

MID-ATLANTIC **MEDWAR** MEDICAL WILDERNESS ADVENTURE RACE



MARCH 23 ▀ NEWPORT NEWS PARK

13560 Jefferson Avenue, Newport News, VA 23603

Teams of three will mountain bike, canoe, and orienteer while navigating to checkpoints containing wilderness medicine scenarios and questions.



Registration includes:

- Canoe rental
- Event shirt and water bottle
- Optional camping Friday night (email if interested)
- Race admission
- Post-race celebration event and meal
- CME/CE credits

Fees:

\$150 early bird team pricing

\$165 per team after Feb. 22

*Register at www.medwar.org/reg-midatlantic
virginiamedwar@gmail.com*

