Fall 2025

	Monday 09/15	Tuesday 09/16	Wednesday 09/17	Thursday 09/18	Friday 09/19
Breakfast					
Free Style™	Ham, Chicken, Quinoa Salad, and Apple Pack Banana Bread Oatmeal (GF)	Chicken Salad Sandwich on Top Allergen-Free Bread Strawberry Cup	Ham, Chicken, Quinoa Salad, and Apple Pack Banana Bread Oatmeal (GF)	Chicken Salad Sandwich on Top Allergen-Free Bread Spicy BLT Avocado Toast on Top Allergen-Free Bread	Ham, Chicken, Quinoa Salad, and Apple Pack Banana Bread Oatmeal (GF)
The Main Ingredient®	Chicken Biscuits Egg and Cheese Biscuit	Chicken Biscuits Scrambled Eggs with Cheddar	Chicken Biscuits Egg and Cheese on English Muffin	Chicken Biscuits Scrambled Eggs	Chicken Biscuits Sausage Biscuit
Transit Fare®	Strawberry Cup Oreo® Pudding Parfait	Pineapple Cup Assorted Grapes	Strawberry Cup Pineapple Cup	Strawberry Cup Pineapple Cup	Strawberry Cup Pineapple Cup
Lunch					
Seasonings	Includes Spa Water Bang Bang Chicken	National Hispanic Heritage Month Shredded Beef Burrito Combo	Combo includes Spa Water Beef Bolognese	Combo includes Spa Water Pollo Guisado Plate	Combo Bowl includes Spa Water General Tso's Chicken
Improvisations®	Soup and Salad Combo includes Spa Water Lentil Vegetable Soup	Soup and Salad Combo includes Spa Water Butternut Squash Bisque	Soup and Salad Combo includes Spa Water Lentil Vegetable Soup	Soup and Salad Combo includes Spa Water Butternut Squash Bisque	Soup and Salad Combo includes Spa Water Lentil Vegetable Soup
Crossroads	Basket includes Spa Water Barbecue Pork Quesadillas	Combo includes Spa Water Chicken and Waffle Combo	Basket includes Spa Water BBQ Beef Basket	Basket includes Spa Water Chicken Tender Basket	Basket includes Spa Water Cheeseburger and Fry Basket
Free Style™	Ham, Chicken, Quinoa Salad, and Apple Pack Roasted Cauliflower and Chickpea Salad	Chicken Salad Sandwich on Top Allergen-Free Bread Honey-Lime Southwestern Tossed Salad	Ham, Chicken, Quinoa Salad, and Apple Pack Roasted Cauliflower and Chickpea Salad	Chicken Salad Sandwich on Top Allergen-Free Bread Honey-Lime Southwestern Tossed Salad	Ham, Chicken, Quinoa Salad, and Apple Pack Roasted Cauliflower and Chickpea Salad
Trattoria	Pizza Combo includes Two Slices and Spa Water Cheese Pizza Pepperoni Pizza	Pizza Combo includes Two Slices and Spa Water Cheese Pizza Pepperoni Pizza	Pizza Combo includes Two Slices and Spa Water Cheese Pizza Pepperoni Pizza	Pizza Combo includes Two Slices and Spa Water Cheese Pizza Pepperoni Pizza	Pizza Combo includes Two Slices and Spa Water Cheese Pizza Pepperoni Pizza
Transit Fare®	Chicken Caesar Salad Garden Salad with Pesto Chicken Ham and Cheese Sub	Chicken Caesar Salad Garden Salad with Pesto Chicken Ham and Cheese Sub	Chicken Caesar Salad Garden Salad with Pesto Chicken Ham and Cheese Sub	Chicken Caesar Salad Garden Salad with Pesto Chicken Ham and Cheese Sub	Chicken Caesar Salad Garden Salad with Pesto Chicken Ham and Cheese Sub
Splashes	Included with All Combos Water House-Made Lemonade	Included with All Combos Water House-Made Lemonade	Included with All Combos Water House-Made Lemonade	Included with All Combos Water House-Made Lemonade	Included with All Combos Water House-Made Lemonade