



# Dietetics and Nutrition

**FIU**

Robert Stempel College  
of Public Health  
& Social Work



# Dietetics and Nutrition

The field of dietetics and nutrition is dynamic and rapidly evolving as more research examines the relationships between food, nutrition, human health and disease. With a greater emphasis on preventive health care and improved eating habits, we are committed to supporting our communities by promoting healthier lifestyles through better nutrition across diverse populations.



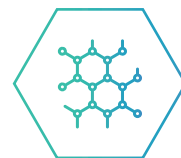
## LABORATORY EXPERIENCE

Dietetics and Nutrition students at Stempel College have the opportunity to work directly in labs, allowing for direct theory-practice connections. Stempel's state-of-the-art facilities and food labs are outfitted to give students hands-on experience in one-on-one nutrition counseling and food production.



## THE FOOD LAB

This cutting-edge food lab is where students gain hands-on experience testing ingredients, developing recipes and learning from experts.



## NUTRITION SCIENCE LAB

This is a full-capacity laboratory space for nutrition science with a specialization in antioxidants, immunology and oxidative stress.



# Programs Offered:

Bachelor of Science in Dietetics and Nutrition: Didactic Program in Dietetics (DPD)

Bachelor of Science in Dietetics and Nutrition: Nutrition Science

Minor in Nutrition

Master of Science in Dietetics and Nutrition

Ph.D. in Dietetics and Nutrition

Graduate Certificate in Pediatric Nutrition

Dietetic Internship Graduate Program (DI)

## BACHELOR OF SCIENCE IN DIETETICS AND NUTRITION: DIDACTIC PROGRAM IN DIETETICS (DPD)

The Didactic Program, one of only four Didactic Programs in Dietetics (DPD) in the state of Florida, helps prepare future practitioners and applied researchers in dietetics, food and nutrition to build a healthier society. The program prepares graduates to advance the profession through research on nutrition in health promotion, integrating food and nutrition services into the community, and fostering healthy lifestyles in underserved populations through community engagement.

## BACHELOR OF SCIENCE IN DIETETICS AND NUTRITION: NUTRITION SCIENCE

The Nutrition Science Program emphasizes the basic sciences—biology and chemistry—and uses this foundation to build up to the nutrition science core curriculum. Students explore optimal health, disease states, human physiology, metabolism, as well as the complex relationship between nutrients/non-nutrients in foods. The program prepares graduates to enter pre-professional programs after graduating such as medical/dental, occupational therapy, physical therapy, pharmacy, physician assistant, registered nurse or allied health sciences.

*This track does not lead to a Verification Statement for the national examination for the professional registration, which is the case with the Didactic Program in Dietetics (DPD).*

## MINOR IN NUTRITION

The minor program is an opportunity for students with the time and inclination to learn more about dietetics and nutrition, but are not interested in obtaining an internship to become a Registered Dietitian Nutritionist (RDN) or in applying to pre-professional programs.

## MASTER OF SCIENCE IN DIETETICS AND NUTRITION

The M.S. in Dietetics and Nutrition prepares students with the knowledge and skills needed to build a healthier society. The field of dietetics is dynamic and continuously evolving as more research is conducted on the relationships between food, nutrition, human health and disease. The program includes conducting evidence-based research as well as providing community service by promoting healthier lifestyles through better nutrition across diverse populations.

## PH.D. IN DIETETICS AND NUTRITION

The Ph.D. program in Dietetics & Nutrition prepares graduates to assume leadership roles in research, academia, government agencies, private industry and community-based organizations. The doctoral program allows students to study and work side-by-side with nationally known educators, researchers and practitioners who serve as mentors. The Department of Dietetics & Nutrition has state-of-the-art laboratories for both research and teaching.

For those who would like to be self-employed, a Ph.D. is the ideal credential to increase earning potential as a consultant.

## GRADUATE CERTIFICATE IN PEDIATRIC NUTRITION

The Pediatric Certificate Program offers students at the post-baccalaureate level the opportunity to pursue an interdisciplinary concentration in the study of pediatric nutrition. The certificate empowers dietitians/nutritionists and other health care professionals to integrate nutrition into health care and public health settings with pregnant and lactating women, infants and children.

## DIETETIC INTERNSHIP GRADUATE PROGRAM (DI)

The Dietetic Internship (DI) Graduate Program is a post-baccalaureate, non-degree granting program that prepares competent entry-level registered dietitian nutritionists, through experiential learning and evidence-based practice.

## Endless Opportunities

A degree in dietetics and nutrition will open the door to endless opportunities.

Florida is

# #4

of the top five states in the country with the highest employment levels in the field.

The employment growth is projected at

# 16%

between 2014-2020. This is significantly higher than the average 7 percent increase projected in other fields.

Ranked

# #53

of 100 Best Jobs by U.S. News and World Report.

# What our alumni say

*"Working in this environment prepared me to become a professional and gather great resources/advice from my professors. I received great mentorship."*

**Master of Science in Dietetics and Nutrition, '17**

*"Faculty are committed to helping students learn."*

**Master of Science in Dietetics and Nutrition, '17**

*"The community based research and classroom instruction were very important to me."*

**Dietetics and Nutrition Ph.D., '17**

*"Professors are available and flexible for assistance, and this means a lot to a student with a complicated schedule."*

**Master of Science in Dietetics and Nutrition, '18**

*"I appreciated the opportunity to do research and work in teams."*

**Master of Science in Dietetics and Nutrition, '18**

Visit: [stempel.fiu.edu/student-life/alumni-affairs/](http://stempel.fiu.edu/student-life/alumni-affairs/) for stories about our alumni.

## Apply today!

**For more information about Dietetics and Nutrition:**

**Visit** [stempel.fiu.edu/academics/department-dietetics-nutrition/](http://stempel.fiu.edu/academics/department-dietetics-nutrition/)

**Email** [stempelinfo@fiu.edu](mailto:stempelinfo@fiu.edu)

**Call** 305-348-7777

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