Ironically, there is no requirement for a Christmas Vigil. The Propers are just for the First Service of Christmas. But there is something about the darkness, the candlelight, the Christmas hymns and carols, the birth of a child that pulls us into a place of mystical wonder. For many of us Christmas Eve is our favorite service.

Christmas is the celebration of the Incarnation, God with us and in us. The Incarnation has been called the Anglican Heresy because it is so central to our belief, more popular than Easter. We believe that the Spirit of God is present in us and that through prayer and worship that our spirits are strengthened for our service in the world. Every Sunday service ends with the charge, "Go in peace to love and serve the Lord." We are sent, filled with the Spirit, to serve the world God has made.

Episcopalians are sometimes criticized for a certain dryness. We are "the people of the Book (of Common Prayer)." We are not renowned for enthusiasm in worship or for public expressions of spirituality. We are chastised for being cold and intellectual. But those criticisms miss the mark. We believe we are given the Spirit in Baptism and "marked as Christ's own forever." The Spirit dwells in us, and we spend a lifetime nurturing and sustaining the Spirit in us. We are Spirit-filled people.

All of this is critical for understanding what happens when we gather for worship and for decision-making. Whatever your community looks like on Sunday morning or at a Vestry meeting or at coffee hour, the Spirit of God is present. I like to say, "God is right here, right now." And worship and decision-making and conversation take place under the guidance of the Holy Spirit.

Sometimes, of course, we're inattentive. We're distracted by cares at home or at work, by ill-

ness, by noisy children, by unfamiliar music. We forget to pray. We don't open ourselves to God's presence. We neglect our mystical connection with God and one another in Christ. But the Spirit of God is still present, still available, still ready to give us aid.

This is why, when we meet in Diocesan Convention or for a Vestry meeting, we always take time to pray. We call on the Spirit to be with us and to be part of our conversing and deciding. We remind ourselves that God is with us, right here, right now, and that when we pay attention our small meeting opens to the presence and purposes of God. Sometimes we fuss about this. We want to get down to business. Remembering that God is present with us is the first order of business for us in whom the Spirit dwells!

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I will be on vacation during August. I've asked several leaders of the diocese to offer the opening article for our Newsletter. I'm grateful for their willingness to take this on. If you have concerns about scheduling or appointments, please be in touch with Shawn Slother [sslother@episcopalwny.org]. If you have emergencies or concerns about worship or governance, please be in touch with Canon Cathy Dempsey-Sims [cdsims@episcopalwny.org].

Blessings,
Bishop Steve

New or visiting today? Everything you need to participate in worship is in this bulletin and the Hymnal in the pew (red or blue). We invite you to join in praying, singing, and responding, as you are comfortable.

Restrooms are located on the lower level. From the elevator, proceed through the double glass doors and look to your right for an accessible restroom. Additional restrooms are on the same level, to the left, near the kitchen.

Children are always welcome in worship and are invited to explore! Greeters can provide activity kits, available in the back of the church. Godly Play is also offered. For details: cathedral@spcbuffalo.org.

MINISTERS OF THE LITURGY

Kathy Reiss, Delwyn Milander; Altar Guild
Frank Smigelsky, Robert Ludwig; Ushers
Jessy Alexander, Patricia Hills; Coffee Hour Hosts
Tracy Thomas; Livestreaming Technician

Kathy Reiss, Elenora Heffner, Alan Blackburn; Readers
Andrew Jacob; Crucifer
Kathy Reiss, Michael Bonilla; Intercessors
Evelyn Smigelsky; Eucharistic Minister

The Choir of St. Paul's Cathedral
Patricia Hills; Conductor
Tim Socha; Guest Organist

The Very Reverend Rebecca A. Barnes; Celebrant and Preacher

EPISCOPAL DIOCESE OF WESTERN NEW YORK

The Rt. Rev. Stephen T. Lane, Bishop Provisional
<https://episcopalwny.org/>

CATHEDRAL CLERGY / STAFF

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The Rev. Elizabeth Grohowski, Associate for Pastoral Care
Teresa Carter, Administrator • teresa@spcbuffalo.org • 855-0900 ext. 222
Thomas Himmelsbach, Maintenance

CATHEDRAL WARDENS

Michael Bonilla, Warden (bonz5647@yahoo.com) • Estelle Siener, Warden (estelle.siener@gmail.com)

The people of St. Paul's Episcopal Cathedral strive to be a beacon of
God's love in Western New York through transformative worship, inclusive fellowship,
and active service in partnership with the wider community.

ST. PAUL'S EPISCOPAL CATHEDRAL

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