Fall 2025

	Monday 10/06	Tuesday 10/07	Wednesday 10/08	Thursday 10/09	Friday 10/10
Breakfast					
Free Style™	Turkey Sandwich on Top Allergen-Free Bread	Veggie and Hummus Sandwich on Top Allergen-Free Bread	Turkey Sandwich on Top Allergen-Free Bread	Veggie and Hummus Sandwich on Top Allergen-Free Bread	Grilled Canadian Bacon
The Main Ingredient®	Chicken Biscuits Sausage, Egg, and Cheese Biscuit	Chicken Biscuits Scrambled Eggs with Cheddar	Chicken Biscuits Ham and Pimento Cheese Biscuit	Chicken Biscuits Scrambled Eggs	Chicken Biscuits Crispy Chicken and Waffles with Maple Syrup
Transit Fare®	Strawberry Cup Pineapple Cup	Pineapple Cup Mixed Berry Parfait with Granola	Strawberry Cup Pineapple Cup	Strawberry Cup Pineapple Cup	Strawberry Cup Pineapple Cup
Lunch					
Seasonings	Bowl includes Spa Water Baked BBQ Chicken Thighs with House-Made BBQ Sauce	Combo includes Spa Water Spaghetti and Meatballs	Soft Pretzel Bar	Craft BBQ	Combo includes Spa Water Shrimp and Cheddar Grits
Improvisations®	Soup and Salad Combo includes Spa Water Creamy Tomato-Basil Soup	Soup and Salad Combo includes Spa Water Spicy Beef and Bean Chili	Soup and Salad Combo includes Spa Water Italian Wedding Soup	Soup and Salad Combo includes Spa Water Spicy Beef and Bean Chili	Soup and Salad Combo includes Spa Water Italian Wedding Soup
Crossroads	Basket includes Spa Water Grilled Cheese and Soup Basket	Basket includes Spa Water Chicken Nuggets	Basket includes Spa Water Baked Chicken Corn Dogs	Basket includes Spa Water Shredded BBQ Beef Burrito	Basket includes Spa Water Nashville Chicken Basket
Free Style™	Turkey Sandwich on Top Allergen-Free Bread Garden Salad with House-Made Golden Italian Dressing	Veggie and Hummus Sandwich on Top Allergen-Free Bread Blueberry Quinoa Salad	Garden Salad with House-Made Golden Italian Dressing Turkey Sandwich on Top Allergen-Free Bread	Veggie and Hummus Sandwich on Top Allergen-Free Bread Blueberry Quinoa Salad	Garden Salad with House-Made Golden Italian Dressing Turkey Sandwich on Top Allergen-Free Bread
Trattoria	Pizza Combo includes Two Slices and Spa Water Cheese Pizza	Pizza Combo includes Two Slices and Spa Water Cheese Pizza	Pizza Combo includes Two Slices and Spa Water Cheese Pizza	Pizza Combo includes Two Slices and Spa Water Cheese Pizza	Pizza Combo includes Two Slices and Spa Water Cheese Pizza
Craft BBQ				Combo includes Spa Water BBQ Ribs	
Transit Fare®	Chicken Caesar Salad Garden Salad with Pesto Chicken	Chicken Caesar Salad Garden Salad with Pesto Chicken	Chicken Caesar Salad Garden Salad with Pesto Chicken	Chicken Caesar Salad Garden Salad with Pesto Chicken	Chicken Caesar Salad Garden Salad with Pesto Chicken
Splashes	Included with All Combos Water	Included with All Combos Water	Included with All Combos Water	Included with All Combos Water	Included with All Combos Water