

# MID-ATLANTIC MEDWAR

## MEDICAL WILDERNESS ADVENTURE RACE



**MARCH 23 ■ NEWPORT NEWS PARK**

13560 Jefferson Avenue, Newport News, VA 23603

Teams of three will mountain bike, canoe, and orienteer while navigating to checkpoints containing wilderness medicine scenarios and questions.



Registration includes:

- Canoe rental
- Event shirt and water bottle
- Optional camping Friday night (email if interested)
- Race admission
- Post-race celebration event and meal
- CME/CE credits

Fees:

\$150 early bird team pricing

\$165 per team after Feb. 22

*Register at [www.medwar.org/reg-midatlantic](http://www.medwar.org/reg-midatlantic)  
[virginiamedwar@gmail.com](mailto:virginiamedwar@gmail.com)*

**EPT** EMERGENCY  
PHYSICIANS OF  
TIDEWATER, PLC

**EVMS**  
Eastern Virginia Medical School

