Agenda

- Welcome
- Office of Student and Alumni Affairs Overview
- Library Services
- Student Organizations Introduction
- Program Breakout Sessions

Link to Orientation page:
https://go.fiu.edu/stempelnewstudentorientation
# Academic Programs at Stempel College

**Department of Dietetics and Nutrition:**
- Bachelor’s
- Master’s
- Ph.D.

**Public Health Programs (MPH and PhD):**
- Biostatistics
- Epidemiology
- Infectious Disease
- Environmental Health Sciences
- Environmental Toxicology
- Health Promotion & Disease Prevention
- Maternal & Child Health
- Health Disparities
- MPH Online Generalist

**School of Social Work:**
- Bachelor’s
- Master’s
- Ph.D.

**Academy for International Disaster Preparedness:**
- Bachelor’s
- Master’s
Office of Student & Alumni Affairs
Meet the OSAA Team

Dr. Susy Gómez – Assistant Dean of Student & Alumni Affairs
Lauren Cavicchi – Assistant Director of Career Development
Irene Abad – Manager of Academic & Student Success
Jose Candelaria – Admissions Operations Manager
Zoraya Arguello – Sr. Coordinator of Public Health Programs
Fiorella Suyon – Public Health Admissions Coordinator
Sandhya Appunni – Data Analyst
Lorell Morales – Student Assistant
Julio Morales – Student Assistant
Student Success
Office of Student & Alumni Affairs Overview
Located in AHC5 Room 145 | 305-348-7783

- Important Dates
- University Resources and Activities
- College Resources and Activities

Student Success
- Professional Development
- Funding and Access to On-campus Resources
- Student Engagement
- Outreach and Staying Connected
New Graduate Student Orientation
University Graduate School

Part 1: General Information Session
Thursday, August 18, 2022 | 11:00am to 12:30pm
GL 100

Part 2: Graduate Student Life and Resources Panel
Wednesday, August 31, 2022 | 12:00pm to 2:00pm
MARC 290

International Student and Scholars Services
Welcome International Student Session

Friday, August 19, 2022
3:00-5:00 p.m. | SASC Building – 1st floor
Our No. 1 priority is the continued wellbeing of our faculty, staff and students. As we continue to face the risks posed by COVID-19, and given the recent rise in positive cases, our university community must remain vigilant and take precautions to ensure everyone’s health and safety.

Students, faculty, and staff are highly encouraged to utilize the P3 app to report symptoms of COVID or a COVID-positive test. Through the app, individuals can access resources available to them if they test positive or have been exposed to someone who has COVID-19.

FIU’s COVID testing site is available to students, Call the FIU Student Health Center at 305-348-8385 to make an appointment at MMC.

FIU has partnered with Curative to offer free COVID-19 testing at on-campus walk-up testing stations for students. To make an appointment, please visit Curative.com.

FIU urges all of our students to get the COVID-19 vaccine - offered at the Student Health Center by appointment only, call 305-348-8385.
The Panther Book Pack is an affordable course materials rental program providing all undergraduate students with their required course materials by the first day of class at a fixed rate of $20 per credit hour. Students are estimated to save as much as $375 on course materials per semester with the Panther Book Pack program.

Log in to MyFIU using your FIU credentials and locate the Panther Book Pack tile toward the bottom of the page.
OneStop
Phone/Chat Hours
Monday – Thursday: 9am – 8pm
Friday: 9am – 6pm
https://onestop.fiu.edu/contact/onestop/

Last day to enroll without incurring a late enrollment fee: **August 21st**
Last day to Add/Drop: **August 29th**
Enrollment cancellation for non-payment: **September 2nd**

First day of class? **Monday, August 22nd**
University Resources & Activities

Professional Development

➢ Career & Talent Development: https://career.fiu.edu
➢ Center for Leadership and Service: https://studentaffairs.fiu.edu/get-involved/leadership-and-service/
➢ Workshops for Graduate Students: http://gradschool.fiu.edu/events/category/workshop/

Other Resources

➢ Student Government Association
➢ Graduate & Professional Student Committee (GPSC)
University Resources

• Counseling & Psychological Services
  • Individual, group, online, and couples counseling
• Student Health Services- Healthy Living Program
  • Chair Massages
  • Aromatherapy oils
  • Dietitian Consultation
• Wellness & Recreation Center (AKA: Gym)
  • FREE classes and Fitness Assessment
• FIU Food Pantry
  • 10 pounds of food per week- currently located in GC 319
  • https://dasa.fiu.edu/all-departments/student-food-pantry/
• Tutoring Services
FIU CAPS: Counseling and Psychological Services

Offers many services for students including online self-help, counseling, workshops, resources, anxiety/depression help, and a variety of other services! We are here to help you succeed!

