

8 Benefits of Summer Camp

[Summer Camp](#) is not just about finding something to occupy your child's time during those long months when they're out of school. It provides them with so many benefits, beyond getting them away from their smartphones or favorite TV shows. Whether it's enhanced learning, skill building and self-esteem, making new friends or broadening horizons, summer day camp is a must for your young learner. Here are 8 of the top benefits of sending your child to day camp this summer.



Camp natures social skills:

Coming to camp means joining a close-knit community where everyone must agree to cooperate and respect each other. Kids share chores, resolve disagreements, and see firsthand the importance of sincere communication. **Camp builds team work.**



Camp reintroduces kids to nature:

Camp is a wonderful antidote to “nature deficit disorder,” to the narrow experience of modern indoor life. Outdoor experience enriches kid’s perception of the world and supports healthy child development. **Camp gets kids back outside.**



Camp helps kids unplug and build friendships

Camp is the place where kids make their very best friends. Free from the social expectations pressuring them at school, camp encourages kids to relax and make friends easily. All the fun at camp draws everyone together— singing, laughing, talking, playing, doing almost everything together. **Camp creates friendships.**



Have free time for unstructured play

Free from the overly-structured, overly-scheduled routines of home and school, life at camp gives children much needed free time to just play. Camp is a slice of carefree living where kids can relax, laugh, and be silly all day long. **At camp we play!**



Camp enhances self-confidence

Experience success and become more confident – Camp helps children build self-confidence and self-esteem by removing the kind of academic, athletic and social competition that shapes their lives at school. With its non-competitive activities and diverse opportunities to succeed, camp life is a real boost for young people. There's accomplishment every day. **Camp teaches kids they can.**



Camp models healthy living

As children spend so much time these days inside and mostly sitting down, camp provides a wonderful opportunity to move. Running, jumping, hiking, climbing! **Camp is action!**



Camp helps kids to learn resilience

The kind of encouragement and nurture kids receive at camp makes it a great environment to endure setbacks, try new (and thereby maybe

a little frightening) things, and see that improvement comes when you give something another try. **Camp helps to conquer fears.**



Camp helps prevent the summer slide

Have you heard of [the summer slide](#)? It's the learning loss children experience during the summer months, causing them to play catch-up in the fall. The phenomenon has been studied by the

Brookings Institute, [Johns Hopkins](#) and other organizations and it's quite real — students lose an average of two months of grade-level equivalency in reading and math during the summer months. Not only is it detrimental to your child's learning, it's expensive for the school district as well. Some estimates cite that re-teaching forgotten material costs already-strapped

school districts [\\$1,500 per child per year](#). A better solution? Summer learning. It closes those gaps, letting your child hit the ground running in the fall. **Camp helps summer learning.**

At Spanish Workshop for Children, we provide dynamic, play-based Spanish language summer camp taught by native speakers. For more information, [Spanish Workshop Summer Camp program](#).