Website: caps.fiu.edu

Contact

Modesto A. Maidique Campus
Student Health Center (SHC) 270
305-348-2277 (CAPS)
Monday - Friday: 8 AM - 5 PM

Biscayne Bay Campus
Wolfe University Center (WUC) 320
305-919-5305
Monday - Friday: 8 AM - 5 PM

Follow us!

[Social media icons]
• Affordable and accessible student-focused medical care
• Pharmacy
• Healthy Living Program
• Stress Management
• Massage therapy/acupuncture
• Free aroma therapy oils
• And MORE!!!

Currently seeing students by appointment only. In-person and telehealth meeting options are available. In order to protect the well-being of students and our staff, they are not accepting walk-in appointments. Please call 305-348-8385 or use the MyHealthInfo Portal to schedule an appointment.
The student food pantry provides non-perishable food items including canned proteins, fruits, dairy, vegetables, and soups, along with grains, oils and condiments. Toiletry items are also provided in our pantry.

The pantry is available to all currently enrolled FIU students. Proof of need is not required, and students can visit once a week, taking 10 pounds of food per visit. All you need is your FIU Onecard!
FIU Center for Excellence in Writing

Assist students in all stages of the writing process through face-to-face and online tutoring, workshops and community engagement. Whether you are brainstorming, drafting, revising or polishing, their writing consultants can assist you with papers, reports, and projects for any course in any department.

Make an appointment at:
writingcenter.fiu.edu/
FREE!!!!

The Center for Academic Success has plenty of tutors who are able available to help you with your academic needs.

Online tutoring is also available.

Book a tutoring session today at: https://cfas.fiu.edu/
Stempel College Student Success Resources
Career Events

Wednesday, October 12th – Zoom
Resume & Cover Letter Writing: 3:00pm-4:00pm
CV & Cover Letter Writing: 4:00pm-5:00pm

Tuesday, October 25th – Zoom
Job and Internship Search Strategies
1:00pm-2:00pm

Wednesday, November 16th – Zoom
Interviewing Skills & Salary Negotiation
4:00pm-5:00pm
Stempel College Career Development Overview

- One on one Career Coaching
- Career Exploration/Assessments (MBTI & Strong)
- Employment/Internship Opportunities
- Networking/Career Events
- Professional Development Workshops
- Handshake
- VMOCK

Panther Career Readiness Module Requirement
Handshake is FIU's new database for career opportunities and events.

Use Handshake to:
- apply to internships, full-time and part-time jobs
- make an appointment to meet with a career coach
- see upcoming workshops, career fairs and events
- find employers for on-campus interviews

FIU.JOINHANDSHAKE.COM
Career Prep Starts Today!
Communicating with Your Professors

- Use and check your FIU email
  - Do not use your 2cute4u@something.com or McLovin@something.com
- Informative subject line
- Begin with a formal greeting
  - ie: Good Afternoon, Dear, Hello, or Greetings Professor ________
    (NOT: hey, what’s up)
- No text-emailing (slang, emoticons, abbreviations)
  - ie: How r u?, Thx 4 ur help, idk what 2 rite
- Ask clear questions or provide clear statements
  - Be concise and professional
- Check your grammar (punctuation, spelling)
- Close email properly and include your name and panther ID
  - Sincerely, Best Regards, Thank you
Career Development Contact Information

Ms. Lauren Cavicchi, Assistant Director
Career Development
lcavicch@fiu.edu
(305) 348-2264

Stempel College Office of Student & Alumni Affairs
AHC5-142

Professional Development Workshop Calendar:
https://stempel.fiu.edu/students/careers/index.html
Financial Wellness

• Searching and applying for scholarships
• Addressing Emergencies (Emergency Aid Fund)
• Figuring out your tuition and account balance
• Accessing your financial aid funds
• Offer *Funding Your Graduate Education* Workshop

FIU’s Financial Wellness Program
finwell.fiu.edu

• Workshops
• *iGrad* (Financial Literacy Platform)
• Financial Wellness Coaching
Scholarships

- Stempel College
  - https://stempel.fiu.edu/students/funding-your-education/index.html
- FIU Scholarships and Academic Works
  - https://fiu.academicworks.com
- Office of Scholarships
  - https://scholarships.fiu.edu
- Honors College
  - https://honors.fiu.edu/current-students/scholarships/
- OneStop
  - https://onestop.fiu.edu/finances/types-of-aid/scholarships/
- University Graduate School
  - http://gradschool.fiu.edu/students/funding/
- International Student & Scholar Services
  - https://isss.fiu.edu/finances-taxes/financial-resources/
Perks

• FIU Panther TECH
  • FREE downloads of Microsoft Office and McAfee LiveSafe Antivirus
• FIU Library- Tech Hub
  • Borrow a laptop (4 hours or up to 3 days)
  • Borrow other devices (tablets, accessories, Kindle, calculators, flipcams, etc.)
  • [https://library.fiu.edu/using-the-library/device-checkout](https://library.fiu.edu/using-the-library/device-checkout)
• Parking & Transportation
  • FreeBee- Free on-demand door to door transportation services for our FIU community, simply download the app
  • Panther Mover- MMC shuttle between PC loading dock and Panther Garage
  • Panther Express- from BBC to MMC
  • CATS Shuttle- from MMC to EC
  • [https://parking.fiu.edu/](https://parking.fiu.edu/)
• FIU One-Card Rewards
  • Earn points and get prizes
  • [https://onecard.fiu.edu/](https://onecard.fiu.edu/)
Student Discounts

• FIU Panther TECH
  • Greatly discounted software including major specific (ie: SPSS)
  • Computers, tablets, phones, repairs, etc.
• FIU Retail & Services
  • Retail- From FIU apparel to course materials, printing & shipping, optical care, and more
  • Services- From health & beauty, to automotive care, and banking
    • https://shop.fiu.edu/
• Children’s Creative Learning Center
  • Must be full time student (9 cr. for undergrad and 6 cr. for grad)
  • Ages 2-5 years old
    • https://dasa.fiu.edu/all-departments/childrens-creative-learning-center/
• FIU Bike Shop
  • Discount on repairs, etc.
    • https://dasa.fiu.edu/all-departments/bike-shop/
Student Discounts

- Tickets At Work
  - Company Code: FIUPANTHERS
- FIU Human Resources Perks
  - [https://hr.fiu.edu/employees-affiliates/benefits/perks-services/](https://hr.fiu.edu/employees-affiliates/benefits/perks-services/)
- Amazon Prime Student
  - To Sign Up, all you need is your FIU email!
- Adrienne Arsht Center- Utix
- Online stores via UniDays
  - [https://www.myunidays.com/US/en-US/content/about](https://www.myunidays.com/US/en-US/content/about)
- Phone Service Provider (AT&T, Sprint, T-Mobil, Verizon)
- Car Insurance (Geico)
Stay Connected!

Stempel College Office of Student & Alumni Affairs
AHC5-145
Monday thru Friday 8:30 am-5:00 pm
Phone: 305-348-7783

• Events, Funding, and Career Opportunities—Weekly Newsletter
• Student Organizations & Collaboration with OSAA
• Student Resources https://stempel.fiu.edu/students/index.html
Student Life at Stempel College
Student Organizations

Student Dietetics Association (SDA)
Linibeth Peña, President
president.sda@gmail.com

Student Social Work Association (SSWA)
Taylor Amor, President
tamor002@fiu.edu

Phi Alpha (SW Honor Society)
Trinity Nieves, President
tniev004@fiu.edu

Stempel Public Health Association (SPHA)
Deidre Okeke, Member
dokek001@fiu.edu

Environmental Health Student Association (EHSA)
Nicole Blum, President
nblum@fiu.edu

Leaders in Maternal & Child Health (LMCH)
Christelle Cesare & Claudia Figueroa, Members
ccesa006@fiu.edu  cfigu035@fiu.edu

https://go.fiu.edu/stempelorgs
Breakout Sessions

School of Social Work – GL 100

Department of Public Heath – GL 100A

Department of Dietetics & Nutrition – GL 165